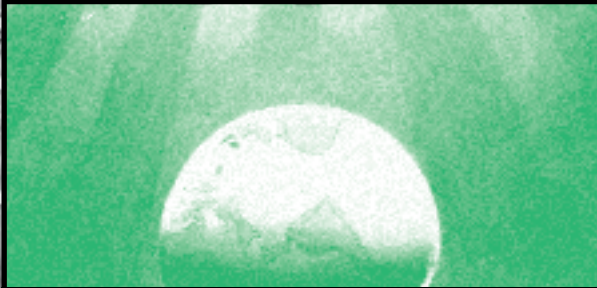


April
2019





The multiple facets of music and dance at the SNFCC

In its programming, the Stavros Niarchos Foundation Cultural Center highlights different genres and aspects of the Greek music scene, and presents a curated mix of acclaimed performers and up-and-coming artists from different generations and traditions, showcasing the multiple facets of music.

Accordingly, this month, too, the SNFCC presents a rich and varied program of music events: On the first day of April, the ERT National Symphony Orchestra joins onstage the El Sistema Greece orchestra and choir, as well as the Mixed Choir of Thessaloniki, in a live concert featuring classical music and more. On 07/04, Jazz Chronicles presents Yako Trio, made up of young musicians who pay tribute to composer Giannis Konstantinidis. On 13/04, legendary filmmaker, DJ and musician Don Letts lands at SNFCC Sessions for a not-to-be-missed DJ set, as well as an open discussion with radio producer Dimitris Lilis. On 15/04, in a rare concert appearance, Vassilikos will perform his latest music project, *Amazing Grey*, at the Stavros Niarchos Hall. Finally, on Holy Thursday 25/04, the Camerata - Friends of Music Orchestra performs W.A. Mozart's Requiem.

To celebrate International Dance Day, the Stavros Niarchos Foundation Cultural Center and the Greek National Opera Ballet are holding an all-day celebration of dance on 21/04, with many events taking place across the entire SNFCC venue. The day includes open classes in ballet, salsa, flamenco, tango, capoeira, Greek dances, improvisation, dance group performances, and ballet by the GNO, culminating in a dance party in the Agora.

A varied musical repertoire for a diverse audience will be on tap for April, as always - we invite you all to enjoy your favorite kinds of music and dance events as well as to discover new ones, in a wealth of events for a low admission fee, or with free admission thanks to the exclusive grant from the Stavros Niarchos Foundation.

Side by Side

ERT National Symphony Orchestra
& El Sistema Greece

Monday 01/04 | 20.30 —————> STAVROS NIARCHOS HALL 13

A year after maestro José Antonio Abreu's death, founder of El Sistema, the young students of El Sistema Greece share the stage of the Stavros Niarchos Hall with the experienced musicians of the ERT National Symphony Orchestra on Monday 1 April.

The SNFCC welcomes the El Sistema Greece Youth Orchestra and the El Sistema Greece Youth Choir which join forces with the ERT National Symphony Orchestra and the Mixed Choir of Thessaloniki, in a Side by Side concert. Under the musical direction of Safira Antzus Ramos they all together prove that music is a collaborative process. The concert will include pieces by Purcell, Shostakovich, Piazzolla etc, and most importantly *Ek Nekron*, a piece by internationally acclaimed composer George-Emmanuel Lazaridis, which will be presented for the first time in Athens.

The music project El Sistema Greece (ESG) was founded in November 2016 in Athens, aiming to build a music community without discrimination and exclusion. ESG offers music classes to children and youth between 6-26 years old no matter their origin, nationality or religion. Children are not only inspired to strive for a better future, but thanks to music, they are given a platform for dialogue and togetherness across diverse communities. El Sistema Greece Youth Orchestra (ESGYO) was launched in November 2017. ESGYO is an educational orchestra offering a unique process of orchestral learning that every musician should acquire.

The SNFCC and ERT show their support to El Sistema Greece through this concert. Ever since its opening, SNFCC has hosted ESG students several times and provided them with the unique opportunity to participate in high level music events, and to acquire valuable integrated music experiences.

Featuring:

Conductor, Safira Antzus-Ramos
Violin and strings soloist, Kana Ohashi
Piano soloist, George Emmanuel Lazaridis
ESG Choir Master, Antigone Keretzi
Mixed Choir of Thessaloniki Master, Mary Constantinidou
Artistic Director of ERT Music Ensembles, Anastasios Symeonidis

** The piece Ek Nekron was composed upon the request of the Cultural Center of the Region of Central Macedonia for the 100 year anniversary since the end of World War I*

Free admission by preregistration at SNFCC.org
Preregistration starting on Wednesday 27/03 at 12.00

Mozart – Requiem Camerata – The Friends of Music Orchestra

Holy Thursday 25/04 | 20.30 —————> STAVROS NIARCHOS HALL 13

Wolfgang Amadeus Mozart's magnificent Requiem will be performed by the Camerata – The Friends of Music Orchestra on 25 April, under the baton of the pioneer of period-instrument early music in Greece, Markellos Chryssicos.

Director: Markellos Chryssicos
Maria Mitsopoulou, soprano
Mary-Ellen Nesi, mezzo soprano
Giannis Christopoulos, tenor
Giannis Selitsaniotis, baritone

Mozart's dazzling swansong takes on new dimensions through the unique sound of the Camerata's period instruments, an ensemble that ranks among the world's leading orchestras for historically informed performance. Ethereal melodies of period trombones, bassoons, as well as the rare basset horn that preoccupied the composer so intensely in the latter part of his life will resound in the Stavros Niarchos Hall, in a solemn concert dedicated to the Holy Passion.

Vocal ensemble: Armonia Atenea
Director: Athanassia Kyriakidou
Members of Melodoi Choir
Director: Giorgos Ziakas

Free admission by preregistration at SNFCC.org

Preregistration starting on Tuesday 16/04 at 12.00



Don Letts

Saturday 13/04

20.00: Open discussion with Dimitris Lilis —————> **BOOK CASTLE** 11

21.30: DJ Set —————> **LIGHTHOUSE** 14

In April, SNFCC Sessions present the legendary Don Letts, DJ, musician and filmmaker. A multifaceted artist who has been active from the late 1970s through the 80s and 90s well into the millennium; nowadays he produces the weekly show Culture Clash Radio on BBC Radio 6. As a DJ, he single-handedly turned a whole generation of punks onto reggae. It was back in 1977, whilst a DJ at the The Roxy, the legendary punk club, that Don adopted the punk D.I.Y. ethic and began to make his first film, *The Punk Rock Movie*, a unique documentary on the U.K. punk scene.

This led to a period directing over 300 music videos for an eclectic mix of diverse artists ranging from Public Image Ltd to Bob Marley; he was the main videographer of The Clash, even appearing on the iconic cover of their album Black Market Clash. He then moved into documentary work, covering the likes of Gil Scott-Heron, The Jam, Sun Ra, George Clinton, and most recently Paul McCartney. His films have been screened at The Kitchen NYC, Institute of Contemporary Art, and BFI Southbank in London. He has been featured at Brooklyn's BAM festival and Milan Film Festival.

Besides the DJ scene, from the punk rock era to the present, Don has always been drawn towards music projects, as well. He formed the band Big Audio Dynamite, with Mick Jones (The Clash), released a single with members of John Lydon's PiL, managed the Slits and collaborated with members of Trouble Funk. In the mid-90s, he formed the group Screaming Target, whose debut performance at Transmusicales Festival in France received rave reviews.

In late 2007, Don presented Speakers Corner, in collaboration with Arts Council England, featuring several spoken word artists, poets and rappers. A contemporary response to the 200th anniversary of the abolition of the British slave trade, the event toured the U.K.

Don has also released several compilation albums – from *Time Warp Dub Clash* in 1996 to *Dread Meets the Punk Rockers Uptown Volume 2* in 2015. He continues to DJ nationally and internationally, playing strictly old and new school dub reggae. His sets reflect the spirit of his time as DJ at London's legendary The Roxy club back in 1977.

Free admission



Vassilikos

Monday 15/04 | 20.30 —————> **STAVROS NIARCHOS HALL** 13

The Stavros Niarchos Foundation Cultural Center presents Vassilikos in a rare concert, on Monday 15 April at 20.30 at the Stavros Niarchos Hall. A unique opportunity to experience live his latest project, *Amazing Grey*, soon to be released.

After the gold album *Vintage*, which featured intimate covers of timeless pop songs, and the daring *Sunday Cloudy Sunday*, in which he re-imagines all-time-classic Vasilis Tsitsanis' compositions, the singer, composer and lyricist of Raining Pleasure is back with original material for the first time since the Raining Pleasure era.

Weaving varied musical influences from the 60s into his music, as always, but now also introducing a strong contemporary, experimental electronic element, he remains a guitar player at heart, yet synths are ever more prominent in his music.

In addition to his new numbers, of course, he will be performing favorites from *Vintage* as well as the Raining Pleasure era.

Featuring:

Vassilikos, vocals/guitar/bass
Sotiris Douvas, drums
Kostas Pantelis, electric guitar
Vangelis Stefanopoulos, keyboards
Kostis Christodoulou, keyboards

Admission: €10 and €5
For more information, please visit SNFCC.org

Sale starting on Wednesday 27/03

Alongside the core program of free-admission events, which continue to be provided free of charge thanks to an exclusive grant from the Stavros Niarchos Foundation (SNF), Stavros Niarchos Foundation Cultural Center organizes a series of events for which a low admission fee applies. This aims to enable SNFCC to diversify its income sources while ensuring its long-term financial robustness.



Exhibition

De Differentia Hate and Otherness

Wednesday 03/04-Friday 10/05 | 09.00 - 22.00 → NLG LOBBY 11, LIGHTHOUSE 14

The concept of otherness as a value is based on recognition, acceptance and respect. It requires understanding that each individual is unique; it recognizes our individual differences without discrimination. These differences may involve various aspects of our personality: race, ethnicity, gender, sexual identity, socio-economic status, age, physical and mental abilities, language, religious and political beliefs, or other ideologies.

Yet, many societies feel aversion toward anything different. Hate for otherness seems to be at the heart of the current shift toward totalitarianism that threatens the achievements of the Enlightenment (democracy, tolerance, freedom of expression).

Awareness of this became the starting point for a debate among artists and professors of the Athens School of Fine Arts and the Thessaloniki School of Fine Arts and their students focusing on aversion to otherness. The debate inspired them to reflect on the issue in their work.

In this context, Regina Argyraki-Christodoulidi, professor of philosophy, School of Fine Arts, Aristotle University of Thessaloniki, the school's Dean, printmaker Xenis Sachinis, and the activist physician Yannis Mouzalas, agreed on the necessity of a cool-headed visual and verbal dialogue. This is manifested in De Differentia, an exhibition Regina Argyraki-Christodoulidi curated jointly with Jeannie Yennimata, European Studies.

The exhibition will be held at the Stavros Niarchos Foundation Cultural Center (SNFCC) from 3 April to 10 May 2019. Ten professors and studio directors from the two Fine Art schools in Greece, some of the most prominent artists of the Eighties generation, and four major female contemporary artists visually convey the rejection of otherness.

Angelos Antonopoulos
Dimitris Zouroudis
Giorgos Lappas
Aphrodite Litti
Michalis Manoussakis
Kyriakos Mortarakos
Xenis Sachinis
George Skylogiannis
Giannis Fokas
Yorgos Harvalias

Grigoria Vryttia
Olga Ziro
Vicky Betsou
Spyridoula Politi

and
Takis Zerdevas
Makis Faros

The exhibition will be accompanied by panel discussions exploring aspects of hatred towards otherness. Speakers include Yiannis Mouzalas, former minister of migration policy; Xenis Sachinis, Dean, School of Fine Arts, Aristotle University of Thessaloniki; Rena Dourou, Regional Governor of Attica; Professors Angeliki Ziaka (Islamic Studies), Giorgos Antoniou (Jewish Studies), Michalis Stathopoulos, C. Mantzavinos, Nikos Mouzelis; Zacharoula Tsirigoti, Lieutenant-General, Hellenic Police.

For more information on the program please visit SNFCC.org.

The exhibition is organized by the Region of Attica, the Department of Visual Arts and Applied Arts, School of Fine Arts, Aristotle University of Thessaloniki, and the Applied Philosophy Research Laboratory, Department of Philosophy, Pedagogy and Psychology, National and Kapodistrian University of Athens, in collaboration with the Greek Philosophical Society, under the auspices of the School of Fine Arts.

The exhibition is held in collaboration with the Stavros Niarchos Foundation Cultural Center.

Free admission

Parabases SNFCC's Reader's Theater

"Lambros" by Dionysios Solomos concludes Parabases, SNFCC's Reader's Theater, for the 2018/19 season, which was dedicated to short-form writing. In a setting reminiscent of a literary salon at the Lighthouse, well-known actors, under the direction of Katerina Evangelatos and Argyro Chioti, shared with the public stories by great writers, in dramatized readings accompanied by renowned musicians.

Dionysios Solomos Lambros

Staging: **Argyro Chioti**

Cast:
Giannos Perlegas
Marissa Triantafyllidou

Music: **Sofia Lampropoulou, qanun**

Sunday 21/04 | 19.30 → LIGHTHOUSE 14



On Palm Sunday, Parabases present "Lambros," the narrative poem by Dionysios Solomos – a tragic story written in verse, with a strong Romantic influence. Solomos began composing the poem in 1824, but never completed it.

The main character in the poem is Lambros, a contradictory character that symbolizes the conflict of the two sides of human nature – good and evil. In the poem, the beauty of nature during Easter time and the sacred joy of Easter Sunday are juxtaposed with the inner hell of Lambros, a "malevolent yet magnanimous man," as Solomos characterized him. It is this profound moral struggle and mental conflict that ultimately soothes and calms through Solomos' magnificent writing.

Lambros seduces the 15-year-old Maria. They live together for 15 years and have four children – three boys and a daughter – which Lambros takes from their mother and places in an orphanage. Lambros fights against Ali Pasha and meets with his daughter. Unaware of who she is, he falls in love with her. When the tragic truth comes out, the daughter commits suicide, Maria goes mad, and Lambros dies alone and full of remorse. Eventually, Maria drowns while trying to escape to a better world.

Free admission by preregistration at SNFCC.org
Preregistration starting on Friday 12/04 at 12.00





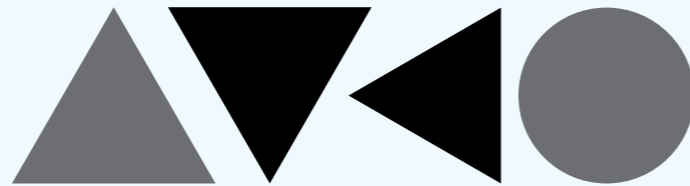
Yako Trio

Sunday 07/04 | 21.00 → LIGHTHOUSE 14

Yako Trio is a band of young musicians in pursuit of a completely original and creative path: a jazz tribute to the great Greek music artist and composer Yannis Konstantinidis.

After studying jazz and gaining musical experience in various countries, these three musicians returned to their city, Thessaloniki, to embark on a fruitful dialogue with its distinctive soundscape and history. A multicultural affair, just like Yako Trio itself – a band that experiments with different music styles and cultures, breaking the boundaries between music genres.

Inspired by Yannis Konstantinidis' legacy and the composer's use of familiar Greek folk music melodies and rhythms, the three artists revisit the Greek music heritage with a fresh and compelling approach. Combining traditional idioms and classical melodies with elements of contemporary jazz and improvisation, they propose unique covers of music by Konstantinidis and re-introduce it to audiences through their own sounds and experiences, while also performing original compositions in a distinctive ethnic-jazz style.



Featuring:

Leandros Pusias, piano
George Klountzos-Chrysidis, drums
Vangelis Vrachnos, double bass

Free admission

International Dance Day by the Stavros Niarchos Foundation Cultural Center and the Greek National Opera

Sunday 21/04 | 10.00-00.00

On Sunday 21/04 the Greek National Opera Ballet and the Stavros Niarchos Foundation Cultural Center invite you to an all-day celebration of dancing to mark International Dance Day.

Open classes of ballet, salsa, flamenco, tango, capoeira and Greek dance, battles between different kinds of dance, improvisation, screenings and performances by dance companies will be held in different SNFCC areas from early in the morning to midnight, in a daylong marathon of dance events.

The day culminates in the tripartite dance performance *From Russia with Love*, comprising three ballets by Igor Stravinsky, by the Greek National Opera Ballet at 18.30 at the Stavros Niarchos Hall.

Right after that follows a huge dance party in the Agora, in which everyone is invited – regardless of age, dance level and fitness.

"Dance is a rebellion – a personal rebellion that releases the body, setting in motion unknown forces that lead us to happiness."

Konstantinos Rigos, Artistic Director, GNO Ballet

* Introduced in 1982 by UNESCO's International Dance Council, International Dance Day is celebrated every year on 29 April.

Admission to all the day's activities is free, except for the scheduled performance *From Russia with Love* at Stavros Niarchos Hall.

More information on the events is available online at SNFCC.org and nationalopera.gr.



George Zongolopoulos: The Vision of Public Sculpture

AGORA - REAR AGORA 12
4TH FLOOR ATRIUM NLG 11

28/01-31/05 | 09.00-22.00

Exhibition

In collaboration with the George Zongolopoulos Foundation, the Stavros Niarchos Foundation Cultural Center is organizing the first exhibition exclusively dedicated to public sculptures, installed in Greece and other countries, by this iconic artist.

The exhibition traces how Zongolopoulos' public sculpture charges and converses with installation sites, locations in which it enters into communication with the public on a daily basis; it moreover highlights the importance of public art – all the more relevant in view of the fact that this exhibition is held at SNFCC, which aspires to redefine the citizens' relationship with the public space.

More information on the exhibition is available on SNFCC.org and in the exhibition leaflet.

Moreover, the exhibition is accompanied by educational programs and lectures inspired by the artist's work.

Guided Tours

In April, visitors will be able to join guided tours of the exhibition given by the director of the George Zongolopoulos Foundation, Angelos Moretis.

Meeting Point: NLG LOBBY 11

(up to 20 participants by preregistration at SNFCC.org)

Saturday 06/04, 19.00-20.00

Preregistration starting on 01/04 at 12.00

Sunday 21/04, 14.00-15.00

Preregistration starting on 15/04 at 12:00

Scan the QR code with your smartphone to enjoy a free audio tour of George Zongolopoulos' world of sculpture.



Educational Programs

Architecture Lab for Kids: Equilibrists in Space

Is it balanced, or not? Does it fly or stay still?
How can a composition of planes and volumes fly?

Exploring urban space becomes an exciting journey guided by George Zongolopoulos' sculptures. Children become familiar with key concepts related to space, the city, architecture, habitation, materials, and learn about floating, movement and balance.

How can a composition of planes and volumes fly? Children make multiplane sculptures in different materials and explore scale and movement in space in the city.

Saturday 06/04, 12.00-13.30

KIDS LAB 11

For children 6-10 years old

(up to 20 participants per workshop by preregistration at SNFCC.org)

Design-Implementation: Athens Super Script

Sculpture? Child's Play!

Contemporary art and George Zongolopoulos' multifaceted work becomes child's play at SNFCC, in an experiential educational program based on *Umbrellas*, *Alexander*, *Five Circles* and *Zalongos Monument*. Starting off with these artworks, children discover the performing and visual arts while enjoying a first-hand experience. Participants engage with sculptures by Zongolopoulos using a different technique each time, inspired by theater, music, dance, storytelling and the visual arts. Moreover, the great sculptor's life and work provides material for storytelling, encouraging children to associate art with aspects of their own personal experience and to contemplate on the significance of art in public space by installing their own sculptures on SNFCC grounds.

Saturday 13/04, 17.00-18.30

KIDS LAB 11

For children 6-11 years old

(up to 25 participants by preregistration at SNFCC.org)

Design-Implementation: Arts in the Mixer – Performing Arts
Katerina Adamara, Drama educator – Storyteller MA, Educator
Nayia Fioretou, Visual Artist – Educator

We Create Art All Together: Let's Look Behind Geometry

In this workshop, participants engage with the important Greek sculptor's structures, materials and styles to render imaginative compositions in a variety of materials he used in his works.

Making reference to the sculptural legacy of geometric abstraction, the perforated textures and airy forms of Zongolopoulos' iconic work, *Diaphragm (Merlin's Panels)*, standing over 3m tall and 10m long, participants will design and arrange individual parts into an assemblage, evoking kinetic and airy forms inspired by the geometrical patterns in this sculpture.

Saturday 20/04, 11.30-12.30, 12.30-13.30, 13.30-14.30

KIDS LAB 11

For children 7+, young persons and families, with or without disabilities
(up to 25 participants per hour on a first-come first-served basis)

Design-Implementation: Theodore Zafeiropoulos, Artist
Elisavet Chelidoni, Artist – Special Education Teacher

Lectures

Thanassis Moutsopoulos: From Monumental Sculpture to Street Art

Tuesday 02/04, 19.00-21.00

Architecture as Sculpture and Sculpture as Architecture

Wednesday 24/04, 19.00-21.00

Sculpture and Nature

In April, taking as his starting point the George Zongolopoulos exhibition, Thanassis Moutsopoulos, Associate Professor of Art History and Theory of Culture, University of Crete, continues his series of lectures on the evolution of art in public space in Greece, examining the relationship of architecture and sculpture, always in conjunction with George Zongolopoulos' work.

Public art in Athens seems an impossible affair, compressed in a Procrustean bed between the eternal marble busts and uncontrollable inscriptions on the walls of its apartment blocks. Together with its neoclassical design, Athens inherited a few dozen statues and busts of the warriors of the Greek Revolution of 1821, members of the Society of Friends (Filiki Eteria) and Philhellenes. Later on the new heroes were (inevitably) the politicians but, next to them, one could find memorial statues of young military men together with mayors, poets, actors.

The 20th century's Modernism would add new dimensions in sculpture. The experiments appeared from France to the Soviet Union but, at some point, the problem seemed not to be limited to the artistic form, but it was mainly focused on the ever more peculiar role of monumental art in a metropolis and a society that changed drastically during the last century. The frenzied rhythms of contemporary urban life, the growing cocooning, the eclipses of public life and the new aesthetic standards make any bust seem incongruous.

BOOK CASTLE 11

Simultaneous translation into the Greek Sign Language will be provided



Tassis Papaioannou: Thoughts on Architecture and the City

Tuesday 23/04, 19.00-21.00
Architecture and Modernity

Tuesday 30/04, 19.00-21.00
Architecture in Greece – An Outline

In April, the series of lectures on architecture continues, with Tassis Papaioannou, professor of architecture, Section 1, Compositions, School of Architecture, NTUA; the lectures focus on Greek and international architecture, seeking to contribute to the debate on the quality of architectural space.

Architecture and the city remain in constant interplay over time. Their relationship is fluid and dynamic, mercurial and unpredictable. The contemporary Greek city changes rapidly, expanding out of control, with barely any planning, reflecting, in space, the mode of operation of postwar Greek society. We live at a time when the explosive growth in information dissemination has blurred the boundaries and created new realities. Dominant images and views impose new models in everyday life. Today, more than ever, a debate on architecture and urbanism is indispensable.

Tassis Papaioannou is professor in Section 1, Compositions, School of Architecture, NTUA; his joint architectural practice with architect Dimitris Isaias produces studies for private and public projects, and has earned a large number of architectural competition awards. His architectural designs have been extensively published in the Greek and international bibliography, and featured in major architectural exhibitions. He has published articles and commentaries in books, periodicals and newspapers, as well as books.

BOOK CASTLE 11

Simultaneous translation into the Greek Sign Language will be provided



The No Finish Line Race for the third year at the SNFCC

10-14/04 → CANAL 16

The No Finish Line Charity Race is coming back from 10 to 14 April 2019, at the Stavros Niarchos Foundation Cultural Center, for the third consecutive year.

The participants can either walk or run as long as they want, in any way, at any time they wish, for as many times they want around the SNFCC Canal, during the 90 hours of the event. Depending on the number of kilometers ran by the participants, funds will be donated to the Together for the Child NGO Union.

No Finish Line Athens begins on Wednesday 10 April 2019 at 19.00 and terminates after 90 consecutive hours, on Sunday 14 April 2019 at 13.00. Starting this year, three parallel but different races will take place; the Night Marathon Race of 42,195m on Friday 12 April, the 24-hour Ultra-Marathon Race on Saturday 13 April and the one-hour Family Race on Sunday 14 April.

At the same time artistic events will take place to entertain participants and visitors alike.

No Finish Line in Athens is taking place in collaboration with the Stavros Niarchos Foundation Cultural Center.

More information at www.nflathens.com



The Emergence of Life: Lectures on Man's First Steps Breastfeeding

Sunday 21/04 | 17.00-18.30 → BOOK CASTLE 11

A series of lectures on the early stages of human life, from gestation to infancy. Each session is designed to stimulate dialogue between physiology and psychology, as well as to inform and clarify.

On Sunday 21/04, the third lecture focuses on breastfeeding. Why do a significant proportion of women in Greece decide not to breastfeed, despite the many advantages of breastfeeding and mother's milk? Which aspects of breastfeeding do women find challenging at first? Which national and international initiatives promote the adoption of breastfeeding? Which breastfeeding-friendly policies are there to encourage mothers? How does the desire to breastfeed relate to the mother's mood and emotional state, and how do these affect her behavior?

Speakers:

Fani Pechlivani, Associate Professor, Department of Obstetrics, University of West Attica

Maria Daglas, Assistant Professor, Department of Obstetrics, University of West Attica, President of the Board, Fainareti NGO

Design-Implementation:

Fainareti non-profit organization was founded in 2006 to promote perinatal health care services in Greece, including the health of pregnant women, newborns and babies, parents and the family through specialized intervention in perinatal care and support.

The 8th SNF Annual International Conference



In 2012, the Stavros Niarchos Foundation (SNF) launched the Annual SNF International Conference on Philanthropy which has taken place ever since every June in Greece.

In 2019, the SNF Conference will take place for two full days from June 24th to June 25th, 2019, as part of the Summer Nostos Festival that will be held from June 23rd to June 30th, 2019 at the Stavros Niarchos Foundation Cultural Center.

The theme of the 2019 SNF Conference is **[Untitled]**. We hope to move past labels, boundaries and conventions and invite unexpected and unconventional thinking from speakers from distinct areas, approaches, cultures, ethnicities and geographical spaces, in order to examine issues not as experts but as thinkers.

Our goal is to engage and bring together high caliber speakers from various backgrounds, and diverse disciplines and spaces, "forcing" them to engage into conversations and debates about subject matters outside their areas of expertise. Our driving force is the desire to transcend traditional, linear, and comfortable modes of thinking, and in the process redefine, hopefully, the way we have been approaching and contemplating current complex issues.

In addition to the conference, on June 26th, 2019, Johns Hopkins University will co-organize the 2nd SNF Agora Institute Workshop as part of SNF's monthly DIALOGUES series. The workshop, "Talking (and Listening) Across Divides", will explore what experience and science can teach us about the requirements for

productive dialogue and engagement. How can we open our minds to new, different, and conflicting ideas or values? How can we effectively communicate our own ideas or values in ways that allow others to hear us? How do we create environments that support meaningful and sometimes difficult conversations? What is happening in our brains during these interactions?

This workshop will be led by a diverse group of scholars and practitioners whose research and work will help to shed light on how we might resolve, mediate, or even just consider, competing claims - essential work for any thriving democracy. The SNF has supported the establishment of the SNF Agora Institute at Johns Hopkins University with a grant totaling \$150 million. The mission of the SNF Agora Institute is to enhance civic engagement in democratic processes, to promote civil discourse, and to help address polarization in our societies.

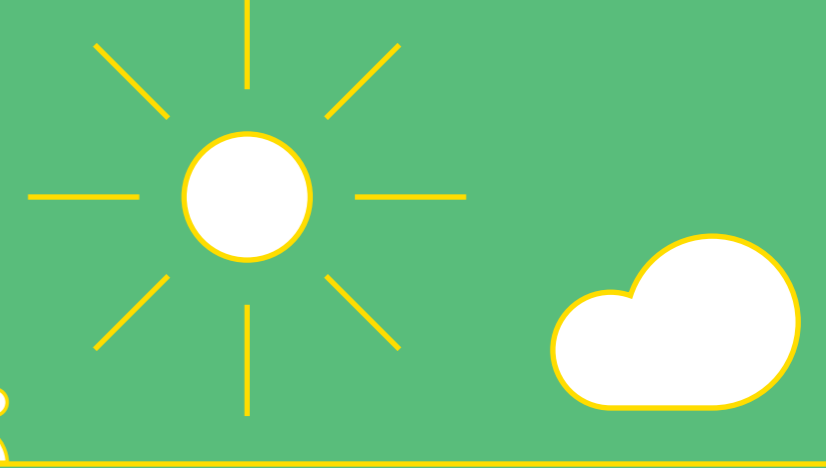
Admission to the SNF Conference and the SNF Agora Institute Workshop is free for all and open to the public with preregistration.

More information regarding the program and the speakers is available at www.SNFestival.org

Sundays in the Park

Stavros Niarchos Park is an ideal destination for all every day. Yet, Sundays are special: There are cycling events, roller-skating classes, environmental and music events for children and adults. All events take place in the hospitable Vegetable Garden, Visitors Center courtyard, and Music Garden. Sundays in the Park welcome springtime with a new activity, with lots of dance and music for teens.

More information on our regular Sunday events on p. 19-25



Meeting Point: Music and Dance for Teens

A new and innovative program, Meeting Point kicks off at SNFCC, with a lot of dance and music for teenagers! It fosters a dialogue between the two arts, establishing a common ground for creativity. Under the guidance of experienced musicians and choreographers, participants form groups, choose a common theme and approach it in different ways. They begin with improvisation and gradually shift to composition. Sometimes, a choreography emerges through music and sometimes dance leads to music composition.

Titled "I and Others", the first cycle in April begins with the composition Soli. Get ready to cultivate the ability to choreograph a dance and compose music for yourselves! Discreet yet meaningful guidance by choreographers and musicians will help you on your way to discovering your own creativity. At the same time, you will experience the power of collaborative work through the process of group composition – how, that is, all the individual solos lead to a unique, unimagined team result.

Saturday 20/04
Sunday 21/04
11.00-14.00

SOUTH PATHS 3

(up to 30 participants per session on a first-come first-served basis)

*For teenagers 13-17 years old**
**Previous experience and class participation in dance, music and the performing arts is required.*

Implementation: Kinitiras
Designed by Katerina Skiada
Teachers: Antigoni Gyra, Katerina Skiada, Dimitris Tasenas, Anastasis Gouliaris

Roller Skates for kids

Recreation, exercise, or transport? Skates are all of these at the same time! Children see for themselves and practice their balance in these self-contained introductory classes.

No prior experience is required. Participants must bring their own equipment (skate, helmet, knee pads).

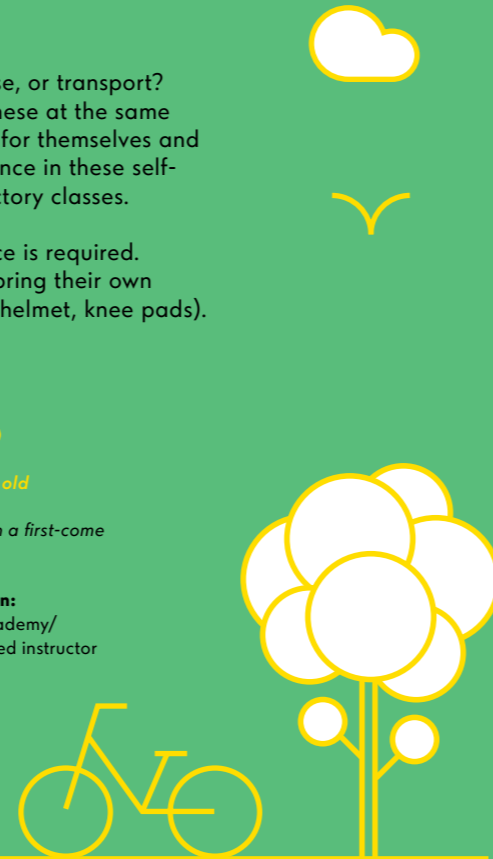
Sunday 21/04
12.00-14.00

VISITORS CENTER 23

For children 6-12 years old

(up to 15 participants on a first-come first-served basis)

Design-Implementation:
powerskate.eu skate academy/
Yannis Kousparis, certified instructor



Cycling classes for children and adults

Trainers introduce children to simple techniques that enable them to enjoy cycling without training wheels and help those who already know how to ride to improve their skills.

Participants may bring their own bikes.

Sunday 07/04
11.00-15.00

VISITORS CENTER 23

For children 3-10 years old, their adult chaperones and for adults

(on a first-come first-served basis)

Design-Implementation:
MBike

BMX Lessons for teenagers at SNFCC

"Should I remove my pegs? Should I ride brakeless? Which size to get: 19 or 21-inch? One brake or two?"

Join us to have all your questions answered, and find out all about BMX bikes and the best bike for the perfect BMX ride; tips on correct body posture and how to set up your bike according to your level. And enjoy new and old tricks while we're at it.

All BMX bike classes will be available to compare and find out which particular one suits you best.

Participants may bring their own BMX bikes.

Sunday 14/04
11.30-15.30

OUTDOOR PARKING

For teenagers 12-18 years old (on a first-come first-served basis)

Design-Implementation:
MBike, with the instructors George Kiko and Chris Kolombatso

A Seed Travels: In Search of Spring

A treasure game with many surprises, twists and turns. Children and parents explore the Park in a quest of discovery of its secrets, hidden within the foliage. Starting with the Vegetable Garden, they follow paths into the heady garden. They fly like bees from flower to flower, document the flowers in the park, watch insects, learn to identify scents, taste fruits from the edible garden, and plant their own plant in the vegetable garden, giving it time to grow.

Sunday 07, 14, 21/04
10.30-12.00

VEGETABLE GARDEN 20

For children 4-9 years old, and their adult chaperones

(up to 30 participants, 15 children & 15 adult chaperones per session, on a first-come first-served basis)

Design-Implementation:
Urban Point_Landscape Programs



The Plants that Care for Us: Spring Vegetables and Herbs

A series of meetings and workshops focusing on the main vegetables and herbs planted in spring and summer, many of which can be found in Stavros Niarchos Park. Participants learn their uses, how to grow them, and finally create their own spring and summer flower bed.

07/04: Vegetables and Herbs of the Spring Garden

In the first April session, participants plan and plant spring vegetables and herbs. They learn useful tips about sowing and planting the traditional vegetables that are so important to our diet; they further explore the seed, which carries all the communal knowledge, heritage and culture.

Sunday 07, 14/04
11.00-13.00

VEGETABLE GARDEN 20

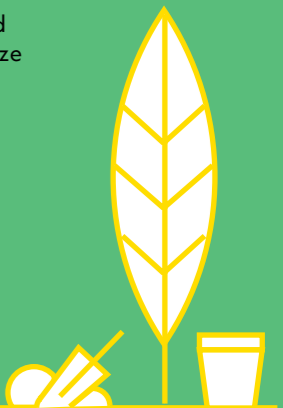
For adults

(up to 30 participants on a first-come first-served basis)

14/04: Soil Care

In the second session, participants learn about the nutrition needs of spring vegetables, crop rotation and green manure. They become acquainted with the composting process and begin to identify and analyze soils, as well as to produce compost, that is, food for plants.

Design-Implementation:
Panagiotis Papadopoulos,
Agronomist MSc – Med culture



Percussion Circle for Families

Rhythm toys accompany metal-plate musical instruments, producing kinetic melodies, sounds and songs. Join the circle and learn how to make music on pentatonic scales while dancing to percussive rhythms.

Sunday 14/04
12.00-14.00

SOUND GARDEN 9

For children 5+ years old and their families, with or without disabilities

(up to 40 participants on a first-come first-served basis)

Design-Implementation:
QUILOMBO LAB

Percussion Circle for Adults

An encounter with music, rhythm and movement, where songs from the Afro-Brazilian tradition and the famous samba music blend in with pentatonic melodies, translated by the on-the-ground metal-plate musical instruments in the Music Garden.

Sunday 07, 21/04
12.00-14.00

PINE GROVE 2

For adults, with or without disabilities

(up to 30 participants on a first-come first-served basis)

Design-Implementation:
QUILOMBO LAB

Arts & Crafts

Lab programs focusing on developing new techniques and practicing your skills invite you to enjoy our fun creative meetings.

Easter Candle Lab

The workshop focuses on the process of designing and making a unique Easter candle.

Participants design their own candles, choosing materials, colors, ribbons, laces, buttons, etc., and learn useful techniques to help them implement their ideas. In the end, they make a handmade Easter candle that they will take home with them as a reminder of the experience and skills they have gained during the workshop.

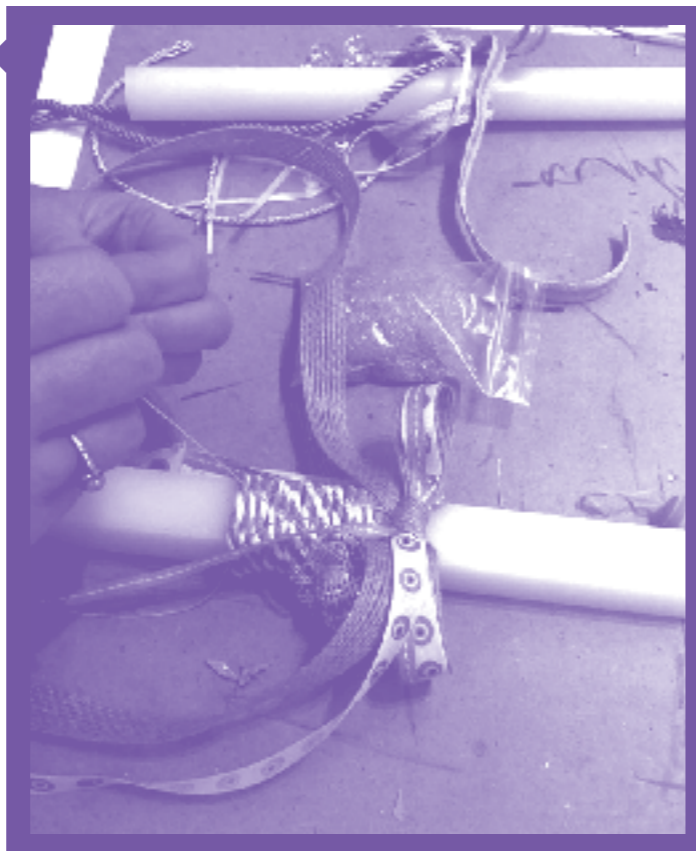
Saturday 13/04
11.00-13.30

KIDS LAB 11

For adults

(up to 30 participants by preregistration at SNFCC.org)

Design-Implementation:
Margarita Myrogianni, Artist



Mistake Labs:

Dots

The April workshop is an introduction to the painting technique known as Pointillism. *Bridge at Courbevoie* will bridge French artist Georges Seurat, the master of pointillism, and British artist Bridget Riley, tracing the transition from realism to abstraction. The view to and from the SNFCC Canal and the water reflections at different times of day will be your visual stimulus and inspiration to create pointillist landscape paintings. Paintings that capture your own personal view and experience of SNFCC.

Sunday 07, 14, 21/04
17:30-20:30

KIDS LAB 11

For children of all ages and their adult chaperones

(up to 30 children and adult chaperones per workshop on a first-come first-served basis)

Design-Implementation:
Christina Tsinisizeli, Artist

Silk Screen Lab:

History and Basic Principles

In April, a new workshop series is being launched, focusing on the history and basic principles of silk-screen printing, in which participants will learn to print on paper and cloth.

April is dedicated to 20th-century silk-screen posters, tracing how silk-screen printing evolved from craft to art. Psychedelic music posters from San Francisco, a protest poster from Paris in May '68, illicit movie posters from Havana, all printed using the silk-screen method. Discover them and get a glimpse of this unique art in SNFCC Labs!

Wednesday 03/04
17.00-20.00
Wednesday 10, 17, 24/04
18.00- 21.00

KIDS LAB 11

For adults

(Limited participation per workshop series/ up to 20 participants by preregistration at SNFCC.org)

Design-Implementation:
Manolis Angelakis/Tind

Theater Design: The Tools of Transformation

A workshop by set and costume designer Angelos Mentis

Theater – the reflection of life in the mirror of imagination – conjures through its magic filters figures of mortals, gods and demons, in a wonderful, inexhaustible variety. Recognizable everyday beings, creatures deformed by extreme emotions – tragic, majestic, terrifying, dangerous, idiosyncratic, eccentric, funny, ridiculous, cute, fantastical. Deities, titans, heroes, tyrants, elves, spirits, satyrs, beauties, monsters, birds, frogs, dragons, witches, jesters, cunning servants, arrogant masters, loving couples, perpetrators and victims.

What is our own visual understanding of a play? How do we approach and flesh out a part? What do we imagine it to look like? How do we nurture imagination and harness its transformative power creatively? How can art and nature help in this? How do we encourage sensitivity and freedom, which children naturally display during playtime? What would our imaginary stage set, our imaginary actors, our own theater production look like?

By mixing up images, materials and props, we will develop our own vision for characters that are very different in style and personality, in space and time from each other.

Saturday 06 & 20/04
17.00-20.00
KIDS LAB 11

For adults
(up to 20 participants by preregistration at SNFCC.org)

Design-Implementation: Angelos Mentis



New Technologies: Introduction to LinkedIn

A dynamic workshop for new technologies, for everyone who wants to learn how to create a digital CV on LinkedIn, making their profile attractive to prospective employers. The workshop also includes an introduction to job interviews, showcasing the skills required to prepare for a successful job interview.

Monday 01, 08, 15, 22/04
18.30-20.30

NLG PC LAB 11

For teenagers 17+ years old and adults

(up to 18 participants per workshop by preregistration at SNFCC.org)

Design-Implementation:
Found.ation

Computer Courses for persons aged 65+

Introductory courses in digital skills, intended for users with no previous experience who seek to familiarize themselves with using a computer and learn how to perform basic tasks, such as word processing or web browsing – skills that will enable them to carry out everyday tasks.

**Using simple and practical learning steps, this course is geared towards novice users aged 65+ as well as everyone wishing to gain a basic mastery of the subject.*

Monday-Friday
11.00-12.00, 12.30-13.30, 14.00-15.00

NLG PC LAB 11

(up to 16 participants on a first-come first-served basis)

** On 26 and 29/04 there will be no classes*

Playtime!

On Mondays and Thursdays, young parents bring their babies in their prams for a walk at SNFCC. Specially designed for parents with children up to 3 years old, two spring-themed programs encourage extroversion and interactive play. Our moto is: It's playtime!

Baby's Arts & Crafts: Our First Spring

In a calm, fun environment, babies acquire their earliest gross motor skills, discover colors, develop their observation skills, explore their bodies and the world. Through inspired sensory play, together with parents, they create works of art to cherish and have experiences of smooth socialization.

We play with hand and foot prints, and make decorative garlands, frames, art on canvas and baby's first sensory toys using original materials.

In our April sessions, we join for the first time in the great celebration of nature, with the season's scents, colors and flowers. We welcome and capture our own Spring!

Monday 01, 08, 15, 22/04
18.00-19.00

KIDS LAB 11

For 3-9 months old babies and their parents

(up to 10 children and 20 parents/or adult chaperones by preregistration at SNFCC.org)

Design-Implementation:
Anna Konstantinou, Animateur of non-competitive game



My First Studio: Picasso and Renoir's Spring

Celebrated artworks provide the opportunity for children and parents to take a journey through art! Children create their own unique artworks inspired by different styles, sitters and topics, and experiment with a variety of materials. It's a fun way to express themselves, interact and socialize, introducing themselves to the colorful world of art history.

Spring colors and scents have always been a favorite subject for artists. Through Picasso's geometric paintings and Renoir's colorful palette, children get to know a favorite season and a fragrant time of the year, in a journey through spring-themed paintings by the two artists in this imaginative multisensory workshop.

The first two sessions, on 04 and 11/04, are dedicated to Picasso; on 18/04 the children

come into contact with Renoir's themes, colors and techniques.

25/04: Fabergé Imperial Eggs

On 25 April, "My First Artist's Studio" is organizing a workshop for Easter, focusing on "Fabergé imperial eggs" and celebrating Peter Carl Fabergé's legacy. A unique treasure, a surprise of inestimable value is hidden inside each Fabergé egg, evoking a sense of magic and mystery! Through observation and dramatization, music kinetics and sensory education, a treasure hunt and visual-art creation, children enjoy a first-hand experience of art history and Easter customs.

Thursday 04, 11, 18, 25/04
18.00-19.00

KIDS LAB 11

For children 1 - 3 years old and their parents

(up to 20 participants, 10 children and 10 parents/or adult chaperones by preregistration at SNFCC.org)

Design-Implementation:
Irene Persidou, Art Historian, Educational Entertainer
Theodora Valsami, Music Educator

Sports & Wellness

An ideal location for sports, Stavros Niarchos Park invites everyone to join our Sports & Wellness programs.

Cross training in the Park

Would you like to see your body change in a holistic way? Discover the new fitness program based on cross-training.

Monday 01, 08, 15, 22/04
Tuesday 02, 09, 16, 23, 30/04
Wednesday 03, 10, 17, 24/04
Thursday 04, 11, 18, 25/04
Friday 05, 12, 19/04
08.00-10.00

RUNNING TRACK 6

For adults

(on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress

A variety of exercises using belts, bars, resistance bands, free weights and kettlebells engage different muscle groups, reduce imbalance and maximize total strength, flexibility and speed.

Fitness for everyone

Experienced physical education instructors are available at the outdoor gym and the running track to offer advice and training recommendations, and provide your personal fitness evaluation.

Monday 01, 08, 15, 22/04
Tuesday 02, 09, 16, 23, 30/04
Wednesday 03, 10, 17, 24/04
Thursday 04, 11, 18, 25/04
Friday 05, 12, 19/04
18.00-21.00

RUNNING TRACK 6

For adults

(on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress

Mat Pilates

A creative way to keep in shape. Pilates helps us to maintain correct body posture and improves flexibility, strength, elasticity and balance. In addition to strengthening the body's core, pilates exercises help improve mood, reduce fatigue symptoms and eliminate stress.

Monday 01, 08, 15, 22/04
08.45-10.00
Tuesday 02, 09, 16, 23, 30/04
Thursday 04, 11, 18, 25/04
18.00-19.00
Wednesday 03, 10, 17, 24/04
Friday 05, 12, 19/04
07.30-08.45

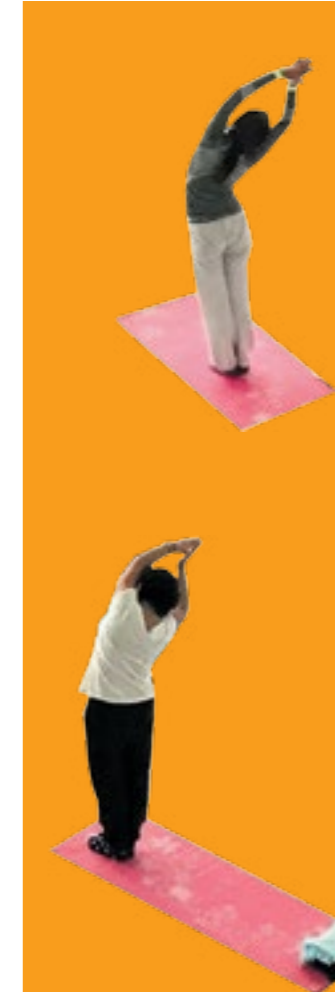
PINE GROVE 2

For adults

(up to 30 participants on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress

Suitable for men and women of all ages. Practice takes place on a mat, using props, such as rings, resistance bands and balls.



Yoga in the Park

Yoga helps coordinate physical movement and mental processes through gentle practice involving breathing, asana postures, and relaxation. Through gentle, controlled breathing, participants gain peace of mind, self-control and concentration, and develop positive thinking.

Participants should bring their own yoga mat and wear comfortable clothes.

Monday 01, 08, 15, 22/04
Friday 05, 12, 19/04
18.00-19.30
Tuesday 02, 09, 16, 23, 30/04
Thursday 04, 11, 18, 25/04
08.00-09.30

PINE GROVE 2

For adults

(up to 30 participants on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress

Mat Pilates - Advanced

A dynamic pilates course for advanced students that emphasizes on flow and rapid change of positions. Changing positions is done in a way that strengthens the muscles, enhancing the body's resilience.

Participants should bring their own pilates mat and wear comfortable clothes.

Monday 01, 08, 15, 22/04
07.30-08.45
Friday 05, 12, 19/04
08.45-10.00

PINE GROVE 2

For adults

(up to 30 participants on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress



Sports for Seniors

Exercise is the most powerful tool for preventing and treating chronic conditions, including diabetes, heart disease and obesity. This new program benefits adults over 65 as well as younger persons who suffer from chronic ailments. Sports Excellence staff (physical education teachers, physiotherapists, cardiologists) design and implement custom-tailored programs featuring walking, yoga, resistance bands, dumbbells and ground exercises; psychological support will be offered regularly. Each participant's weekly activity will be recorded, and their physical condition will be evaluated every three months.

A certificate of fitness issued by a pathologist or cardiologist is required.

Monday 01, 08, 15, 22/04
 Wednesday 03, 10, 17, 24/04
 Friday 05, 12, 19/04
 10.00-10.50

Design-Implementation:
 Regeneration & Progress

MAKER SPACE 11

For ages 65+
 (up to 8 participants on a first-come first-served basis)

Tai Chi

An ancient Chinese martial art evolved into a pleasant and low-intensity form of exercise. Slow, focused movement and deep breathing help to reduce stress and anxiety, while increasing flexibility and balance. Tai Chi is suitable for all ages and all fitness levels.

Beginners
 Tuesday 02, 09, 16, 23, 30/04
 18.00-19.15

RUNNING TRACK 6

Saturday 06, 13, 20/04
 08.30-09.45

PINE GROVE 2

Advanced
 Friday 05, 12, 19/04
 19.00-20.15

RUNNING TRACK 6

For adults
 (up to 30 participants on a first-come first-served basis)

Design-Implementation:
 Regeneration & Progress



SNFCC Running Team

The Park's running friends join forces in a team that trains every Tuesday and Saturday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and group support.

Tuesday 02, 09, 16, 23, 30/04
 18.30-20.00

Saturday 06, 13, 20/04
 08.30-10.00

RUNNING TRACK 6

For ages 15 +

(up to 50 participants on a first-come first-served basis)

* Teenagers aged 15-18 must have written parental/guardian consent to participate

Design-Implementation:
 Regeneration & Progress



Fitness and Memory

A cognitive and physical exercise program aimed at people aged 60+ who experience mild to moderate memory impairment and/or other cognitive decline, as well as people in the same age group who wish to engage in activities for prevention.

Tuesday 09, 16, 23, 30/04
 Thursday 11, 18, 25/04
 18.00-19.00

MAKER SPACE 11

For ages 60+

(on a first-come first-served basis)

Design-Implementation:
 Regeneration & Progress

First-Aid Course

Learn how to give first aid and find out about immediate and effective treatment of health problems and symptoms that can threaten human life. A non-certified training is offered for heart attack and drowning incidences, as well as the use of an Automated External Defibrillator. Lastly, participants will have a hands-on experience with the use of specifically designed models/preforms.

Wednesday 17/04
 17.30-19.00
 19.00-20.30

MULTIFUNCTIONAL SPACE 11

For adults
 (up to 20 participants on a first-come first-served basis)

Design-Implementation:
 Regeneration & Progress

Qigong 50+

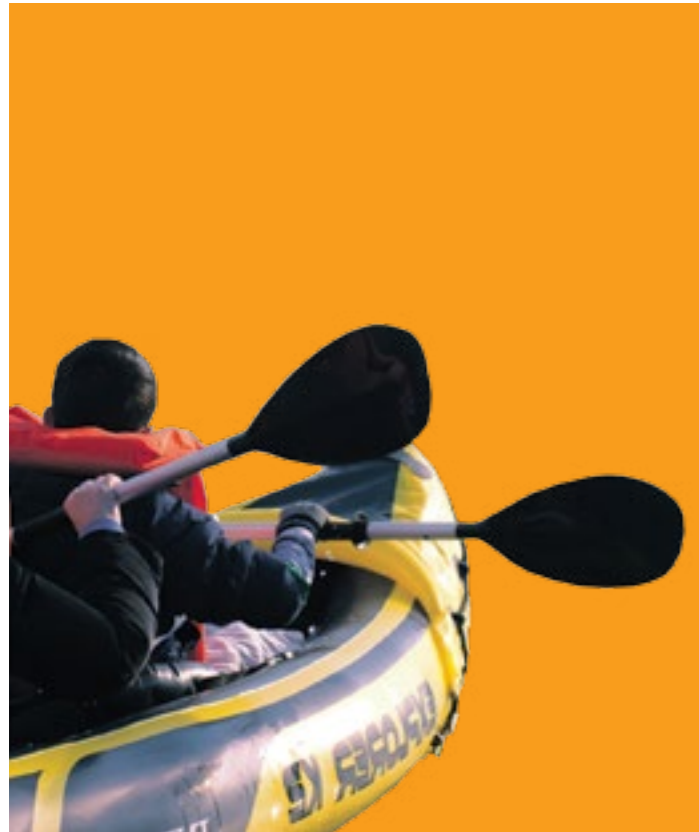
Age-old Chinese practice suitable for all fitness levels, in a program designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control.

Wednesday 03, 10, 17, 24/04
 Thursday 04, 11, 18, 25/04
 17.00-18.15

PINE GROVE 2

For ages 50+
 (up to 30 participants on a first-come first-served basis)

Design-Implementation:
 Regeneration & Progress



Kayaking the Canal

Based in content and structure on the Hellenic Canoe-Kayak Federation programs, this course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the SNFCC!

Saturday 06/04
Sunday 07/04
16:30-19:00

CANAL 16
(at the southern part of Canal)
For children 8+ years old and adults
(up to 20 participants per 30' by preregistration at SNFCC.org)
**Children under 15 years old must be accompanied by an adult chaperon*

Design-Implementation:
Regeneration & Progress

Sailing the Canal

The Kalamaki Yacht Club presents a series of interactive sailing events on different types of boats, both in the Canal and on shore, featuring innovative educational activities for children and adults.

Saturday 06/04
Sunday 07/04
10.00-11.00
*Children 6-9 & children 6-14 with mental disability**
11.00-12.00
*Children 9-14 & children 6-14 with mental disability**
12.00-13.00
*Adolescents 15+ & adults with mental disability**

CANAL 16
(up to 15 participants per 60' by preregistration at SNFCC.org)
**The participation of an adult chaperon is necessary*

In cooperation with Kalamaki Yacht Club

Family Games

An entertaining activity with games specially designed for both young and old. Parents are encouraged to play and collaborate with their children in the Park, sharing their educational stimuli and developing their imagination

Saturday 06, 13, 20/04
18.00-19.30

RUNNING TRACK 6
For children 5+ years old and their adult chaperones
(up to 50 participants on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress



Pétanque

Relatively unknown, pétanque is a sport that combines aiming accuracy, coordination and concentration. Competitors, playing either one on one or in teams, try to get as close as possible to a target, by throwing boules.

Sunday 07, 21/04
12.00-14.00

ESPLANADE 17
*For children aged 9+ and adults**
(on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress

**Children must be accompanied by an adult*

Team Playing (Football Skills)

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

Monday 01, 08, 15, 22/04
Wednesday 03, 10, 17, 24/04
Friday 05, 12, 19/04
17.00-20.00

ages 5-7: 17.00-17.30
ages 5-7: 17.30-18.00
ages 8-10: 18.00-18.30
ages 8-10: 18.30-19.00
ages 11-13: 19.00-19.30
ages 11-13: 19.30-20.00

OUTDOOR GAMES AREA 25
For children 5-13 years old
(up to 12 children per 30' session by preregistration at SNFCC.org)

Design-Implementation:
Regeneration & Progress



Handball

Children will have the opportunity to play handball – an Olympic team game for men and women.

Saturday 06, 13, 20/04
Sunday 07, 14, 21/04
13.00-15.00

ages 6-9: 13.00-13.30
ages 6-9: 13.30-14.00
ages 10-13: 14.00-14.30
ages 10-13: 14.30-15.00

OUTDOOR GAMES AREA 25
For children 6-13 years old
(up to 12 participants by preregistration at SNFCC.org)

Design-Implementation:
Regeneration & Progress

Street Soccer 5X5

Football match events suitable for schoolage children (5-13) in five-member teams.

Saturday 06, 13, 20/04
Sunday 07, 14, 21/04
10.00-13.00

ages 5-7: 10.00-10.30
ages 5-7: 10.30-11.00
ages 8-10: 11.00-11.30
ages 8-10: 11.30-12.00
ages 11-13: 12.00-12.30
ages 11-13: 12.30-13.00

OUTDOOR GAMES AREA 25
For children 5-13 years old
(up to 10 children per 30' session on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress

Sports Games

A recreational activity for children and teenagers in the Park, aimed at fostering sporting spirit. Action, interactive and musical movement games take the form of team sports, providing opportunities to collaborate, communicate and exercise.

Saturday 06, 13, 20/04
17.00-18.15

RUNNING TRACK 6

For children 5-10 years old

(up to 20 participants on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress

Games in the Park

Free-flow games combined with the use of sports equipment await all children in the Park for fun and play!

At the same time, the Outdoor Games Area will be open for football, basketball, handball and volleyball. Form a team and join us!

Monday 22/04, Tuesday 23/04, Wednesday 24/04, Thursday 25/04
09.00-13.00

RUNNING TRACK 6

For children of all ages, with or without disabilities

Design-Implementation:
Regeneration & Progress

The Wonder Park

In spring, everything around us is in bloom. Nature rejoices and our mood changes. In the blooming Stavros Niarchos Park, a series of specially designed team activities, including sports, dance and music, aim to develop the sense of empathy in children: To help them understand how partners and opponents feel; to encourage cooperation and a spirit of fair play and to encourage them to listen to and understand views that are different from their own.

Sunday 21/04
11.00-12.15, 12.30-13.45

PINE GROVE 2

For children 4-8 years old & their families

(up to 40 families per hour by preregistration at SNFCC.org)

Design-Implementation:
Regeneration & Progress



Artistic Gymnastics

Doing somersaults, running, and turning all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential!

Saturday 06, 13, 20/04
11.45-13.00

RUNNING TRACK 6

For children 3-6 years old

(up to 20 participants on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress

Mini Volley

Invented in 1895 in Massachusetts, U.S.A., volleyball is a major Olympic sport, mainly characterized by three features on which children will practice:

- (a) the overhand pass;
- (b) the forearm pass;
- (c) the underhand serve

Tuesday 09, 16, 23, 30/04
Thursday 11, 18, 25/04
18:00-20:00

ages 5-7: 18.00-18.30
ages 5-7: 18.30-19.00
ages 8-12: 19.00-19.30
ages 8-12: 19.30-20.00

OUTDOOR GAMES AREA 25

For children 5-12 years old

(up to 10 participants per 30' session by preregistration at SNFCC.org)

Design-Implementation:
Regeneration & Progress

Mini Tennis

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

Saturday 06, 13, 20/04
Sunday* 07, 14, 21/04
17.00-20.00

OUTDOOR GAMES AREA 25

For children 4-10 years old (age group categories 4-7 & 8-10)

(up to 8 children per 30' session by preregistration at SNFCC.org)

**On Sundays Mini Tennis turns to Blind Tennis for vision-impaired and blind persons*

Design-Implementation:
Regeneration & Progress

Sporting Duels

Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

Sunday 07, 14, 21/04
17.00-18.15

RUNNING TRACK 6

For children 5-10 years old

(up to 20 participants on a first-come first-served basis)

Design-Implementation:
Regeneration & Progress



Kokkinos / Goecke /
Rigos – Stravinsky
From Russia with Love
Ballet

06, 07, 10, 13, 19, 21/04

Stravinsky's ballet triptych

Starts at:
20.00
(Sundays: 18.30)

**GNO STAVROS
NIARCHOS HALL** 13

The Greek National Opera Ballet presents the unique ballet triptych *From Russia with Love* and brings to the Stavros Niarchos Hall three important ballets created by Igor Stravinsky for the Ballets Russes in Paris: *Le Sacre du printemps*, *Le chant du rossignol* and *Les noces*, choreographed by Daphnis Kokkinos, Marco Goecke and Konstantinos Rigos, respectively.

Choreographies: Daphnis Kokkinos, Marco Goecke, Konstantinos Rigos

With the **GNO Principal dancers, Soloists, Demi-Soloists** and **Corps de Ballet**

*As part of the programme "One for One"

Wolfgang Amadeus Mozart
Le nozze di Figaro
Opera

12, 14, 16, 17, 20/04

Mozart Cycle

Starts at:
19.30
(Sundays: 18.30)

**GNO STAVROS
NIARCHOS HALL** 13

Le nozze di Figaro, the first of Mozart's three operas to a libretto by Lorenzo da Ponte, returns to the Greek National Opera. Based on Beaumarchais's comedy *La folle journée, ou le Mariage de Figaro*, the work was first presented in Vienna in 1786, a few years before the French Revolution. The libretto reflects the era's unrest and the tension in the relations between different social classes: on the one hand the count and the countess and on the other hand their servants, Susanna and Figaro.

Conductors: Marios Papadopoulos-Giorgos Balatsinos
Director: Alexandros Efklidis

With the **GNO Orchestra, Chorus** and **Soloists**

Dimitri Platanias Recital
Concert

18/04

Starts at:
20.00

**GNO STAVROS
NIARCHOS HALL** 13

Exceptional Greek baritone Dimitri Platanias in a unique recital. The GNO protagonist who stands out at the leading opera houses of Europe (London, Munich, Brussels, Venice, Frankfurt, Hamburg, Florence, Madrid, Amsterdam, Valencia, Stuttgart etc), soon after his debut in America with the San Francisco Opera, returns to Greece to interpret arias of Rossini, Verdi, Leoncavallo, Giordanno etc.



Dimitris Maragopoulos
Visions and Wonders
Of General Makriyannis
Opera

05, 06, 07/04

Starts at:
20.30

**GNO ALTERNATIVE
STAGE** 13

Dimitris Maragopoulos' opera *Visions and Wonders of General Makriyannis* is a modern-day functional event unfolding in a field where the hero's mental life meets with History, while imaginary or real persons appear unexpectedly – such as his wife, the mystic oneiromancer, Otto, the military judge and Saint John.

Libretto: Alekos Lountzis, based on Visions and wonders by Ioannis Makriyannis
Conductor: Markellos Chryssicos
Director: Maria Gyparaki

Featuring an **eight-member music ensemble** and the **Athens Municipal Choir**.

Everyday is like Sunday
Free admission concerts and events

07 & 14/04

**GNO ALTERNATIVE
STAGE** 13

07/04 | **Starts at:** 12.00

Canto Soave
Musica Secreta - Vita Secreta

The Canto Soave vocal ensemble presents a special performance exploring the secret life of 17th-century women musicians, centred around the vocal music written for the famous singers of the day.

14/04 | **Starts at:** 11.00

Concert by the Children's Choir of the GNO

Celebrate the arrival of spring with a special concert from the Greek National Opera's Children's Chorus, under the direction of Konstantina Pitsiakou.

Sacred Music Days 2019

Visions and Wonders

Festival

11, 12, 13, 14, 20, 21,
23/04

Starts at:
20.30

GNO ALTERNATIVE
STAGE **13**

11 & 13/04

Nikos Galenianos
RETURN

A polyphonic work based on the original text of Dante's *Inferno*.

Director: Sofia Pashou
Performers: Savina Giannatou, Nikos Ioakeim, Michalis Paraskakis, Apostolis Psyhramis, Christoph Blum, Stamatias Pasopoulos

12/04

Ensemble Airborne Extended
O QUAL INCENDIO

Contemporary musical transcendence by the exceptional Austrian women's quartet Ensemble Airborne Extended.

Soprano: Cornelia Horak

14/04

Ex Silentio
VISIO MUSICAE

Ecstatic music and worship of Virgin Mary with works of Hildegard von Bingen (12th century), Spanish Cantigas de Santa Maria and Mevlevi Sufi hymns (13th century).

Musical Director: Dimitris Kountouras
Voice: Fani Antonelou

20/04

John Tavener
PRAYER OF THE HEART

Sir John Tavener's experience of the Orthodox Faith

Sir John Tavener's work *Prayer of the heart* (1999), written especially for the Icelandic singer Bjork and the String Brodsky quartet, is presented in a concert along with other major works of the composer who was inspired by the Orthodox worship.

Musical director-piano: Nikos Laaris
Voice: Monica - **Soprano:** Maria Palaska

21/04

Simos Papanas – Dimos Goundaroulis
BETWEEN HEAVEN AND EARTH

A rare musical confrontation between two emblematic works, Tartini's Devil's trill and Bach's Suite No.6 for solo Cello, by two outstanding musicians, the violinist Simos Papanas and the cellist Dimos Goundaroulis.

23/04

MIRACLES FROM THE BIBLE

Works of: Benjamin Britten, Canticle II: "Abraham and Isaac". Op. 51 (1952), Arvo Pärt, *Sarah Was Ninety Years Old* (1977/1990), Michalis Adamis, *Yini Perivevlimeni ton Ilion I* (A Woman Clothed with the Sun) (1998).

Musical director-piano: Nikos Vasiliou

GNO LEARNING & PARTICIPATION ACTIVITIES

All GNO Learning and participation programmes are free of charge.

Registration is required.

Major donor of the GNO Learning & Participation programmes:

ΙΣΝ/SNF

ΙΔΡΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
STAVROS NIARCHOS FOUNDATION

Every Monday
18.00-20.00

GNO FACILITIES **13**

Information/Registration:
213 088 5752
education@nationalopera.gr

Intercultural Choir

GNO Alternative Stage's Intercultural Choir continues its multicultural journey through the world's neighbourhoods. In the third year since its creation, the Intercultural Choir continues to offer unique moments and intense feelings to the audiences, and at the same time a unique experience to its members.

Choir leader: Vassula Delli

Every Monday
18.00-20.00

GNO FACILITIES **13**

Information/Registration:
213 088 5755
education@nationalopera.gr

Intercultural Orchestra

The Alternative Stage in collaboration with the GNO's Learning and Participation create a new Intercultural Orchestra. Permanent or temporary residents of Athens, professional and amateur musicians from all the communities of the city are called upon to participate, live a unique experience and create an intercultural repertory from the musical traditions of the countries of origin.

Orchestra leader: Harris Lambrakis

Every Monday
17.30-19.00

GNO FACILITIES **13**

Information/Registration:
213 088 5753
education@nationalopera.gr

Visualizing Sound

In the Visualizing Sound movement workshop, people with or without sensory disabilities interact, express themselves, and use exclusively their body to produce music.

Design-Implementation Giota Peklari (dancer, choreographer, dance teacher) in collaboration with Eva Karterou (dancer, educator) and Vicky Skordali (actress, dancer) **Special collaborator:** Thanos Daskalopoulos (body musician)

06, 07, 13, 14/04
11.00-14.00

GNO FACILITIES **13**

Information/Registration:
213 088 5742
(visual group)
213 088 5755
(music group)

Le Nozze di Figaro Revisited

Inspired by the GNO's production of the opera *Le Nozze di Figaro* by Mozart, two parallel workshops will join their forces to create a pocket opera with all of you as protagonists! The participants of these two interconnected workshops (music and visual arts/scenography) will become composers, musicians, singers and set designers of their own opera.

Design-Implementation: Orchestra of Colours, Antis Skordis (composer), Ann-Kristin Sofroniou (musician)



Guided Tours



Want to know more about the SNFCC? We offer daily **guided tours of its award-winning building complex**, home to the new premises of the Greek National Opera (GNO) and the National Library of Greece (NLG), designed by the Renzo Piano Building Workshop. Discover public areas and go backstage in the two buildings. We will visit the rehearsal spaces, the Stavros Niarchos Hall and the Greek National Opera's Alternative Stage, and stroll through the Library's Public Section, Reading Rooms and Vaults.

Guided tours of the Stavros Niarchos Park, which recently won the first prize at the European Garden Awards and is the largest public Mediterranean garden in the world, are conducted daily.

An example of state-of-the-art landscape architecture, the city's new Park is designed according to sustainability principles, with respect for the ecosystem and the challenges of an ever-changing environment. A welcoming, open space, whose vegetation and overall design capture the essence of the Mediterranean landscape, is open for visits daily.

- To find out more information, see the **guided tours schedule and pre-register**, please visit [SNFCC.org/tours](https://snfcc.org/tours).
- The guided tours follow a continuous walking route on the SNFCC premises, including the use of stairs and elevators.
- Please note that the Stavros Niarchos Park guided tours are subject to weather conditions

Group tours

For more information on group tours please contact us at tours@SNFCC.org

Permanent Exhibit

Monday-Sunday
06.00-00.00

SNFCC LOBBY

Spyros Louis Cup

Conceived and designed by Michel Bréal for the champion of the first Marathon race – the Greek runner Spyros Louis – the Silver Cup was awarded at the first modern Olympic Games in Athens in 1896; today, it is on permanent display at the SNFCC.

This historic item was acquired by the Stavros Niarchos Foundation when it became available for sale by the runner's grandson at Christie's. As soon as the Cup was acquired, the SNF committed to making it accessible to the public, keeping it permanently on display at the SNFCC. Until then, over 3.5 million visitors had already admired the Cup when it was displayed at the Acropolis Museum in Athens and at the Olympic Museum in Lausanne.



Useful Info

April opening hours

- **Stavros Niarchos Park, Agora, Lighthouse:** 06.00–00.00
- **Visitors Center:** 09.00–22.00

Event attendance

For some events, preregistration is required due to limited seating.

Accessibility

- The Stavros Niarchos Foundation Cultural Center is fully accessible to all.
- All entrances, lifts and the Running Track area are accessible to mobility-impaired persons.
- SNFCC provides parking spaces for mobility-impaired persons on the ground floor of the car park building, as well as wheelchairs for moving inside buildings.
- Wheelchair-accessible restrooms are located at the Visitors Center, the Park Kiosk and the Agora.
- Guide strips are available on all pathways leading to SNFCC premises and Stavros Niarchos Park.
- Guide dogs and hearing dogs are welcome in all SNFCC areas.
- Greek Sign Language is provided for specific events/lectures.

Pets

Pets are welcome at all SNFCC's outdoor areas except the Great Lawn, the Labyrinth, and the playgrounds. Pets must always be accompanied by their guardian, who must keep them under direct and constant supervision and clean up after them.

Wi-Fi

Free Wi-Fi is offered at SNFCC. Computers for public use are available on the premises of the National Library of Greece.

Free digital access to newspapers

Visitors can enjoy free access to over 5,000 newspapers and magazines in 60 different languages in digital form on pressreader.com.

Photography

Photography on SNFCC premises is permitted exclusively for private use.

For any commercial/promotional photo request, please email us at info@snfcc.org.

Use of drones is prohibited.

ATM

Piraeus Bank and National Bank of Greece ATMs are located at the SNFCC Lobby.

First-Aid

First-aid and medical facilities staffed by health professionals are available.

Please refer to the map on the next page.

Food & Drink

The following food & drink service points operate:

- **Agora Bistro** (at the Agora)
Monday-Sunday 08.00-00.00
- **Canal Café** (at the Visitors Center by the Canal)
Monday-Sunday 09.00-00.00
- **Pharos Café** (at the Lighthouse)
Monday-Sunday 09.00-00.00
Pharos Café's operating hours may change depending on events taking place at the Lighthouse.
- **Park Kiosk** (in the Park)
Monday-Sunday 8:00-00:00
- **Park Kiosk - Souvlaki** (by the Great Lawn)
Monday-Sunday 12:00-22:00
- **Coffee & Juice Vans on Tour** (at the Agora)
Monday-Sunday 09.00–21.00
- **Ice Cream Van on Tour** (at the Agora)
Monday-Friday 10.00-22.00
Saturday-Sunday 11.00-23.00
- **Hot-dog Van on Tour:**
Saturday – Sunday 13.00–00.00

SNFCC members have a 10% discount at all F&B points.

SNFCC Store

The SNFCC Store offers a broad and constantly evolving collection of design objects.

SNFCC Members enjoy a 10% discount.

Environmental Management

SNFCC earned the Platinum LEED certification as a green building – the highest distinction for environmental and sustainable buildings. LEED certification is regarded as the highest possible distinction for environmentally friendly, sustainable buildings. It certifies that a building has been designed and constructed following rigorous principles of sustainable construction and environmentally innovative practices that focus on water and energy efficiency, reduction of CO₂ emissions, indoor environment quality, the rational management of resources. SNFCC is the first cultural project of this scale to earn the LEED Platinum Certification in Europe.

Smoking

Based on the requirements of the LEED certification program earned by SNFCC, smoking is prohibited in all SNFCC indoor areas and within 8 meters of any building opening. In all other SNFCC outdoor areas, smoking is not prohibited; visitors are asked to use the floor ashtrays available in the area. We encourage visitors to refrain from smoking while enjoying the Park.

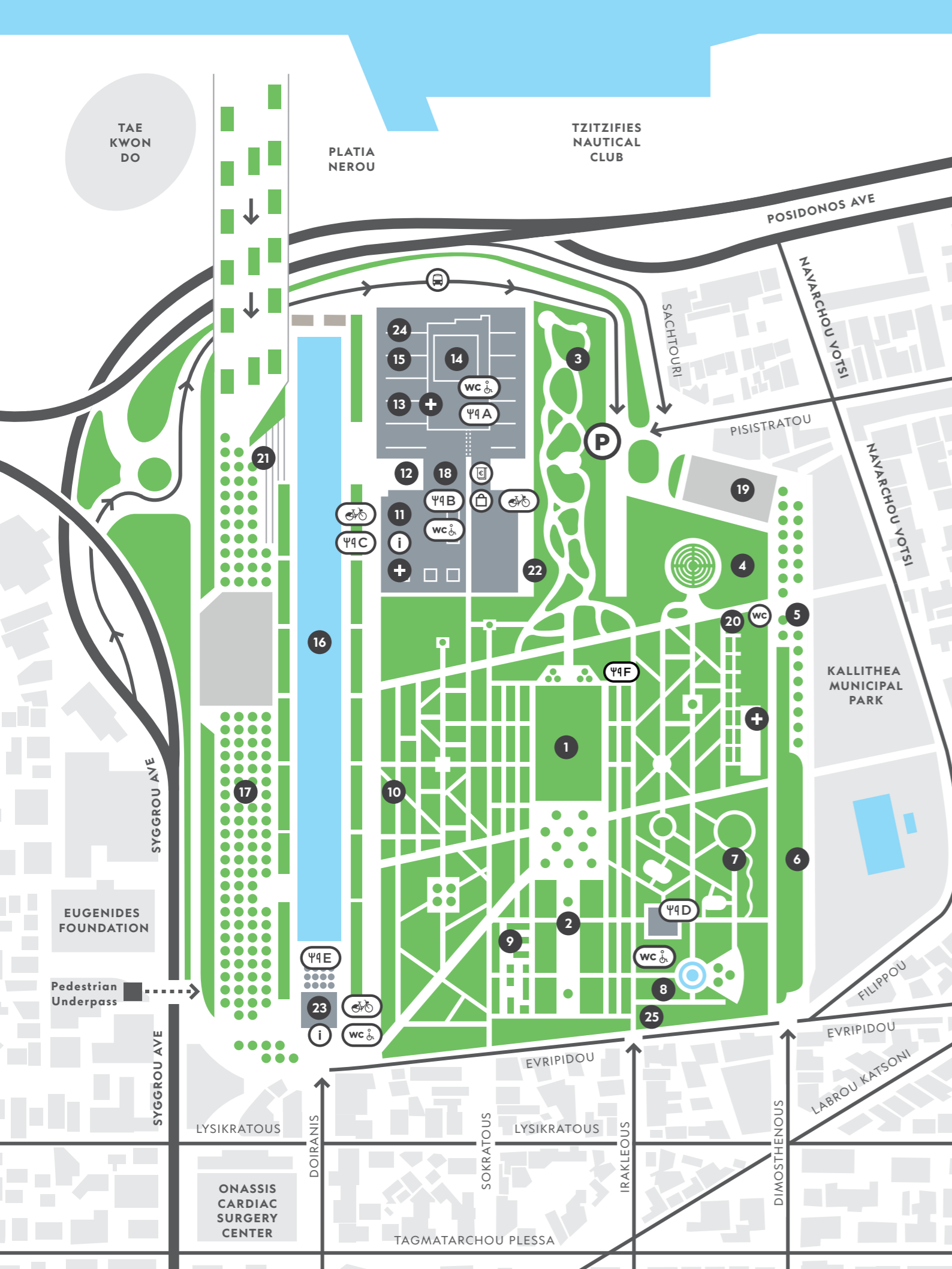
Bicycles

SNFCC offers a bike rental system for children and adults. Please visit [SNFCC.org/bikes](https://snfcc.org/bikes) for additional information, or inquire at the Visitors Center.

Furthermore, in collaboration with BP as its Mobility Partner, the SNFCC has installed bicycle repair stations by the Canal and the Visitors Center, where you can tune up your bike and find out more about its maintenance.

Mobility Partner





Map

Use the corresponding numbers on the map to locate a venue.

- 1 Great Lawn
- 2 Pine Grove
- 3 Southern Walks
- 4 Labyrinth
- 5 Outdoor Gym
- 6 Running Track
- 7 Playground
- 8 Water Jets
- 9 Sound Garden
- 10 Mediterranean Garden
- 11 National Library of Greece
- 12 Agora
- 13 Greek National Opera
- 14 Lighthouse
- 15 Panoramic Steps
- 16 Canal
- 17 Esplanade
- 18 SNFCC Lobby
- 19 Bus Parking Lot
- 20 Vegetable Garden
- 21 Canal Steps
- 22 Buffer Zone
- 23 Visitors Center
- 24 GNO Level 5A
- 25 Outdoor Games Area
- SNFCC Bike Rental
- SNFCC Store
- Shuttle Bus Stop
- First Aid
- ATM
- Info Point
- Φ4A Pharos Café
- Φ4B Agora Bistro
- Φ4C Coffee & Juice Vans on tour
- Φ4D Park Kiosk
- Φ4E Canal Café
- Φ4F Park Kiosk - Souvlaki

Access

Public Transport

Buses

- 130: Piraeus – Nea Smyrni (Tzitzifis Stop from Piraeus; Delta Stop to Piraeus)
- 217: Piraeus – Dafni Station (Tzitzifis Stop from Piraeus; Delta Stop to Piraeus)
- 550: Kifissia – Faliro (Evgenideio Stop, Syggrou Avenue northbound, Onassio Stop southbound)
- 860: Palaio Faliro – Schisto (Tzitzifis Stop from Piraeus; Delta Stop to Piraeus)
- A1: Piraeus – Voula (Tzitzifis Stop from Piraeus; Delta Stop to Piraeus)
- B1: Piraeus - Ano Glyfada (Tzitzifis Stop from Piraeus; Delta Stop to Piraeus)
- B2: Academia – Agios Kosmas (Evgenideio Stop, Syggrou Avenue northbound, Onasseio Stop southbound)

Trolleybus

- 10: Chalandri - Tzitzifis (Epaminonda Stop)

Tram

- Tzitzifis Stop

Metro

- Faliro Station

SNFCC is not responsible for any modifications on the public transportation's routes.

Parking

The SNFCC offers parking facilities for cars, motorbikes and bicycles, including dedicated spots for persons with disabilities.

Pricelist:

Cars
 00.00-19.00: €1,50/ hour
 19.00-00.00: €1,50/ hour
 with a maximum charge of €5

Monthly Offer:
 Monday-Friday 07.00-19.00:
 €100/ month

Motorcycles
 €0,70/ hour

SNFCC members enjoy a 10% discount

Free Shuttle Bus

For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Syggrou-Fix Metro station (Syggrou Avenue), and arrives at the SNFCC.

Every Sunday, between 10.30-12.30, the shuttle bus rides only between SNFCC and the Syggrou-Fix Metro Station since Syntagma is not accessible because of the Change of Guard ceremony.

In case of special traffic regulations the timetable may change.

The shuttle bus is accessible to people in wheelchairs, following prior scheduling via phone.

For further information and timetables visit SNFCC.org or call at 2168091000.

BP, as SNFCC's Mobility Partner, supports the operation of the shuttle bus.

Mobility Partner



More information:
SNFCC.org

You can now make payments quickly and easily using major debits and credit cards, at the parking payment stations. Contactless payments are also accepted.

No Finish Line charity race is taking place at SNFCC from 10 to 14 April; more information on p. 12.

Every Day

- 06.00-00.00 Spyros Louis Cup p. 30
- 10.00-19.30 Guided tours of the Stavros Niarchos Park and the SNFCC p. 30
- 09.00-22.00 George Zongolopoulos: The Vision of Public Sculpture p. 10
- 09.00-22.00 De Differentia Exhibition p. 06

• For events marked with *, preregistration at SNFCC.org is required

• Events marked with ** are ticketed

• Online reservations for workshops or sports events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

• For events on a first-come, first-served basis, please arrive at the event venue 30 minutes before starting time.

Monday

01

- 07.30-08.45 Mat Pilates-Advanced p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 08.45-10.00 Mat Pilates p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 18.00-19.30 Yoga in the Park p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 18.00-19.00 Baby's Arts & Crafts: Our First Spring* p. 18
- 18.30-20.30 New Technologies: Introduction to LinkedIn* p. 17
- 20.30 Side by Side: ERT National Symphony Orchestra & El Sistema Greece* p. 02

Tuesday

02

- 08.00-10.00 Cross training in the Park p. 19
- 08.00-09.30 Yoga in the Park p. 19
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 18.00-19.15 Tai Chi p. 20
- 18.00-19.00 Mat Pilates p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 18.30-20.00 SNFCC Running Team p. 21
- 19.00-21.00 Thanassis Moutsopoulos: Architecture as Sculpture and Sculpture as Architecture p. 11

Wednesday

03

- 07.30-08.45 Mat Pilates p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Silk Screen Lab: History and Basic Principles* p. 16
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 17.00-18.15 Qigong 50+ p. 21
- 18.00-21.00 Fitness for everyone p. 19

Thursday

04

- 08.00-10.00 Cross training in the Park p. 19
- 08.00-09.30 Yoga in the Park p. 19
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-18.15 Qigong 50+ p. 21
- 18.00-19.00 Mat Pilates p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 18.00-19.00 My First Studio: Picasso and Renoir's Spring* p. 18

Friday

05

- 07.30-08.45 Mat Pilates p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 08.45-10.00 Mat Pilates - Advanced p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 18.00-19.30 Yoga in the Park p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 19.00-20.15 Tai Chi - Advanced p. 20

Saturday

06

- 08.30-09.45 Tai Chi p. 20
- 08.30-10.00 SNFCC Running Team p. 21
- 10.00-13.00 Sailing the Canal* p. 22
- 10.00-13.00 Street Soccer 5x5 p. 23
- 11.45-13.00 Artistic Gymnastics p. 24
- 12.00-13.30 Architecture Lab for Kids: Equilibrists in Space* p. 10
- 13.00-15.00 Handball* p. 23
- 16.30-19.00 Kayaking the Canal* p. 22
- 17.00-20.00 Mini Tennis* p. 25
- 17.00-20.00 Theater Design: The Tools of Transformation* p. 17
- 17.00-18.15 Sports Games p. 24
- 18.00-19.30 Family Games p. 23
- 19.00-20.00 Guided tours of George Zongolopoulos exhibition* p. 10

Sunday

07

- 10.00-13.00 Street Soccer 5x5 p. 23
- 10.00-13.00 Sailing the Canal* p. 22
- 10.30-12.00 A Seed Travels: In Search of Spring p. 15
- 11.00-13.00 The Plants that Care for Us: Spring Vegetables and Herbs p. 15
- 11.00-15.00 Cycling classes for children and adults p. 14
- 12.00-14.00 Percussion Circle for Adults p. 15
- 12.00-14.00 Pétanque p. 23
- 13.00-15.00 Handball* p. 23
- 16.30-19.00 Kayaking the Canal* p. 22
- 17.00-20.00 Mini Tennis* p. 25
- 17.00-18.15 Sporting Duels p. 25
- 17.30-20.30 Mistake Labs: Dots p. 16
- 21.00 Jazz Chronicles: Yako Trio p. 08

08

- 07.30-08.45 Mat Pilates-Advanced p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 08.45-10.00 Mat Pilates p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 18.00-19.30 Yoga in the Park p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 18.00-19.00 Baby's Arts & Crafts: Our First Spring* p. 18
- 18.30-20.30 New Technologies: Introduction to LinkedIn* p. 17

09

- 08.00-10.00 Cross training in the Park p. 19
- 08.00-09.30 Yoga in the Park p. 19
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 18.00-19.00 Fitness and Memory p. 21
- 18.00-20.00 Mini Volley* p. 25
- 18.00-19.15 Tai Chi p. 20
- 18.00-19.00 Mat Pilates p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 18.30-20.00 SNFCC Running Team p. 21

10

- 07.30-08.45 Mat Pilates p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 17.00-18.15 Qigong 50+ p. 21
- 18.00-21.00 Fitness for everyone p. 19
- 18.00-21.00 Silk Screen Lab: History and Basic Principles* p. 16

11

- 08.00-10.00 Cross training in the Park p. 19
- 08.00-09.30 Yoga in the Park p. 19
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-18.15 Qigong 50+ p. 21
- 18.00-19.00 Fitness and Memory p. 21
- 18.00-19.00 Mat Pilates p. 19
- 18.00-20.00 Mini Volley* p. 25
- 18.00-21.00 Fitness for everyone p. 19
- 18.00-19.00 My First Studio: Picasso and Renoir's Spring* p. 18

12

- 07.30-08.45 Mat Pilates p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 08.45-10.00 Mat Pilates - Advanced p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 18.00-19.30 Yoga in the Park p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 19.00-20.15 Tai Chi-Advanced p. 20

13

- 08.30-09.45 Tai Chi p. 20
- 08.30-10.00 SNFCC Running Team p. 21
- 10.00-13.00 Street Soccer 5x5 p. 23
- 11.00-13.30 Easter Candle Lab* p. 16
- 11.45-13.00 Artistic Gymnastics p. 24
- 13.00-15.00 Handball* p. 23
- 17.00-20.00 Mini Tennis* p. 25
- 17.00-18.15 Sports Games p. 24
- 17.00-18.30 Sculpture? Child's Play!* p. 10
- 18.00-19.30 Family Games p. 23
- 20.00 SNFCC Sessions: Don Letts p. 04

14

- 10.00-13.00 Street Soccer 5x5 p. 23
- 10.30-12.00 A Seed Travels: In Search of Spring p. 15
- 11.00-13.00 The Plants that Care for Us: Spring Vegetables and Herbs p. 15
- 11.30-15.30 BMX Lessons at SNFCC p. 14
- 12.00-14.00 Percussion Circle for Families p. 15
- 13.00-15.00 Handball* p. 23
- 17.00-20.00 Mini Tennis* p. 25
- 17.00-18.15 Sporting Duels p. 25
- 17.30-20.30 Mistake Labs: Dots p. 16

15

- 07.30-08.45 Mat Pilates-Advanced p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 08.45-10.00 Mat Pilates p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 18.00-19.30 Yoga in the Park p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 18.00-19.00 Baby's Arts & Crafts: Our First Spring* p. 18
- 18.30-20.30 New Technologies: Introduction to LinkedIn* p. 17
- 20.30 Vassilikos** p. 05

16

- 08.00-10.00 Cross training in the Park p. 19
- 08.00-09.30 Yoga in the Park p. 19
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 18.00-19.00 Fitness and Memory p. 21
- 18.00-20.00 Mini Volley* p. 25
- 18.00-19.15 Tai Chi p. 20
- 18.00-19.00 Mat Pilates p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 18.30-20.00 SNFCC Running Team p. 21

17

- 07.30-08.45 Mat Pilates p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 17.30-20.30 First-Aid Course p. 21
- 18.00-21.00 Fitness for everyone p. 19
- 18.00-21.00 Silk Screen Lab: History and Basic Principles* p. 16

18

- 08.00-10.00 Cross training in the Park p. 19
- 08.00-09.30 Yoga in the Park p. 19
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-18.15 Qigong 50+ p. 21
- 18.00-19.00 Fitness and Memory p. 21
- 18.00-19.00 Mat Pilates p. 19
- 18.00-20.00 Mini Volley* p. 25
- 18.00-21.00 Fitness for everyone p. 19
- 18.00-19.00 My First Studio: Picasso and Renoir's Spring* p. 18

19

- 07.30-08.45 Mat Pilates p. 19
- 08.00-10.00 Cross training in the Park p. 19
- 08.45-10.00 Mat Pilates - Advanced p. 19
- 10.00-10.50 Sports for Seniors p. 20
- 11.00-15.00 Computer Courses for persons aged 65+ p. 17
- 17.00-20.00 Team Playing (Football Skills)* p. 22
- 18.00-19.30 Yoga in the Park p. 19
- 18.00-21.00 Fitness for everyone p. 19
- 19.00-20.15 Tai Chi - Advanced p. 20

20

- 08.30-09.45 Tai Chi p. 20
- 08.30-10.00 SNFCC Running Team p. 21
- 10.00-13.00 Street Soccer 5x5 p. 23
- 11.00-14.00 Meeting Point: Music and Dance for Teens p. 14
- 11.30-14.30 We Create Art All Together: Let's Look Behind Geometry p. 11
- 11.45-13.00 Artistic Gymnastics p. 24
- 13.00-15.00 Handball* p. 23
- 17.00-20.00 Mini Tennis* p. 25
- 17.00-20.00 Theater Design: The Tools of Transformation* p. 17
- 17.00-18.15 Sports Games p. 24
- 18.00-19.30 Family Games p. 23

21

- 10.00 International Dance Day p. 09
- 10.00-13.00 Street Soccer 5x5 p. 23
- 10.30-12.00 A Seed Travels: In Search of Spring p. 15
- 11.00-13.45 The Wonder Park* p. 25
- 11:00-14:00 Meeting Point: Music and Dance for Teens p. 14
- 12.00-14.00 Pétanque p. 23
- 12.00-14.00 Roller Skates for kids p. 14
- 12.00-14.00 Percussion Circle for Adults p. 15
- 13.00-15.00 Handball* p. 23
- 14.00-15.00 Guided tours of George Zongolopoulos exhibition* p. 10
- 17.00-18.15 Sporting Duels p. 25
- 17.00-20.00 Mini Tennis* p. 25
- 17.00-18.30 The Emergence of Life: Lectures on Man's First Steps p. 12
- 17.30-20.30 Mistake Labs: Dots p. 16
- 19.30 Parabases: Dionysios Solomos* p. 07

Monday

22 Holy Monday

09.00-13.00 Games in the Park p. 24
 07.30-08.45 Mat Pilates-Advanced ... p. 19
 08.00-10.00 Cross training in the Park p. 19
 08.45-10.00 Mat Pilates p. 19
 10.00-10.50 Sports for Seniors p. 20
 11.00-15.00 Computer Courses for persons aged 65+ p. 17
 17.00-20.00 Team Playing (Football Skills)* p. 22
 18.00-19.30 Yoga in the Park p. 19
 18.00-21.00 Fitness for everyone p. 19
 18.00-19.00 Baby's Arts & Crafts: Our First Spring* p. 18
 18.30-20.30 New Technologies: Introduction to LinkedIn* p. 17

Tuesday

23 Holy Tuesday

09.00-13.00 Games in the Park p. 24
 08.00-10.00 Cross training in the Park p. 19
 08.00-09.30 Yoga in the Park p. 19
 11.00-15.00 Computer Courses for persons aged 65+ p. 17
 18.00-19.00 Fitness and Memory p. 21
 18.00-19.00 Mat Pilates p. 19
 18.00-20.00 Mini Volley* p. 25
 18.00-21.00 Fitness for everyone p. 19
 18.30-20.00 SNFCC Running Team p. 21
 19.00-21.00 Tassis Papaioannou: Architecture and Modernity p. 11

Wednesday

24 Holy Wednesday

09.00-13.00 Games in the Park p. 24
 07.30-08.45 Mat Pilates p. 19
 08.00-10.00 Cross training in the Park p. 19
 10.00-10.50 Sports for Seniors p. 20
 11.00-15.00 Computer Courses for persons aged 65+ p. 17
 17.00-20.00 Team Playing (Football Skills)* p. 22
 17.00-18.15 Qigong 50+ p. 21
 18.00-21.00 Fitness for everyone p. 19
 18.00-21.00 Silk Screen Lab: History and Basic Principles* p. 16
 19.00-21.00 Thanassis Moutsopoulos: Sculpture and Nature p. 11

Thursday

25 Holy Thursday

09.00-13.00 Games in the Park p. 24
 08.00-10.00 Cross training in the Park p. 19
 08.00-09.30 Yoga in the Park p. 19
 11.00-15.00 Computer Courses for persons aged 65+ p. 17
 17.00-18.15 Qigong 50+ p. 21
 18.00-19.00 Fitness and Memory p. 21
 18.00-19.00 Mat Pilates p. 19
 18.00-20.00 Mini Volley* p. 25
 18.00-21.00 Fitness for everyone p. 19
 18.00-19.00 My First Studio: Picasso and Renoir's Spring* p. 18
 20.30 Cosmos: Mozart - Requiem* p. 03

Friday

26 Holy Friday

Saturday

27 Holy Saturday

Sunday

28 EASTER

29 Easter Monday

30

08.00-10.00 Cross training in the Park p. 19
 08.00-09.30 Yoga in the Park p. 19
 11.00-15.00 Computer Courses for persons aged 65+ p. 17
 18.00-19.00 Fitness and Memory p. 21
 18.00-19.00 Mat Pilates p. 19
 18.00-19.15 Tai Chi p. 20
 18.00-20.00 Mini Volley* p. 25
 18.00-21.00 Fitness for everyone p. 19
 18.30-20.00 SNFCC Running Team p. 21
 19.00-21.00 Tassis Papaioannou: Architecture in Greece - An Outline p. 11

Every Day

06.00-00.00 Spyros Louis Cup p. 30
 10.00-19.30 Guided tours of the Stavros Niarchos Park and the SNFCC p. 30
 09.00-22.00 George Zongolopoulos: The Vision of Public Sculpture p. 10
 09.00-22.00 De Differentia Exhibition p. 06

• For events marked with *, preregistration at SNFCC.org is required.

• Events with ** are ticketed.

• Online reservations for workshops or sports events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

• For events on a first-come, first-served basis, please arrive at the event venue 30 minutes before starting time.

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Events exclusively for SNFCC Members

SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC's appreciation towards Members.

Practical Info

All Member events require preregistration.

Preregistration for Member events starts every Monday.

For the events on 01-06/04, preregistration starts on Tuesday 26/03.

Preregistration links are provided to Members via the SNFCC Members newsletter.

Telephone support line for Members only:
+30 216 809 1010
SNFCC.org/members

Are you a Member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers



Using your SNFCC Member card you enjoy **10% discount** at:

- the F&B outlets
- parking
- SNFCC Store

The Membership Program is supported by:

Priority reservation/presale for Members:

Side by Side Concert

Monday 01/04

20.30 | STAVROS NIARCHOS HALL 11

Reserved for Members + Guest: up to 300 seats; information on p. 02

Vassilikos Live Concert

Monday 15/04

20.30 | STAVROS NIARCHOS HALL 11

One-day presale priority for Members + Guest; up to 400 seats; information on p. 05

Camerata – Orchestra of the Friends of Music

Holy Thursday 25/04

20.30 | STAVROS NIARCHOS HALL 11

Reserved for Members + Guest: up to 300 seats; information on p. 03

Lectures:

From Monumental Sculpture to Street Art

Thanassis Moutsopoulos, Associate Professor of Art History and Theory of Culture, University of Crete

Tuesday 02/04: Architecture as Sculpture and Sculpture as Architecture

Wednesday 24/04: Sculpture and Nature

19.00-21.00 | BOOK CASTLE 11

Reserved seats for Members only - up to 30 participations | More information on p. 11

Thoughts on Architecture and the City

Tassis Papaioannou, professor in Section 1, Compositions, School of Architecture, NTUA

Tuesday 23/04: Architecture and Modernity

Tuesday 30/04: Architecture in Greece – An Outline

19.00-21.00 | BOOK CASTLE 11

Reserved seats for Members - up to 30 seats | More information on p. 11

In collaboration with:

Members' Tuesdays



A day dedicated to our Members! Programs specially curated for SNFCC Members take place each Tuesday at the Kids Lab.

Workshops for Adults:

Easter Candle Lab

The workshop focuses on the process of designing and making a unique Easter candle. Participants design their own candles, choosing materials, colors, ribbons, laces, buttons, etc., and learn useful techniques to help them implement their ideas. In the end, they make a handmade Easter candle that they will take home with them as a reminder of the experience and skills they have gained during the workshop.

Tuesday 09 & 16/04

18.00-20.00 | KIDS LAB 11

Members-only event - up to 30 participations per workshop
Design-Implementation: Margarita Myrogianni, Artist

Theater Design: The Tools of Transformation

Theater - the reflection of life in the mirror of imagination - conjures through its magic filters figures of mortals, gods and demons, in a wonderful, inexhaustible variety. Recognizable everyday beings, creatures deformed by extreme emotions - tragic, majestic, terrifying, dangerous, idiosyncratic, eccentric, funny, ridiculous, cute, fantastical. Deities, titans, heroes, tyrants, elves, spirits, satyrs, beauties, monsters, birds, frogs, dragons, witches, jesters, cunning servants, arrogant masters, loving couples, perpetrators and victims.

What is our own visual understanding of a play? How do we approach and flesh out a part? What do we imagine it to look like? How do we nurture imagination and harness its transformative power creatively? How can art and nature help in this? How do we encourage sensitivity and freedom, which children naturally display during playtime? What would our imaginary stage set, our imaginary actors, our own theater production look like?

By mixing up images, materials and props, we will develop our own vision for characters that are very different in style and personality, in space and time from each other.

Tuesday 02, 23/04

17.00-20.00 | KIDS LAB 11

Members-only event - up to 20 participants
Design-Implementation: Angelos Mentis

Gardens and Their Secrets: The Urban Garden

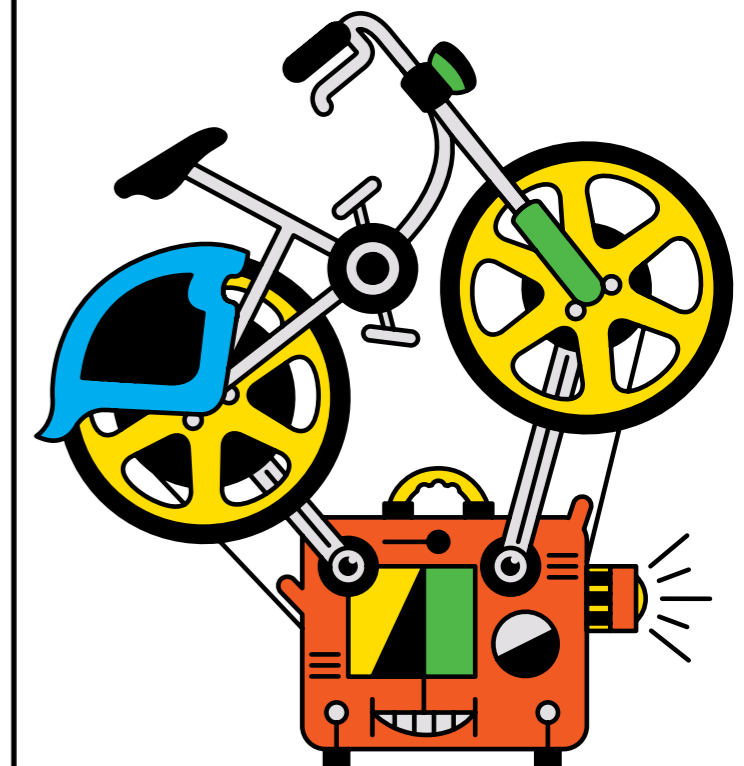
There are gardens that bring us back to our childhood, gardens in which we find ourselves in dreams, gardens we have admired in paintings or films, and gardens in which we live and love.

Every garden has its own needs, which vary depending on its environment. The aim of this workshop is to familiarize participants with different microclimates, to enable them to choose the appropriate plants, compose foliage, and learn how to manage a garden, respecting the natural resources and ensuring sustainability.

Tuesday 30/04

17.00-19.00 | VEGETABLE GARDEN 11

Members-only event - up to 30 participations per workshop
Design-Implementation: Urban Point_Landscape architecture



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Practical Info

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Telephone support line for Members only:
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SNFCC.org/members

Tours:

Guided tour for Members only of the exhibition "George Zongolopoulos: The Vision of Public Sculpture" given by Angelos Moretis, director, George Zongolopoulos Foundation.

Saturday 06/04 | 17:00-18.00 | BOOK CASTLE **11** Up to 20 participants

Sunday 21/04 | 12.00-13.00 | BOOK CASTLE **11** Up to 20 participants



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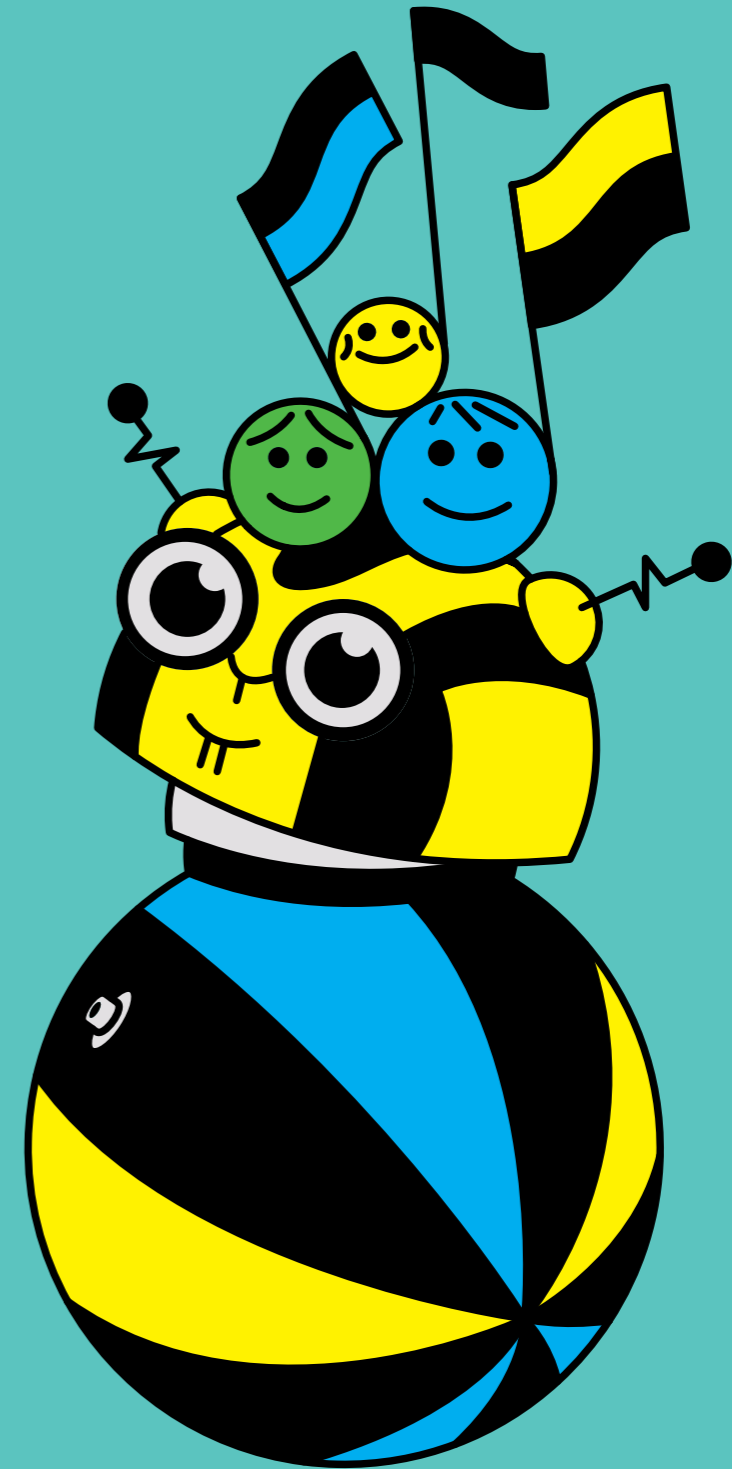
Morning sports activities for Members every Wednesday!

Fit Members

A dynamic interval training workout, designed in stations, based on strength training, balance, and aerobic fitness training. The activity emphasizes flow and rapid rotation of exercises, aiming at strengthening the muscles and enhancing stamina and endurance through a fun workout.

Wednesday 03, 10, 17, 24/04

08.30-09.45 | **RUNNING TRACK 6**
Members-only event - up to 30 participants per activity | For ages 18 - 65
Design-Implementation: **Regeneration & Progress**



Find out more about the SNFCC Membership Program and register at www.SNFCC.org/members or at the members-only service point at SNFCC!

April at the SNFCC

04.

01/04: El Sistema Greece choir joins ERT National Symphony Orchestra and the Thessaloniki Mixed Choir at the Stavros Niarchos Hall to prove that music is a team effort. On 03/04, *De Differentia* exhibition opens, attempting to explain why otherness is often hated. **07/04: In Jazz Chronicles, the Yako Trio fuses traditional Greek music and contemporary jazz in an exciting fresh look at composer Yannis Konstantinidis.** 13/04: SNFCC Sessions welcome legendary filmmaker, DJ and music artist Don Letts, a pioneer of the British punky reggae movement in the Seventies and Eighties. **On 15/04, Vassilikos performs live in a rare concert at Stavros Niarchos Hall, treating us to music from his latest project as well as favorites from the Raining Pleasure period.** Sunday 21/04 is dedicated to the celebration of International Dance Day, inviting everyone to a day-long marathon of dance-related events. **Also on Sunday 21/04, Parabases, SNFCC's reader's theater, concludes, with a staging of the tragic story of Lambros, from Dionysios Solomos' eponymous narrative poem.** 25/04: On Holy Thursday, Camerata – The Friends of Music Orchestra presents Mozart's Requiem at a magnificent, mesmerizing concert at the Stavros Niarchos Hall. **23 & 30/4: April concludes with thoughts on architecture and the city, in lectures by professor of architecture Tassis Papaioannou.**

10-14/04: The No Finish Line charity race returns to the Stavros Niarchos Foundation Cultural Center for the third year.

The George Zongolopoulos – The Vision of Public Sculpture exhibition continues, accompanied by workshops, lectures and guided tours.

Exclusive donor: