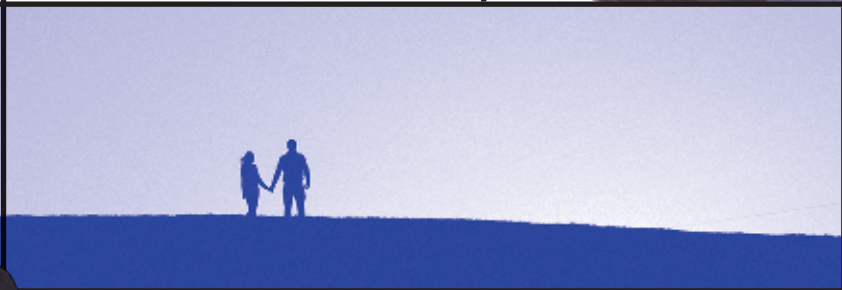
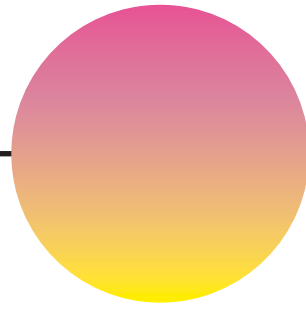
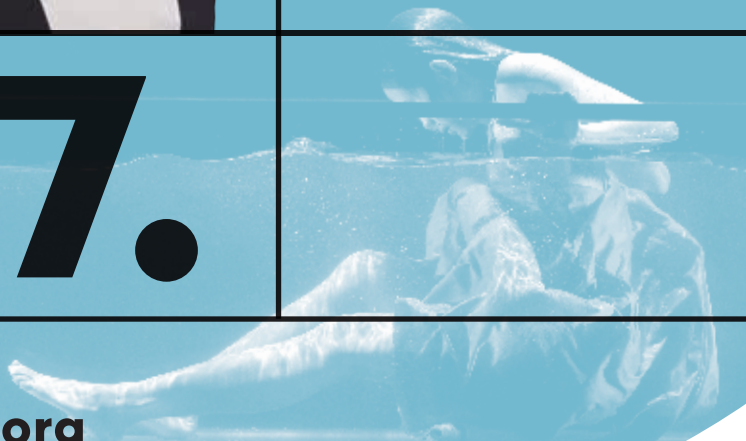




July
2019



07.





Summer in the city will never be the same again!

July at the SNFCC brings with it major concerts, classic and new film screenings, shadow theater, dance and many more summer activities and exciting events.

From Madeleine Peyroux (13/07) to hip-hop legend Grandmaster Flash (27/07), and from a major concert tribute to Greek singer/songwriter Loukianos Kilaidonis (20/07) to the Erotica Project which revisits Greek music from the summers of the '50s, '60s and '70s (12/07) and a jazz concert by Billy Pod (19/07) music just won't stop this month! Starting with the return of the Schoolwave student music festival (05-07/07), the Stavros Niarchos Park's Great Lawn will be hosting a big concert every week in July.

Dance is also in sharp focus this month. In addition to the popular Social Ballroom series, which is back with a vengeance on 06/07, all of July's Fridays are dedicated to dance and its many facets. Sunday 28/07 marks the Greek premiere of *SIREN*, a dance performance by Swedish choreographer, filmmaker and dancer Pontus Lidberg, which is inspired by the myth of the Sirens and Ulysses. The performance is a co-production by the Danish Dance Theatre, Oriente Occidente contemporary dance festival and the SNFCC.

Park Your Cinema continues unabated, with legendary comedies and some of the most popular animated films: Peter Sellers, Cary Grant and Gene Wilder share the big screen on the Great Lawn with *Mowgli*, *Bambi* and *Scrat*. In addition, for yet another year, the SNFCC will be hosting pre-festival screenings by the Syros International Film Festival (SIFF), on 03/07.

For three consecutive Mondays, the SNFCC will be hosting Athos Danellis and the Athens Shadow Theater Company, in rarely performed plays from the popular shadow puppet theater repertoire of Karagiozis. However, our events do not end there! For this summer, the SNFCC presents new thematic activities, workshops and seminars daily, focusing on the environment, the arts and sports from many different perspectives. Moreover, Orfeas Avgoustidis will be our guide for this month in the new event series, *A Walk in the Park* (18/07).

As always, admission to this month's SNFCC events is free thanks to the exclusive grant from the Stavros Niarchos Foundation (SNF).

Also, the SNFCC experience will be enhanced by new facilities, which are here to stay! Thanks to a new SNF grant, an exciting fountain installation will grace SNFCC's seawater Canal, creating spectacular displays, day and night. In addition to that, the Dome, which was installed in the Labyrinth during SNF's Summer Nostos Festival, will regularly host events throughout the year. This facility increases SNFCC's capacity to host public performances in a new, impressive setting. And, every Sunday, the brand new δ / Delta Restaurant will be serving contemporary Greek cuisine with a twist, starting in the morning, featuring cuisine by executive chef Dimitris Skarmoutsos.

Summer in the city has never been so much fun!

SIREN

Pontus Lidberg & Danish Dance Theatre

Sunday 28/07 | 21.00 —————> STAVROS NIARCHOS HALL 13

SIREN is named after the mythical creatures who lured sailors with their song, compelling them to throw themselves into the sea. Only Ulysses managed to resist their call, by plugging his crew's ears with wax and tying himself to the mast of his ship. The work considers Ulysses' desire that can never be fulfilled, and the Siren's song as a source of creative impulse. The work does not retell the myth, or any story, but is inspired by its themes of longing, creativity, and, unexpectedly, solitude.

As part of its visual design, *SIREN* incorporates film projections and animations by Jason Carpenter that dialogue with the dance. Water, and images of water, create a world defined by the sea, where sailors may get lost and die, and where the Sirens live. *SIREN* is performed to Franz Schubert's *piano Sonata No. 18*, along with an original score by composer Stefan Levin that mixes acoustic instruments with sampled urban and synthesized sounds.

SIREN received a Villanueva Award as one of the best performances presented in Cuba in 2018. The Villanueva Awards are given by the UNEAC, The National Union of Writers and Artists of Cuba.

SIREN is co-produced with Danish Dance Theatre, Festival Oriente-Occidente and the Stavros Niarchos Foundation Cultural Center through an exclusive grant from the Stavros Niarchos Foundation, with generous support from Rockefeller Brothers Fund, SHS Foundation, the Barbro Osher Pro Suecia Foundation, the Evelyn Sharp Foundation, Trust for Mutual Understanding, Vineyard Arts Project, and Mid Atlantic Arts Foundation through USArtists International in partnership with the National Endowment for the Arts, the Andrew W. Mellon Foundation, and the Howard Gilman Foundation, as well as with the vital support of generous individuals. Original music commissioned by the Charles and Joan Gross Family Foundation.

Credits:

Artistic Direction/Choreography: Pontus Lidberg
 Music: Stefan Levin, Franz Schubert
 Lighting Design: Raphael Solholm
 Dramaturgy: Adrian Guo Silver
 Costume Design: Karen Young
 Animations: Jason Carpenter

Cast:

Pontus Lidberg, Artistic Director/Choreographer/Dancer
Danish Dance Theatre:
 Sarawanee Tanatanit, Nathanael Marie, Lucas Threefoot,
 Stefanos Bizas, Joe George, Csongor Szabó

Inspired by the Sirens' myth in Homer's epic poem *The Odyssey*, *SIREN*, the stand-alone dance work of the Swedish dancer, choreographer and Artistic Director for Danish Dance Theatre Pontus Lidberg is presented at the Stavros Niarchos Hall for the first time in Greece, performed by the Danish Dance Theatre, as a co-production with the Stavros Niarchos Foundation Cultural Center.

"SIREN has all the features of a masterpiece... A work both delicate and very dense with a feeling of truth, sustained by a rare expressive clarity"

LA REPUBBLICA

Free admission by preregistration at SNFCC.org
 Preregistration starts on 16/07 at 12.00



Parklife

Madeleine Peyroux

Saturday 13/07 | 21.00 —————> GREAT LAWN 1



On Saturday July 13, the mesmerizing voice of Madeleine Peyroux will fill the Great Lawn of the Stavros Niarchos Park, setting the stage for a dreamy and poetic evening under the stars.

Peyroux' s extraordinary journey is one of music industry's most compelling. Eight albums and 22 years since her debut *Dreamland*, the artist continues to challenge the confines of jazz, venturing into the fertile fields of contemporary music with unfading curiosity.

At her SNFCC concert the singer-songwriter will walk the audience through her latest album *Anthem*, her "biggest project to date", whilst taking us back to favorite songs and tunes.

In *Anthem*, Peyroux has collaborated with writers/musicians Patrick Warren (who's worked with Bonnie Raitt, JD Souther, Bob Dylan, Bruce Springsteen, Lana Del Rey, The Red Hot Chili Peppers), Brian MacLeod (who's worked with Sara Bareilles, Leonard Cohen, Tina Turner, Ziggy Marley) and David Baerwald (who's worked with Joni Mitchell, David and David, Sheryl Crow), casting a sober, poetic, and at times philosophical eye on the current state of the world and weaving the colorful stories of people confronting life's challenges in a multitude of ways.

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.

The Best Years of Our Lives

A tribute concert to Loukianos Kilaidonis

Saturday 20/07 | 21.00 → GREAT LAWN 1



On Saturday, 20 July, Stavros Niarchos Park's Great Lawn will resound with the music and songs of Loukianos Kilaidonis, in a tribute concert that will take us back to the best years of our lives.

Featuring music artists **Manolis Mitsias, Margarita Zorbala, Doros Demosthenous, Thodoris Marantinis, Christos Papadopoulos and Maria Kilaidoni**; actors **Yannis Bezos, Alexandros Bourdounis, Nandia Kontogeorgi** and **Giasemi Kilaidoni**, backed by an eight-member band.

They will perform popular songs spanning the entirety of Kilaidonis' discography, as well as songs and music he wrote for the theater. Rarely seen material from his personal archives will also be on display.

Through his well-loved songs and distinct personality, the Greek composer, lyricist and performer left an indelible mark on the best years of many different generations in the country. Popular with all ages, his songs spoke to all, with sincerity, immediacy, humor, feeling and finesse.

"I sincerely thank the SNFCC for the opportunity to perform Loukianos' songs in the amazing Stavros Niarchos Park.

I am sure that were Loukianos alive, he would be most pleased, as the Park, and the entire complex, was a perfect fit for his style, taste and standards.

When he was treated at a hospital across the street from the SNFCC, which was under construction at the time, during the last difficult years of his life, I used to look out the window to the site and say: 'Loukianos, this will be a wonderful venue. When you get well, we will do a concert there.'

Loukianos, here is the concert I promised you."

Anna Vagena, Loukianos Kilaidonis' companion



Grandmaster Flash

One of hip-hop's original innovators, a cultural force and the voice of an entire generation of the '70s hip-hop pioneers, Grandmaster Flash is landing to the SNFCC with an electric live show.

Saturday 27/07 | 21.00 → GREAT LAWN 1

GRANDMASTER
HIP HOP
PEOPLE. PLACES & THINGS
THE VISUAL EXPERIENCE

For many, Grandmaster Flash is the international face of hip-hop and turntablism around the world, ever since he pioneered the art of mixing. Grandmaster Flash is the man who invented the cue button, as well as techniques like backspins, scratching and punch phrasing, thus changing the face of DJing forever.

Immortalized by Blondie and feted by the hip-hop cognoscenti, Grandmaster Flash is the man who turned the humble record deck into an instrument as potent as the piano or guitar. He was the first DJ to put out a rap record and in *Adventures On The Wheels Of Steel*, he created an aural template that let the world into the secrets of the New York ghettos. Years later - on top of no less than 11 studio albums - his biggest selling, multi-platinum hit singles such as "White Lines", "The Message" and "Flash To The Beat" still resonate today.

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.

Schoolwave 2019

05-07/07 | 18.30 - 23.00 → GREAT LAWN 1

Celebrating its 15th anniversary this summer, Schoolwave is back with a bang at the Stavros Niarchos Park.

A three-day-long summer fest will unfold on the Great Lawn, featuring 21 school and university bands from all over Greece, cherry-picked among 113 entries: Ars Goetia, Astrarot, Bad Lama, Blizs, Blue Hills, Cerberus, Crisis Call, Disoriented, Hypatia, Les Apelpistiques, Longshots, Meridian Blank, Mistaken, Prysma, Show Trial, Spell The Pain, Taj MANXal, The Confusion, The Crashes, Gis Madiam, Gymnasmena Kormia.

A special guest will round off every day: Foivos Delivorias on 05/07; Eisvoleans on 06/07 and Leon of Athens on 07/07.

Unique in its kind, Schoolwave music festival has taken place every single year since 2005 in Athens, bringing onstage school and university student bands. It's a great opportunity for budding artists to perform their music the way they've always dreamed: onstage at a great venue before thousands of people of their age.

Organized by: the Schooligans creative team, in collaboration with the Stavros Niarchos Foundation Cultural Center and the Region of Attica.

Lead Donor:  ΙΔΡΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
STAVROS NIARCHOS FOUNDATION

More info: schoolwave.gr

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.

Music Escapades Erotica Project

Friday 12/07 | 21.00 → GREAT LAWN 1

Hot on the heels of their sold-out live shows all across the city, Greek indie pop music composer and interpreter Monsieur Minimal, legendary '70s crooner Dakis and contemporary singer and songwriter Andriana Babali are coming to SNFCC's Music Escapades for an evocative summer evening concert at the Great Lawn.

The vintage-feeling Erotica Project fuses timeless and contemporary pop in a reverie of unforgettable summers and lost loves. With their mellow sound and romantic mood harking back to Greek summers during the '60s, '70s and the '80s, the three artists create a unique soundtrack.

Line-up:

Monsieur Minimal, vocals/guitar
Dakis, vocals
Andriana Babali, vocals
Evangelos Aslanidis, drums
Belis, bass
Eliot, keyboard
Vangelis Katsarelis, trumpet



Jazz Chronicles Billy Pod

Friday 19/07 | 21.00 → PANORAMIC STEPS 15

In his first solo release, which has already attracted international media attention and garnered excellent reviews, Billy Pod fuses contemporary jazz and electropop, rock and free improv, creating a modern, prismatic sound.

Best known as the drummer of The Next Step Quintet, as well as from his participation in several jazz groups, Billy Pod is one of the busiest drummers in the Greek music scene. He has performed in concert venues and festivals all over Europe, America and Asia.

Line-up:

Vassilis Podaras (Billy Pod), drums
Kimon Karoutzos, double bass
Michalis Tsiftsis, guitar
Yiannis Papadopoulos, piano
Jannis Anastasakis, electronics

The jazz composer and musician Billy Pod (Vassilis Podaras) presents his first album, *Drums to Heal Society*, released in February, at the SNFCC.



PARK YOUR CINEMA COMEDY LEGENDS

In July, Park Your Cinema presents legendary names of American comedy, in films that continue to inspire to this day: Frank Capra's humanism meets dark comedy in the film adaptation of an acclaimed play; Mel Brooks unleashes his satirical vein in his debut as a director (and receives an Academy Award while he's at it); Blake Edwards takes fun to the next level, with a pure pop deconstruction of Hollywood. Three unforgettable film screenings at the Great Lawn of the Stavros Niarchos Park.

Program curated by Elias Frangoulis



Arsenic and Old Lace (1944)

Thursday 11/07 | 21.00 → GREAT LAWN 1

Mortimer marries his beloved next-door girl and rushes off to break the good news with the two eccentric aunts that raised him – only to discover the corpse of an elderly man stashed in plain view in their house! Time for him to find out his aunts' version of "charity." A huge box-office success, Joseph Kesselring's theatrical production had the good fortune to be adapted for cinema by the great Frank Capra, who retained the strongest performers of the original cast, Josephine Hull and Jean Adair, and directed one of the funniest classic black comedies in the history of cinema. Cary Grant delivers lessons in comic timing, although he considered his acting in this film to be over the top!

Directed by Frank Capra

The Producers (1967)

Thursday 18/07 | 21.00 → GREAT LAWN 1

A down-on-his-luck Broadway producer and a timid accountant attempt the theatrical swindle of the century – a get-rich-quick scheme to put on the world's worst show, hoping for it to flop so triumphantly that it will come down right after its premiere! They produce the musical *Springtime for Hitler!* Mel Brooks' directorial debut, the film won an Academy Award for Best Writing, Story and Screenplay. A comedy that has taken on legendary proportions over the years, it was inducted into the American Film Institute's 100 Funniest American Movies of All Time. Notably, the acclaimed late Greek director Andreas Voutsinas features in the cast. Almost ironically, the film was adapted into an incredibly successful Broadway musical in 2001, which was adapted for cinema four years later.

Directed by Mel Brooks

The Party (1968)

Thursday 25/07 | 21.00 → GREAT LAWN 1

An Indian aspiring actor is invited by mistake to a Hollywood producer's big party, after utterly ruining the set of his latest feature film! His appearance in the producer's hi-tech villa will be just as disastrous. Few cinematic comedies have been so popular with the Greek audience. Peter Sellers' hilarious acting coupled with Blake Edwards' finesse and glam (in their only collaboration outside of *The Pink Panther* franchise) make for an indelible cult film that owes much to Jacques Tati's style, while the main actor's improvisatory style lent an air of radical experimentation to the production.

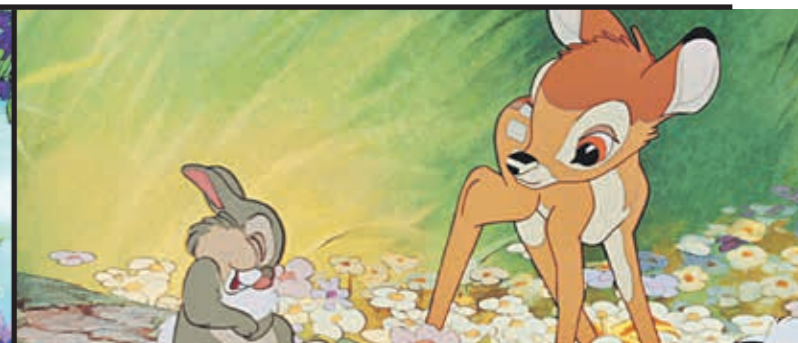
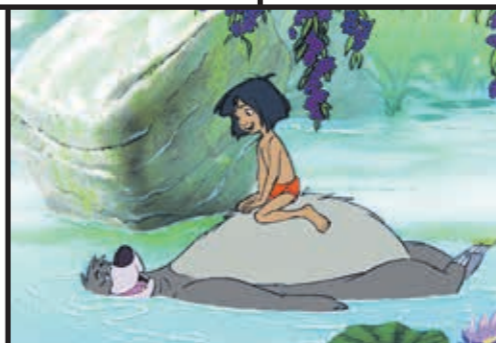
Directed by Blake Edwards

PARK YOUR CINEMA KIDS THE ANIMAL KINGDOM

Loaded with imagination, music, laughs and emotions, July's film screenings for children on the Great Lawn bring us close to nature and the creatures that form part of its rich tapestry. From the Ice Age to the jungle and from learning how to live together to life lessons in dealing with the threats lurking in the forest, these films invite young and old to a journey through the animal kingdom.

Program curated by Elias Frangoulis

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.



The Jungle Book (1967)

Sunday 14/07 | 21.00 → GREAT LAWN 1

Raised by wolves in the jungle, young Mowgli must be persuaded by a panther and a bear to return to his own kind if he is to avoid an evil tiger – will they manage to avert the confrontation? Disney's 19th animated feature film, this was the last production in which Walt was personally involved before he died. Based on Rudyard Kipling's book of the same name, the film is adapted into a lighthearted children's musical, graced with outstanding songs, including Academy Award-nominated "The Bare Necessities."

Directed by Wolfgang Reitherman

The film is dubbed in Greek

Bambi (1942)

Sunday 21/07 | 21.00 → GREAT LAWN 1

A young deer named Bambi grows up in the forest, alongside his friends, a friendly rabbit called Thumper and Flower, a skunk that doesn't really smell as great, as its name suggests. Based on the eponymous book by Austrian author Felix Salten, the fifth film in the Disney Animated Canon is one of the greatest examples of the genre and went on to become a perennial favorite of audiences around the world. Paradoxically, the film was a commercial flop when it first came out; released during the Second World War, it failed to reach many European countries. Nominated for three Academy Awards (for Best Music Score, Best Original Song and Best Sound Recording), it is inducted into the U.S. National Film Registry.

Directed by David Hand

The film is dubbed in Greek

Ice Age (2002)

Sunday 28/07 | 21.00 → GREAT LAWN 1

Three mammals surviving the Paleolithic ice age come across a human baby and work together to return it to its parents and tribe, all while a young squirrel chases an acorn, causing irreversible damage in its wake. An enormous critical and commercial success, computer-animated comedy film *Ice Age* was nominated for an Academy Award in its category and by 2016 had already spawned four sequels. Credited with playing a big part in the popularity of the franchise, the unlucky, mischievous squirrel Scrat went on to star in many short films.

Directed by Chris Wedge

The film is dubbed in Greek



Shadow Theater Karagiozis is coming to the SNFCC

Monday 15, 22, 29/07 | 21.00 —————> PANORAMIC STEPS 15

In July, Athos Danellis and the Athens Shadow Theater Company set up stage on the Panoramic Steps for three Mondays, to revive rare plays from the Greek Karagiozis repertoire, inviting young and old to follow the popular folk hero in his adventures and laugh their hearts out. Karagiozis is the most representative form of Greek Shadow Puppet Theater.

Karagiozis is a fictional character of Greek folklore: a poor hunchbacked Greek, his right hand is always depicted long, his clothes are ragged and patched, and his feet are always bare. He lives in a poor cottage with his wife Aglaia and his three sons, during the times of the Ottoman Empire.

Monday 15/07: Karagiozis at Gülbahçe

The Pasha appoints Hadjiavatis and Karagiozis to run Gülbahçe, an old countryside restaurant. The opening night is fast approaching and everything goes well – until Karagiozis discovers the kitchen!

A folk music comedy harking back to Ottoman Puppet Theater.

Monday 22/07: The Three Pilgrims

Two pilgrims, loaded with treasures, pass by the city en route to the Tomb of the Prophet. By decree, a curfew is imposed, and offenders will be arrested. Karagiozis is quick to seize the opportunity and act.

One of the oldest comedies in the Greek Shadow Theater repertoire.

Monday 29/07: Captain Tromaras

Karagiozis and Hadjiavatis become entangled in a notorious affair involving a wealthy local lord, the Salona Pasha, an abbot and the infamous Captain Tromaras.

A play from the 'bandit' repertoire of the 1910s. One of the most characteristic examples of the genre, the play fell into oblivion for some 70 years – until 2016.

Design-Implementation:

Athos Danellis, Athens Shadow Theater Company

One of the last surviving Karagiozis puppeteers, Athos Danellis learned and loved the art and craft of Shadow Theater as an apprentice to old masters. In 1998, he founded the *Greek Shadow Theater Archives* for the preservation and promotion of the Greek Karagiozis repertoire and history. With his Athens Shadow Theater Company, he has participated in many festivals in Greece and other countries. Since 1989, he has performed rarely staged plays from the forgotten repertoire of the Greek Shadow Theater, alongside his own original plays, in permanent venues. He teaches Shadow Theater at the Department of Theater Studies, National and Kapodistrian University of Athens.

Syros International Film Festival (SIFF) 2019 Pre-Festival Screening

Wednesday 03/07 | 21.00 —————> PANORAMIC STEPS 15

The SNFCC in collaboration with Syros International Film Festival is hosting a pre-festival screening for the second consecutive year, with two very special films that reflect this year's theme, *Overexposure*, and signal at the same time the opening of SIFF's 7th edition.

Overexposure as a phenomenon spans from the photographic film to information overload, from natural disasters to the vulnerability of the human body, and beyond.

The pre-festival event at the SNFCC will begin with the screening of Luigi Campi's short film *Greengreen Screenscreen* (2017), an imaginative tutorial for the Green Screen, with countless images that spring from this monochrome surface with the use of special effects and, of course, with the help of the camera. Luigi Campi will be attending the screening and presenting his film.

At the second film screening, the audience will meet with the blistering sci-fi dystopia of *Halbe Welt* (1993), the first feature film of the Austrian filmmaker, Florian Flicker, which received, among others, the Jury Prize at Geradmer Fantasy Film Festival. In Flicker's cinematic world, the sun blazes down from the sky with destructive power. In order to survive, people have transposed everyday existence to the night. An exciting universe is revealed in which resistance and resilience create new forms of life in the "deadly sunny" metropolis where everyone is looking for a way to survive.

The 7th Syros International Film Festival will take place from 16 to 21 July 2019 in the island of Syros. Founded in 2013, SIFF embeds a wide spectrum of screenings, performances, workshops, and parties into the remarkable setting of Syros. Highlighting the island's cultural heritage, the Festival reactivates historical and repurposed sites as screening spaces, proposing for six days an augmented, unique cinematic experience.

The implementation of the Festival is realized with the exclusive support of the Stavros Niarchos Foundation (SNF).

Donor:  ΙΣΝ / SNF ΙΔΡΥΜΑ ΣΤΑΥΡΟΥ ΝΙΑΡΧΟΥ
STAVROS NIARCHOS FOUNDATION

Greengreen Screenscreen (2017) – Luigi Campi

Half World (Halbe Welt) (1993) - Florian Flicker



Social Ballroom: Swing

The Speakeasies Swing Band & Athens Boogie

Saturday 06/07 | 20.30 Class | 21.30 Concert/Party → AGORA 12



The popular SNFCC Social Ballroom series returns, with an evening dedicated to swing music. Vintage charm and unparalleled style take over the Agora, with an open lindy hop class and a dance show by Athens Boogie; the evening will culminate in a raucous dance party with a unique live show by The Speakeasies Swing Band!

Channeling their energy and passion for dancing into a unique, exhilarating experience, the Athens Boogie dance group introduces us to the most popular dancing figures from the Twenties to the Fifties and invites us to experience the swing culture.

The vintage sound of The Speakeasies Swing Band mixes swing, jazz, and blues rhythms. Since 2010, they have been touring in festivals all over Greece and abroad – from Great Britain to Thailand. They have shared the stage with the likes of Parov Stelar and Ray Collins; in 2017, they performed *Homesickness Blues* show in the Athens & Epidaurus Festival.

DIALOGUES:

Back to the Roots

Live-Streaming at the SNFCC

Saturday 13/07 | 17.00 → BOOK CASTLE 11

Free admission

What is the value of our roots? How easily do we find our way back to them? On the occasion of the “Vamvakou Revival Project”, July DIALOGUES travel to Vamvakou, a village built on the western side of the highest peak of Mount Parnon. DIALOGUES open up the discussion about the revitalization of places, driven by technology, innovation, extroversion, and respect for each place and its traditions.

On Saturday, July 13, invited speakers will exchange ideas and their experiences with the 11 village residents regarding development and sustainability models for remote areas, the role of culture, education, and health. In addition to the discussion that will take place as part of the DIALOGUES series, visitors will also participate in a number of activities in nature, a mountain run, and a big traditional celebration.

More information and preregistration about the event in Vamvakou: www.snf.org

A Walk in the Park

Staging: Georgina Kakoudaki
Guide: Orfeas Avgoustidis

Thursday 18/07 | 18.00-19.00-20.00 → Meeting point: VISITORS CENTER 23

Whether you are already familiar with the Stavros Niarchos Park or not, this new guided tour series will make you see the landscape in a different light.

With artists as their guide, visitors enjoy a walk in which nature, history, poetry and personal storytelling, crafted by director Georgina Kakoudaki, make for a new experience every time.

In July, our guide will be Orfeas Avgoustidis.

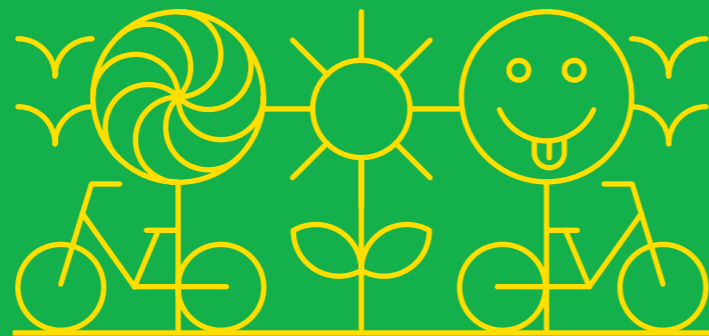
Orfeas Avgoustidis is an actor and director. He studied acting at Nelly Karra's Arhi Drama School and filmmaking at New York College in Athens. He made his cinematic debut in 2005, in Nikos Perakis' film *Loafing and Camouflage: Sirens in the Aegean*, and has since starred in television productions and major theatrical productions.

(up to 20 participants per guided tour)
Free admission by preregistration at SNFCC.org

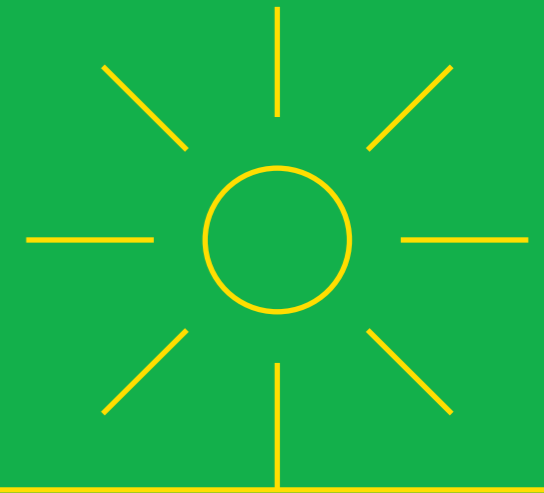


Weekends at the SNFCC

July weekends at the SNFCC offer environmental events, sports and the arts! Would you like to learn how to make your own handmade soap? Are you passionate about botany and the Mediterranean flora? Eager to practice your skating and cycling skills, or get to know the world of e-bikes? Or perhaps dream of an exciting island-hopping picnic? New summer programs await you in the Stavros Niarchos Park!



More information on our regular weekend events on p. 24-27



Botany: Drawing on Paper

Drawing inspiration from their immediate surroundings, children acquaint themselves with the Mediterranean flora in the Park. They learn about botany and botanical practice, while observing the physiology, texture and properties of each plant.

Then, using fine drawing pencils, colored pencils and rice paper, they capture in full detail the anatomy of plants and create their own botanical art collection.

Saturday 13/07
18.30-19.45

PINE GROVE 2

For children aged 6+ and their adult chaperones

(up to 25 participants on a first-come, first-served basis)

Design-Implementation:
M art



An Island-hopping Picnic: Rhodes, Corfu, Santorini, Crete

The summer is here, and we are ready for a picnic on the beach! Our baskets will be empty this time around so that we may fill them up with flavors and artworks from the islands we visit!

In a fun game, flipping arrows on a map tablecloth, we travel from the Ionian Sea to the Dodecanese, exploring the "treasures" in store on Greek islands, immersing ourselves in images and discovering the unique flavors that each island is famous for. With paper, paints and a great mood for play and exploration, we prepare for the coolest picnic of the summer!

Sunday 14, 21, 28/07
18.30-21.00

PINE GROVE 2

For families with children aged 4+

(up to 40 participants per 30' on a first-come, first-served basis)

Design-Implementation:
Playroom

Summer Mediterranean Garden Secrets

A series of meetings and workshops focusing on the colors, scents and medicinal properties of Greek summer garden plants and herbs.

In July, we experience the natural beauty of a xerothermic Mediterranean garden. We learn about shrubs, succulents, evergreen sclerophylla, medicinal and aromatic herbs, as well as the Greek summer vegetable garden. We enjoy the colors and scents of these plants in a guided tour in the Stavros Niarchos Park.

Saturday 13, 20/07
18.30-20.30

MEDITERRANEAN GARDEN 10

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Panagiotis Papadopoulos,
Agronomist MSc – Med
Culture/Open Farm

Roller Skates for adults

Recreation, exercise or transport? Skating ticks all the boxes! Practice your balance while skating, in self-contained introductory classes for adults.

No previous experience required.

Participants are requested to bring their own equipment (skates, helmet, knee pads).

Sunday 14/07
18.30-20.30

VISITORS CENTER 23

For adults

(up to 15 participants on a first-come, first-served basis)

Design-Implementation:
Powerskate.eu
skate academy,
Yannis Kousparis,
certified instructor
(ICP levels 1, 2, 3)

E-bikes: Test The Future

SNFCC introduces you to the world of e-bikes, in a great opportunity to try out the growing trend in urban and recreational cycling.

We invite you to enjoy a unique experience, cycling on the SNFCC bike lanes!

Sunday 21/07
18.00-22.00

VISITORS CENTER 23

For ages 18+

(on a first-come, first-served basis)

Design-Implementation:
MBike



Cycling Classes for Children and Adults

Children are introduced by experienced trainers to simple techniques that enable them to enjoy cycling without training wheels, while also helping those who already know how to ride to improve their skills. For adults who wish to learn how to ride a bike, specially designed classes are available.

Participants are encouraged to bring their own bicycle.

Sunday 28/07
18.00-22.00

VISITORS CENTER 23

For children aged 3-10 and their adult chaperones, and adults

(on a first-come, first-served basis)

Design-Implementation:
MBike

The Art of Soap Making

In July, a course for learning how to make natural, handmade soap is launched. The workshop aims to familiarize participants with the fundamentals of the soap-making process, while also introducing the necessary equipment, safety measures and procedures, as well as discussing the use of essential oils and other additives. In the last part of the workshop, we build our own soap and find practical solutions to any problems that may arise.

Saturday 27/07
18.00-21.00

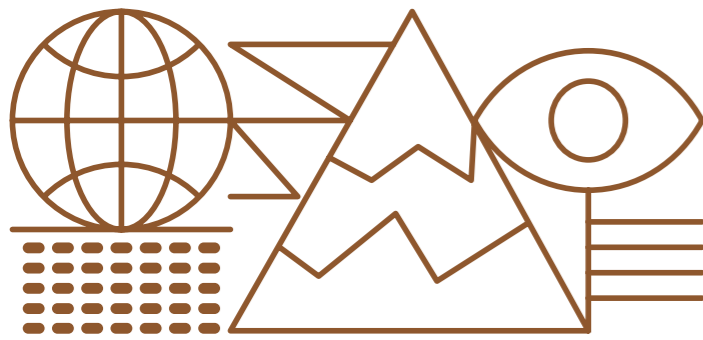
WATER JETS 8

For children aged 10+ and their adult chaperones

(up to 20 participants, 10 children and 10 adult chaperones, by preregistration at SNFCC.org)

Design-Implementation:
Stavroula Katsoyanni,
Agronomist – Landscape
Architect
Stamatis Kavassilis,
Agronomist –
Soil Specialist





On July's Mondays, fairy tales and images, the art of pottery and shadow theater all come to life at the SNFCC, putting us in touch with Greece and its heritage – what we call *our land*! Tell stories and listen to tales from Greek mythology and folklore, shape clay, unleash your imagination, and enjoy Karagiozis shadow theater shows. Experience the power of tradition through SNFCC's new events for people of all ages!

On 15, 22 & 29/07 the day rounds off with Shadow Puppet Theater at the Panoramic Steps and with a journey in the adventures of Karagiozis! More information on page 10.

Our Land

Fairy Tales and Images

In a fun, relaxed atmosphere, parents acquire the first, simple stories that they can tell their babies – tales from Greek mythology and folklore, on themes such as the sky, sea, sun, moon, the stars and the earth, are presented in an evocative manner, providing an authentic experience of communication and creativity for children.

Alongside their chaperones, children create their first artworks and share experiences that foster socialization through inspired sensory play.

Monday 08, 15, 22, 29/07
10.00-11.00
11.30-12.30

KIDS LAB 11

For babies aged 3 to 9 months and their adult chaperones

(up to 30 participants, 10 babies and 20 adult chaperones, by preregistration at SNFCC.org)

Design-Implementation:
Anna Konstantinou,
Non-competitive games animator
Katerina Momitsa, Artist



Ceramics Lab: From the Tile Maker to the Potter

Pottery is an art involving earth, water and fire. Examples of antique pottery and contemporary design stimulate workshop participants to a hands-on exploration of pottery making and decorating techniques, while learning interesting tidbits about the art of pottery. Together, children and grown-ups use unformed, natural clay to build forms by hand, translating imagination into art through creativity.

The origins of ceramics: In July's sessions, a 7,000-year-old painted pot and a clay figure will take you through a journey of initiation into the primeval art of pottery.

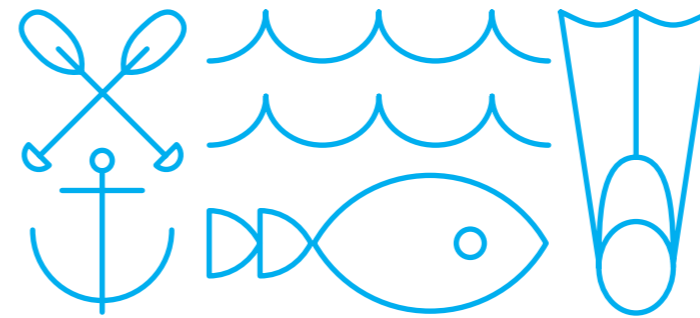
Monday 22, 29/07
18.30-20.30

MEDITERRANEAN GARDEN 10

For children aged 5-10 and their adult chaperones

(up to 12 children and 12 adult chaperones by preregistration at SNFCC.org)

Curation: Nikos Liaros,
Archeologist – Ceramic Artist
Design-Implementation:
Erianna Arvaniti,
Educator – Ceramic Artist
Thalassini Bratsou, Art Historian – Ceramic Artist



Water

Sailing the Canal

The ever-popular sailing events await you to join them, featuring different types of boats both in the Canal and on dry land.

Wednesday 10, 17, 24, 31/07

& Thursday 11, 18, 25/07

17.30-18.30
for children aged 6-9 & 6-14 with mental disabilities*
18.30-19.30
for children aged 9-14 & 6-14 with mental disabilities*
19.30-20.30
for teens* aged 15+ and adults with or without mental disabilities

CANAL 14

(up to 15 participants per 60' by preregistration at SNFCC.org)

**Children must be accompanied by an adult chaperone*

In collaboration with the Kalamaki Yacht Club

July's Wednesdays are dedicated to water! In a wealth of art workshops and theatrical adventures, discover everything water-related, turn into pirates, and embark on an exciting treasure hunt! Have fun while learning how to enjoy the water safely and all about the seabed and its protection by joining our original activities and talks. Last but not least, enjoy a boat ride in the SNFCC Canal in one of our sailing events!

On the Water

In the warmest summer month, children come into contact with the element of water and everything sailing-related. They learn about the sea, rivers, streams, canals, and everything that floats on them. They play with boats, sing, row, raise the sails and work in teams, in the multi-sensory environment of the Kids Lab, in a different seascape every time!

Wednesday 10, 17, 24, 31/07

10.00-11.00
11.30-12.30

KIDS LAB 11

For children aged 1-3 and their adult chaperones

(up to 20 participants per hour by preregistration at SNFCC.org)

Design-Implementation:
Irene Persidou, Art Historian,
Educational Entertainer

Assistant animator:
Theodora Valsami, Music Educator

Summer Theater Adventures: Ahoy! We're Pirates!

The Water Jets transform into a seashore where secrets and cool stories are in store, inviting you to the most incredible summer theatrical adventure for families!

Get onboard our pirate ship, raise the sails and join in the treasure hunt. Travel around the world, in individual and group theatrical activities in which you play the leading role.

Wednesday 10/07
18.30-20.00

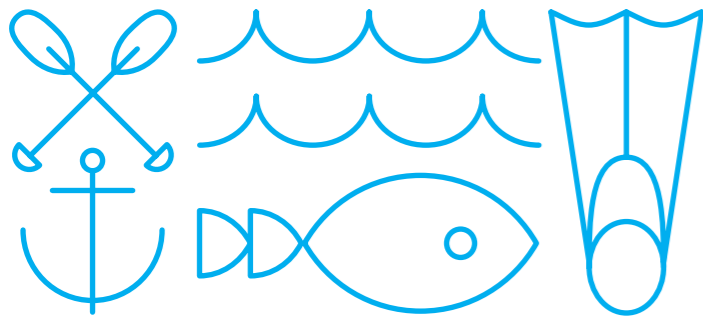
WATER JETS 8

For children aged 3-5 and their adult chaperones

(up to 20 participants per hour by preregistration at SNFCC.org)

Design-Implementation:
Arts in the Mixer





Water



Ghost Nets

Leaving dry land behind for a while, we dive deep into the sea, looking for left or lost ghost nets, which haunt the seabed and ensnare fish, turtles, dolphins and other species.

How did they end up there? What problems do they cause to the sea bottom? What can we do?

Through original activities, children discover the causes and effects of ghost nets; they also get an opportunity to chat with a technical diver from Ghost Fishing Greece, an organization engaged in removing lost fishing gear from the sea.

Wednesday 24/07
18.30-20.00

WATER JETS 8

For children aged 11-13

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Healthy Seas / Irene Dimitriou, Music Educator
Katerina Tsikalaki, Biologist

Panel discussion: Fishers, Ghost Nets and Circular Economy

Scientists estimate that 640,000 tons of fishing gear end up lost in the seas and oceans every year.

Not being biodegradable, nets remain on the seabed for hundreds of years, causing great damage to the marine ecosystem. Non-profit initiative Healthy Seas – A Journey from Waste to Wear, in collaboration with Enaleia, the first professional fishing school in Greece, talk about the invisible yet significant issue of ghost nets, what it means for fishermen, and the solutions afforded by circular economy.

Wednesday 17/07
18.30-20.00

BOOK CASTLE 11

(on a first-come, first-served basis)

Speakers:
Jenny Ioannou, Communications Coordinator, Healthy Seas
Lefteris Arapakis, Director/Co-founder, Enaleia

Swim Safely with Safe Water Sports

Now that summer's here, join Octopus Safe in a Safe Water Sports event at the Stavros Niarchos Park's Water Jets to learn how to enjoy the water and beach safely. Unleashing your imagination, swim in pristine waters together with your favorite Playmobil figures! Identify the dangers lurking on our imaginary beach, tell your own stories and learn what to watch out for on the beach and while swimming in the sea or pool.

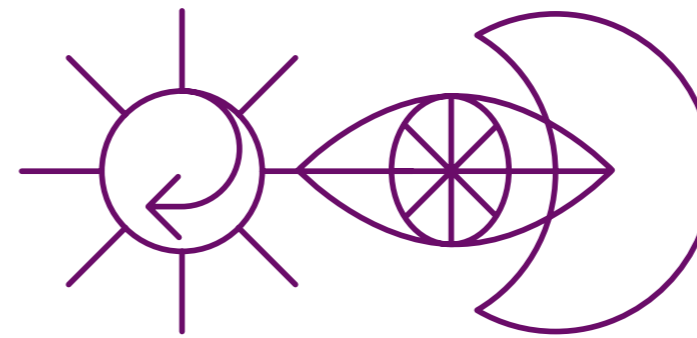
Wednesday 31/07
18.30-20.30

WATER JETS 8

For children aged 5-12

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Safe Water Sports



Sky

Starry Nights: Moon and Jupiter

In collaboration with the National Observatory of Athens (NSA), the SNFCC launches a new event series, inviting the public to enjoy unique thematic evenings under the stars.

In a talk and astronomical observation using NSA's telescopes in the Southern Walks, we observe the celestial dome: the Sun, the Moon, the planets, stars and constellations, and how they are identified in this specific time of year.

In July's session, we will explore the Moon and Jupiter, and learn about their characteristic features, their birth, as well as their similarities and differences with the Earth.

Thursday 11/07
21.00-23.00

SOUTHERN WALKS 3

For adults

(up to 50 participants by preregistration at SNFCC.org)

Design-Implementation:
National Observatory of Athens / Dr Lazaros Koutoulidis and Dr Vaggelis Kolokotronis

Summer Theater Adventures: Let's Go to Space!

Have you ever been on board a spaceship? Ours is taking off in 5, 4, 3, 2, 1 at the SNFCC!

An experimental journey of discovery and fun for the whole family begins, with individual and group theatrical activities! Come aboard to meet the space heroes. Play with space paper toys and improvise your own intergalactic story.

Sing along with astronauts and meet the extraterrestrial inhabitants of the most distant galaxy!

Thursday 11/07
18.30-20.00

MEDITERRANEAN GARDEN 10

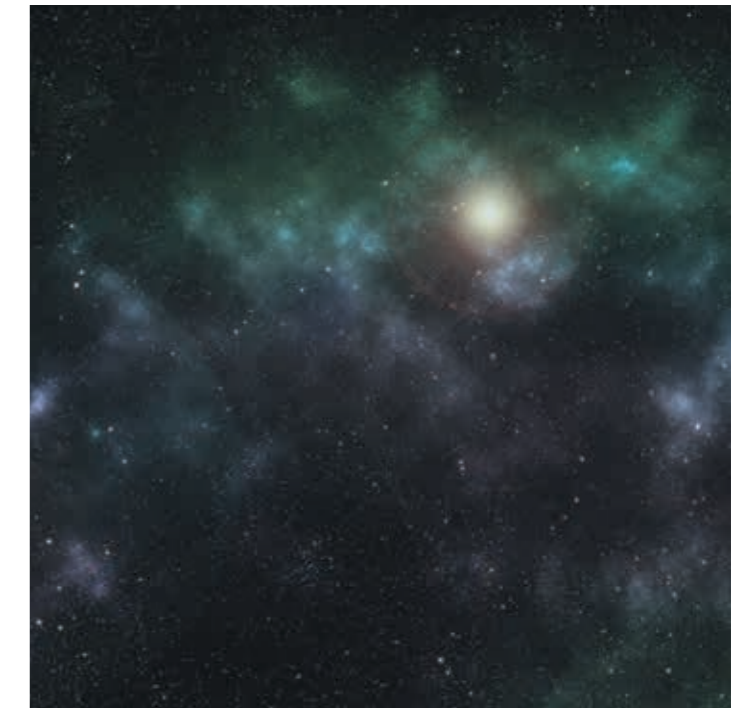
For children aged 3-5 and their adult chaperones

(up to 20 participants per workshop by preregistration at SNFCC.org)

Design-Implementation:
Arts in the Mixer

On Thursday evenings in July, we look up and become acquainted with the sky and the stars! Join us and observe the Moon, planets and constellations by telescope! Travel to distant galaxies in our theatrical games – who knows, you might get to meet with aliens! Follow the path of the Sun and explore SNFCC's sustainable architecture.

On 11, 18 & 25/07, Thursdays round off with a film under the stars! More information on page 08.



Sunlight turns into space!

In this workshop on architecture and solar energy, architectural space manifests itself on the path of sunlight. Inspired by SNFCC's energy canopy designed by Renzo Piano, children get acquainted with the concepts of sustainable architecture.

Shading, cooling and solar energy conversion are woven into a new and exciting story through the eyes of children, who build a small-scale canopy model of their own.

Thursday 18/07
18.30-20.00

MEDITERRANEAN GARDEN 10

For children aged 8-12

(up to 20 participants by preregistration at SNFCC.org)

Design-Implementation:
athens superscript



What better to do on a Friday than go dancing? Feel the rhythm in movement, but also learn to appreciate it in the art of sculpture. Discover another aspect of dance through the chorus of an Aristophanic comedy and create artworks inspired by dance. Indulge in hula hoop tricks and feel the power of movement as you practice the steps of Greek folk dances or romantic Argentine tango.

Dance, Dance, Dance!

Sculpture and Dancing: From Material to Movement

Throughout the centuries, sculpture has been inspired by the human body and movement. Using various forms and compositions, sculpture was able to express the immutable and the monumental, as well as the ephemeral and the abstract.

This workshop invites the public to explore the interconnection of sculpture and dance through the use of simple, everyday materials, such as paper, wood, wire and plaster – this is a fun opportunity for participants to explore the history of art.

Participants in July's session will explore twentieth-century sculpture, with an overview of major artists and movements. They will consider the key elements – composition, space, tension and rhythm – and will produce small compositions of their own, using acrylic clay.

Friday 05/07
18.30-21.30

KIDS LAB 11

For adults

(up to 20 participants by preregistration at SNFCC.org)

Design-Implementation:
Pavlos Nikolakopoulos, Artist

Dance Differently: From Aristophanes to Keith Haring

Starting with an overview and the highlights in the evolution of dance – from Greek drama and Aristophanes to Diaghilev's Ballets Russes and Keith Haring's dancing figures – this new workshop invites you to explore the intersection of the visual arts and dance, creating a different art piece each time, inspired by a dance-themed artwork.

The Birds: The language of birds

July is dedicated to Aristophanes and his comedy *The Birds*, which narrates the tale of two friends leaving Athens in pursuit of a new city. They find it in Nubicuculia, the land of birds.

Drawing inspiration from Aristophanes' play, we explore the symbolism of birds in painting and dance, using it to create our own art with common, everyday materials.

Friday 19, 26/07
18.30-21.00

WATER JETS 8

For children aged 8-12 and their adult chaperones

(up to 10 children and 10 adult chaperones by preregistration at SNFCC.org)

Design-Implementation:
Maro Michalakakou, Artist



Summer Hoop Jam at the Stavros Niarchos Park

Hoop It! and Sunny Diz invite you to a two-hour game with music, colorful hula hoops and positive energy. Come and meet the most fun community in Athens, learn new hula hoop tricks and experience the wonderful world of hoop dance, together with people who share the same passion for the plastic wreath, in the city's most beautiful park.

Get into comfortable clothes and your summer mood, bring your hula hoops and join the fun!

* Hoopers of all levels are welcome to the Summer Hoop Jam.

A limited number of hoops will be available.

Friday 12/07
19.00-21.00

MEDITERRANEAN GARDEN 10

For teenagers aged 17+ and adults

(on a first-come, first-served basis)

Design-Implementation:
Hoop It! - Sunny Diz



Greek Folk Dance Classes

Greek folk dance classes with teachers from the Dora Stratou Dance Theater, the living museum of Greek dance, established in 1953.

Participants will learn popular dances from all regions of Greece, in their authentic form, while also discovering the region, occasion, music, costume and other folklore elements associated with each dance.

Friday 19/07
19.30-21.00

SOUTHERN WALKS 3

For adults

(up to 50 participants on a first-come, first-served basis)

Design-Implementation:
Dora Stratou Dance Theater

Tango Class

Tango Factory and tango dancer, choreographer and teacher Luis Mestre from Buenos Aires are coming to the SNFCC to introduce us to the most romantic dance in an open-class course.

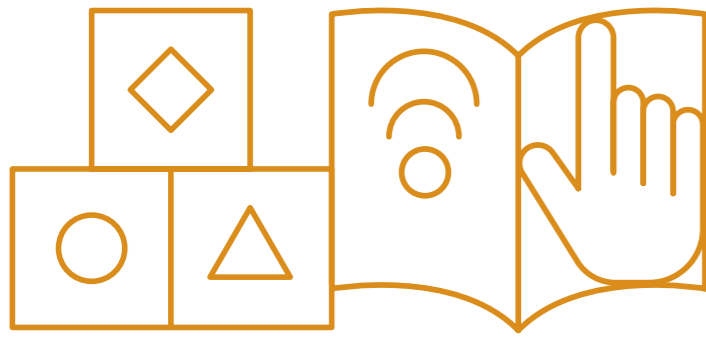
(up to 20 couples on a first-come, first-served basis)

Design-Implementation:
Tango Factory - Luis Mestre

Friday 26/07
19.30-21.30

SOUTHERN WALKS 3

For adults



Education



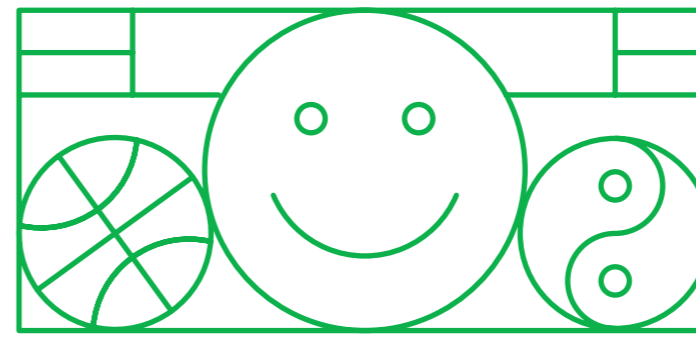
Computer Courses for persons aged 65+

Introductory courses in digital skills, intended for users with no previous experience who seek to familiarize themselves with using a computer and learn how to perform basic tasks, such as word processing or web browsing – skills that will enable them to carry out everyday tasks.

Monday-Friday
10.00-11.00, 11.30-12.30

PC LAB 11
(up to 16 participants on a first-come, first-served basis)

**Using simple and practical learning steps, this course is geared towards novice users aged 65+ as well as everyone wishing to gain a basic mastery of the subject.*



Sports & Wellness



An ideal location for sports, Stavros Niarchos Park invites everyone to join our Sports & Wellness programs.

Penny Marathon

For a third year, the SNFCC is hosting Penny Marathon's last 10k, in which participants can run or cycle. You can bring your dog, too, for the last 2k!

Sunday 21/07
09.00

VISITORS CENTER 23

More information:
www.pennymarathon.com

Penny Marathon began in 2012 in Athens as an initiative by two Greek-Australians. Although not runners themselves, they decided to start a project to raise awareness of stray animals, whose number exceeds 600 million worldwide. The marathon was named after Penny, a stray dog that, like thousands of others, could not survive on streets of Athens. In support of stray animals in Greece and the volunteers who give their best for them, Penny Marathon participants run, swim, cycle and paddle for a total of 42km.

Fitness for everyone

Experienced physical education instructors are available at the outdoor gym and the running track to offer advice and training recommendations, and provide your personal fitness evaluation.

Monday 08, 15, 22, 29/07
 Tuesday 09, 16, 23, 30/07
 Wednesday 10, 17, 24, 31/07
 Thursday 11, 18, 25/07
 Friday 12, 19, 26/07
 18.30-21.30

RUNNING TRACK 6

For adults

(on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Yoga in the Park

Yoga helps coordinate physical movement and mental processes through gentle practice involving breathing, asana postures, and relaxation. Through gentle, controlled breathing, participants gain peace of mind, self-control and concentration, and develop positive thinking.

Participants should bring their own yoga mat and wear comfortable clothes.

Monday 08, 15, 22, 29/07
 Friday 12, 19, 26/07
 19.00-20.30

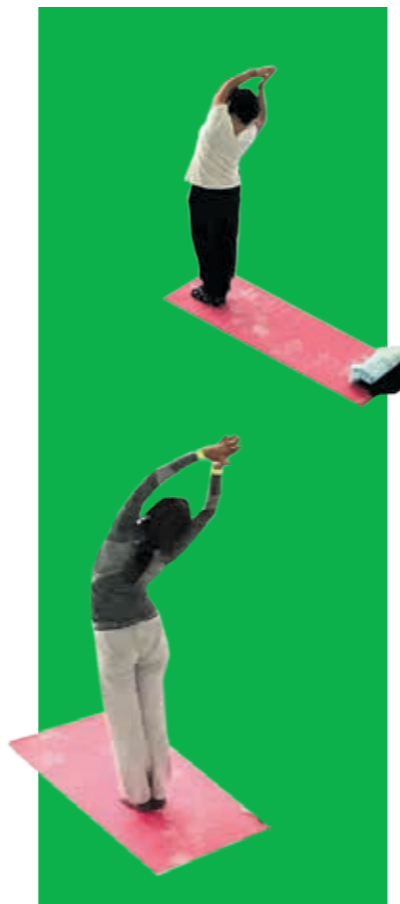
Tuesday 09, 16, 23, 30/07
 Thursday 11, 18, 25/07
 08.00-09.30

PANORAMIC STEPS 15

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress



Sports for Seniors

Exercise is the most powerful tool for preventing and treating chronic conditions, including diabetes, heart disease and obesity. This new program benefits adults over 65 as well as younger persons who suffer from chronic ailments. Sports Excellence staff (physical education teachers, physiotherapists, cardiologists) design and implement custom-tailored programs featuring walking, yoga, resistance bands, dumbbells and ground exercises. Each participant's weekly activity will be recorded, and their physical condition will be evaluated every three months.

A certificate of fitness issued by a pathologist or cardiologist is required.

Monday 08, 15, 22, 29/07
 Wednesday 10, 17, 24, 31/07
 Friday 12, 19, 26/07
 10.00-10.50

MAKER SPACE 11

For ages 65+

(up to 8 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Tai Chi

An ancient Chinese martial art evolved into a pleasant and low-intensity form of exercise. Slow, focused movement and deep breathing help to reduce stress and anxiety, while increasing flexibility and balance. Tai Chi is suitable for all ages and all fitness levels.

Beginners
 Tuesday 09, 16, 23, 30/07
 18.00-19.15

RUNNING TRACK 6

Sunday 14, 21, 28/07
 08.30-09.45

GREAT LAWN 1

Advanced
 Friday 12, 19, 26/07
 19.00-20.15

RUNNING TRACK 6

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Mat Pilates - Beginners

A creative way to keep in shape, Pilates helps us to strengthen our core and improves flexibility and balance. Performed on a mat, the workout is suitable for people of all ages and levels.

Participants should bring their own pilates mat and wear comfortable clothes.

Monday 08, 15, 22, 29/07
 Wednesday 10, 17, 24, 31/07
 Friday 12, 19, 26/07
 07.45-09.00

Tuesday 09, 16, 23, 30/07
 18.00-19.00

Thursday 11, 18, 25/07
 19.00-20.00

PANORAMIC STEPS 15

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Mat Pilates - Advanced

A dynamic pilates course for advanced students that emphasizes on flow and rapid change of positions. Changing positions is done in a way that strengthens the muscles, enhancing the body's resilience.

Participants should bring their own pilates mat and wear comfortable clothes.

Tuesday 09, 16, 23, 30/07
 19.00-20.00

Thursday 11, 18, 25/07
 18.00-19.00

PANORAMIC STEPS 15

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Qigong 50+

Age-old Chinese practice suitable for all fitness levels, in a program designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control.

Wednesday 10, 17, 24, 31/07
 Thursday 11, 18, 25/07
 18.00-19.15

GREAT LAWN 1

For ages 50+

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress



SNFCC Running Team

The Park's running aficionados join forces in a team that trains every Tuesday and Saturday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and support.

Tuesday 09, 16, 23, 30/07
18.30-20.00
Saturday 13, 20, 27/07
08.30-10.00

RUNNING TRACK 6

For ages 15 +

(up to 50 participants on a first-come, first-served basis)

*Teenagers aged 15-18 must have written parental/guardian consent to participate

Design-Implementation:
Regeneration & Progress



Kayaking the Canal

This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the SNFCC!

Friday 12, 19, 26/07
Saturday 13, 20, 27/07
Sunday 14, 21, 28/07
17.30-20.00

CANAL 16

(at the side of the Visitors Center)

For children aged 8+ and adults

(up to 20 participants per 30' session by preregistration at SNFCC.org)

*Children under 15 years old must be accompanied by an adult chaperone

Design-Implementation:
Regeneration & Progress

Sports Games

A recreational activity for children in the Park, aimed at fostering sporting spirit. Action, interactive and musical movement games take the form of team sports, providing opportunities to collaborate, communicate and exercise.

Monday 08, 15, 22, 29/07
Wednesday 10, 17, 24, 31/07
18.00-19.15

GREAT LAWN 1

For children 5-10 years old

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Team Playing (Football Skills)

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

Monday 08, 15, 22, 29/07
Tuesday 09, 16, 23, 30/07
Wednesday 10, 17, 24, 31/07
18.00-21.00

OUTDOOR GAMES AREA 25

ages 5-7: 18.00-18.30
ages 5-7: 18.30-19.00
ages 8-10: 19.00-19.30
ages 8-10: 19.30-20.00
ages 11-13: 20.00-20.30
ages 11-13: 20.30-21.00

For children 5-13 years old

(up to 12 children per 30' session on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Artistic Gymnastics

Doing somersaults, running, and turning all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential!

Tuesday 09, 16, 23, 30/07
18.00-19.15

RUNNING TRACK 6

For children 3-6 years old

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Street Soccer 5X5

Football match events suitable for schoolage children (6-13) in five-member teams.

Thursday 11, 18, 25/07
Sunday 14, 21, 28/07
18.00-21.00

OUTDOOR GAMES AREA 25

ages 6-7: 18.00-18.30
ages 6-7: 18.30 - 19.00
ages 8-10: 19.00 - 19.30
ages 8-10: 19.30 - 20.00
ages 11-13: 20.00 - 20.30
ages 11-13: 20.30 - 21.00

For children 6-13 years old

(up to 10 children per 30' session on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Pétanque

Relatively unknown, pétanque is a sport that combines aiming accuracy, coordination and concentration. Competitors, playing either one on one or in teams, try to get as close as possible to a target, by throwing boules.

Sunday 14, 21, 28/07
18.00-20.00

ESPLANADE 17

For children aged 9+ and adults

(on a first-come, first-served basis)

*Children must be accompanied by an adult

Design-Implementation:
Regeneration & Progress

Family Games

An entertaining activity with games specially designed for children and families. Parents and adult chaperones are encouraged to play and collaborate with their children in the Park, sharing their educational stimuli and developing their imagination.

Saturday 13, 20, 27/07
19.00-20.30

GREAT LAWN 1

For children aged 5+ and their adult chaperones

(up to 50 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Mini Tennis

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

Friday 12, 19, 26/07
Saturday 13, 20, 27/07
18.00-21.00

OUTDOOR GAMES AREA 25

For children 4-10 years old (age group categories 4-7 & 8-10)

(up to 8 children per 30' session by preregistration at SNFCC.org)

*On Saturdays Mini Tennis turns to Blind Tennis for vision-impaired and blind persons

Design-Implementation:
Regeneration & Progress



Sporting Duels

Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

Friday 12, 19, 26/07
18.00-19.15

RUNNING TRACK 6

For children 5-10 years old

(up to 20 participants on a first-come, first-served)

Design-Implementation:
Regeneration & Progress



Youth Opera **I Capuleti e i Montecchi** Vincenzo Bellini Opera

05 & 13/07**Starts at:**
20.00**GNO STAVROS
NIARCHOS HALL** 13**Free admission upon
priority vouchers**

The Youth Opera summer production, which will be staged at the GNO Stavros Niarchos Hall, will be the opera *I Capuleti e i Montecchi* by Vincenzo Bellini and libretto by Felice Romani. The popular opera, which was first staged in 1830 in Venice, was inspired by themes from the Renaissance and less by Shakespeare's play. The work was an instant success and this led to 18 years of continuous stagings in European and American theatres, with protagonists such as Maria Malibran. GNO staged Bellini's opera during the artistic season 2015/16 at the Athens Concert Hall.

Conductor – Chorus master: Michalis Papapetrou**Director:** Nikoleta Filosoglou**Sets – Costumes:** Alexia Theodoraki**Head of Youth Operaprogram:** Vangelis Hatzisimos**With the participation of the Youth Opera students:**

Maria Alexandrou, Katerina Botoni, Chrysostomos Kalogridakis, Liana Kokosi, Giorgos Papadakis, Anna Smerou, Ioulia Spanou, Marinos Tarnanas, Aimilia Tsimidaki



Greek Youth Symphony Orchestra Concert GYSO reworks for symphony orchestra, band & electronics

21/07**Starts at:**
20.00**GNO STAVROS
NIARCHOS HALL** 13**Free admission upon
priority vouchers**

The Greek Youth Symphony Orchestra consists of young Greek musicians from all over Greece but also Greek musicians who live abroad. In its first season (2017/18), the GYSO gave four concerts at the GNO in the SNFCC, under the baton of its founder and conductor, Dionysis Grammenos. In the 2018/19 season, the GYSO participates with two concerts at the Stavros Niarchos Hall and one more at the Alternative Stage.

Works, orchestrations: Alexandros Livitsanos**Conductor:** Faidra Giannelou**Voice:** Katerina Douska

Presentation of the GNO Professional Dance School

12/07**Starts at:**
20.00**GNO STAVROS
NIARCHOS HALL** 13**Free admission upon
priority vouchers**

This is the annual presentation of the Professional Dance School of the GNO, which will take place on 12 July 2019 at the Greek National Opera Stavros Niarchos Hall at the Stavros Niarchos Foundation Cultural Center. The School's students present their own creations as well as pieces of the classical and contemporary repertoire taught by the School's teachers. The audience will have the opportunity of getting to know tomorrow's dancers and coming into direct contact with the creative aspect of the younger generation.

Artistic supervisor: Yannis Dontsakis

Guided Tours



Want to know more about the SNFCC? We offer daily **guided tours of its award-winning building complex**, home to the new premises of the Greek National Opera (GNO) and the National Library of Greece (NLG), designed by the Renzo Piano Building Workshop. Discover public areas and go backstage in the two buildings. We will visit the rehearsal spaces, the Stavros Niarchos Hall and the Greek National Opera's Alternative Stage, and stroll through the Library's Public Section, Reading Rooms and Vaults.

Guided tours of the Stavros Niarchos Park, which recently won the first prize at the European Garden Awards and is the largest public Mediterranean garden in the world, are conducted daily.

An example of state-of-the-art landscape architecture, the city's new Park is designed according to sustainability principles, with respect for the ecosystem and the challenges of an ever-changing environment. A welcoming, open space, whose vegetation and overall design capture the essence of the Mediterranean landscape, is open for visits daily.

- To find out more information, see the guided tours schedule and pre-register, please visit [SNFCC.org/tours](https://snfcc.org/tours).

- The guided tours follow a continuous walking route on the SNFCC premises, including the use of stairs and elevators.

- Please note that the Stavros Niarchos Park guided tours are subject to weather conditions.

- Discover the new series of guided tours, A Walk in the Park, on page 13.

Group tours

For more information on group tours please contact us at tours@snfcc.org

Permanent Exhibit

Monday-Sunday
06.00-00.00

SNFCC LOBBY 18

Spyros Louis Cup

Conceived and designed by Michel Bréal for the champion of the first Marathon race – the Greek runner Spyros Louis – the Silver Cup was awarded at the first modern Olympic Games in Athens in 1896; today, it is on permanent display at the SNFCC.

This historic item was acquired by the Stavros Niarchos Foundation when it became available for sale by the runner's grandson at Christie's. As soon as the Cup was acquired, the SNF committed to making it accessible to the public, keeping it permanently on display at the SNFCC.

Monday-Sunday
06.00-00.00

2nd FLOOR NLG 11

Afea, George Zongolopoulos

Greek artist George Zongolopoulos presented the sculpture *Afea* at the XXe Salon de la Jeune Sculpture in Paris in 1968, while it also featured at an open-air exhibition at Palais Royal in the same year. The sculpture is one of the few works in which the artist chooses to paint the metal he uses.

Being a painter himself, but also sharing the same studio with his wife, painter Eleni Paschalidou-Zongolopoulou, George Zongolopoulos was very keen on experimenting with ways to translate a sculpture into a sketch or painting, and vice versa.

The sculpture is exhibited courtesy of the George Zongolopoulos Foundation.

Useful Info

July opening hours

- **Stavros Niarchos Park:**
Monday - Thursday: 06.00-00.00
Friday - Sunday: 06.00-01.00
- **Lighthouse:** 06.00-00.00
- **Info Point at the SNFCC Lobby:**
08.00-22.00
- **Info Point at the Visitors Center:**
08.30-22.00

Event attendance

For some events, preregistration is required due to limited seating.

Accessibility

- The Stavros Niarchos Foundation Cultural Center is fully accessible to all.
- All entrances, lifts and the Running Track area are accessible to mobility-impaired persons.
- SNFCC provides parking spaces for mobility-impaired persons on the ground floor of the car park building, as well as wheelchairs for moving inside buildings.
- Wheelchair-accessible restrooms are located at the Visitors Center, the Park Kiosk and the Agora.
- Guide strips are available on all pathways leading to SNFCC premises and Stavros Niarchos Park.
- Guide dogs and hearing dogs are welcome in all SNFCC areas.
- Greek Sign Language is provided for specific events/lectures.

Pets

Pets are welcome at all SNFCC's outdoor areas except the Great Lawn, the Labyrinth, and the playgrounds. Pets must always be accompanied by their guardian, who must keep them under direct and constant supervision and clean up after them.

Wi-Fi

Free Wi-Fi is offered at SNFCC. Computers for public use are available on the premises of the National Library of Greece.

Free digital access to newspapers

Visitors can enjoy free access to over 5,000 newspapers and magazines in 60 different languages in digital form on pressreader.com.

Photography

Photography on SNFCC premises is permitted exclusively for private use.

For any commercial/promotional photo request, please email us at info@snfcc.org.

Use of drones is prohibited.

ATM

Piraeus Bank and National Bank of Greece ATMs are located at the SNFCC Lobby.

First-Aid

First-aid and medical facilities staffed by health professionals are available.

Please refer to the map on the next page.

Food & Drink

The following food & drink service points operate:

- **δ / Delta Restaurant** (GNO Level 5A)
Sunday 18.00-00.00
 - **Agora Bistro** (at the Agora)
Monday-Sunday 08.00-00.00
 - **Canal Café** (at the Visitors Center by the Canal)
Monday - Thursday 08.30-00.00
Friday - Sunday 08.30-01.00
 - **Pharos Café** (at the Lighthouse)
Monday-Sunday 09.00-00.00
Pharos Café's operating hours may change depending on events taking place at the Lighthouse.
 - **Park Kiosk** (in the Park)
Monday - Sunday 08.00-00.00
 - **Park Kiosk - Souvlaki** (by the Great Lawn)
Monday - Sunday 14.00-23.00
 - **Coffee & Juice Vans on Tour** (at the Agora)
Monday - Sunday 09.00-21.00
 - **Ice Cream Van on Tour** (at the Agora)
Monday - Friday 10.00-22.00
Saturday - Sunday 11.00-23.00
 - **Hot-dog Van on Tour:**
Saturday - Sunday 17.00-00.00
- SNFCC members have a 10% discount at all F&B points.

SNFCC Store

The SNFCC Store offers a broad and constantly evolving collection of design objects.

SNFCC Members enjoy a 10% discount.

Environmental Management

SNFCC earned the Platinum LEED certification as a green building – the highest distinction for environmental and sustainable buildings. LEED certification is regarded as the highest possible distinction for environmentally friendly, sustainable buildings. It certifies that a building has been designed and constructed following rigorous principles of sustainable construction and environmentally innovative practices that focus on water and energy efficiency, reduction of CO₂ emissions, indoor environment quality, the rational management of resources. SNFCC is the first cultural project of this scale to earn the LEED Platinum Certification in Europe.

Smoking

Based on the requirements of the LEED certification program earned by SNFCC, smoking is prohibited in all SNFCC indoor areas and within 8 meters of any building opening. In all other SNFCC outdoor areas, smoking is not prohibited; visitors are asked to use the floor ashtrays available in the area. We encourage visitors to refrain from smoking while enjoying the Park.

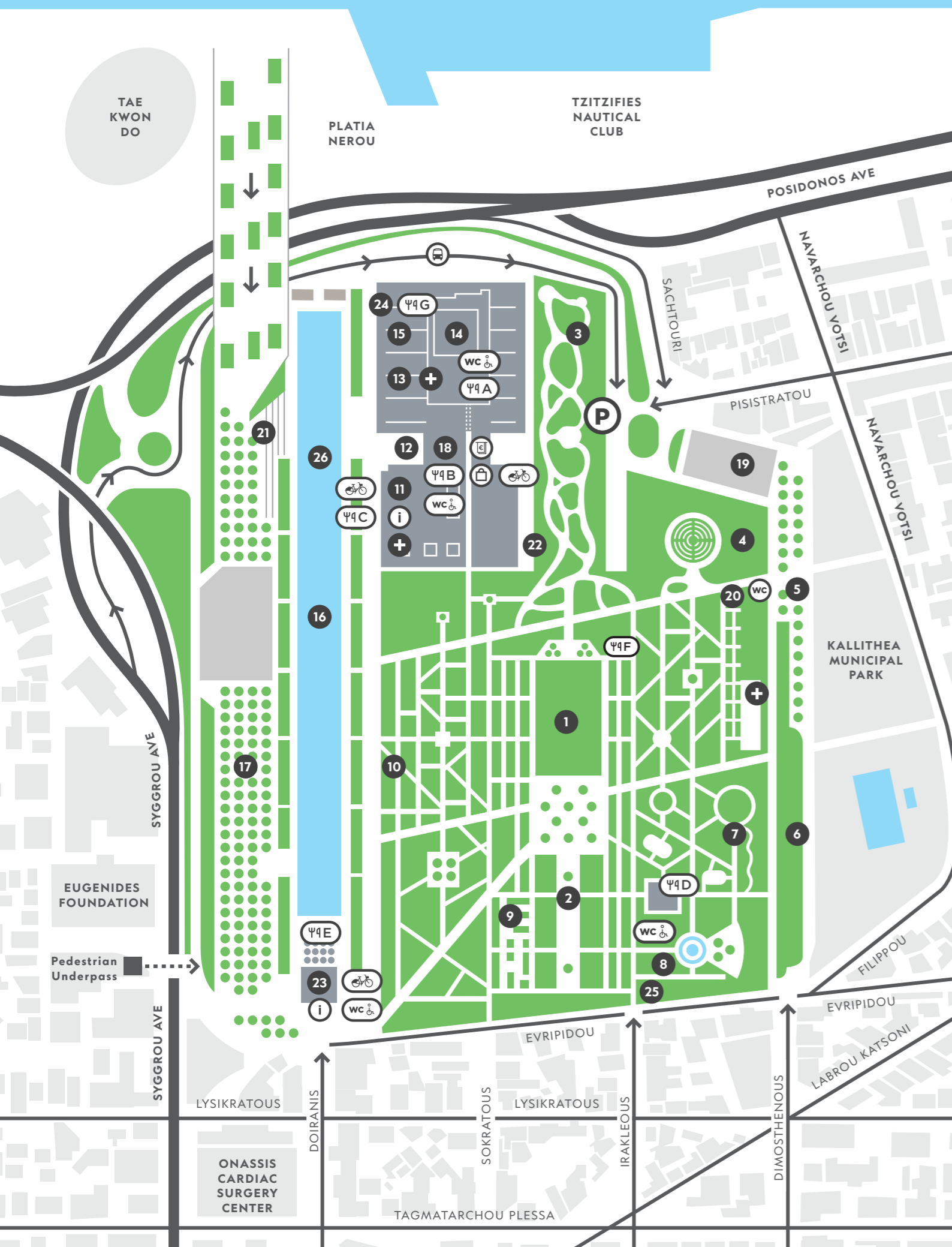
Bicycles

SNFCC offers a bike rental system for children and adults. Please visit [SNFCC.org/bikes](https://snfcc.org/bikes) for additional information, or inquire at the Visitors Center.

Furthermore, in collaboration with BP as its Mobility Partner, the SNFCC has installed bicycle repair stations by the Canal and the Visitors Center, where you can tune up your bike and find out more about its maintenance.

Mobility Partner





Map

Use the corresponding numbers on the map to locate a venue.

- 1 Great Lawn
 - 2 Pine Grove
 - 3 Southern Walks
 - 4 Labyrinth & Dome
 - 5 Outdoor Gym
 - 6 Running Track
 - 7 Playground
 - 8 Water Jets
 - 9 Sound Garden
 - 10 Mediterranean Garden
 - 11 National Library of Greece
 - 12 Agora
 - 13 Greek National Opera
 - 14 Lighthouse
 - 15 Panoramic Steps
 - 16 Canal
 - 17 Esplanade
 - 18 SNFCC Lobby
 - 19 Bus Parking Lot
 - 20 Vegetable Garden
 - 21 Canal Steps
 - 22 Buffer Zone
 - 23 Visitors Center
 - 24 Delta Hall
 - 25 Outdoor Games Area
 - 26 Canal Jets
 - SNFCC Bike Rental
 - SNFCC Store
 - Shuttle Bus Stop
 - First Aid
 - ATM
 - Info Point
-
- Ψ4A Pharos Café
 - Ψ4B Agora Bistro
 - Ψ4C Coffee & Juice Vans on tour
 - Ψ4D Park Kiosk
 - Ψ4E Canal Café
 - Ψ4F Park Kiosk - Souvlaki
 - Ψ4G δ / Delta Restaurant

Access

Public Transport

Buses

- 130: Piraeus – Nea Smyrni (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 217: Piraeus – Dafni Station (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 550: Kifissia – Faliro (Evgenideio Stop, Sygrou Avenue northbound, Onassio Stop southbound)
- 860: Palaio Faliro – Schisto (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- A1: Piraeus – Voula (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B1: Piraeus – Ano Glyfada (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B2: Academia – Agios Kosmas (Evgenideio Stop, Sygrou Avenue northbound, Onassio Stop southbound)

Trolleybus

- 10: Chalandri - Tzitzifies (Epaminonda Stop)

Tram

- Tzitzifies Stop

Metro

- Faliro Station

SNFCC is not responsible for any modifications on the public transportation's routes.

Parking

The SNFCC offers parking facilities for cars, motorbikes and bicycles, including dedicated spots for persons with disabilities.

Pricelist:

Cars
 00.00-19.00: €1,50/ hour
 19.00-00.00: €1,50/ hour
 with a maximum charge of €5

Monthly Offer:
 Monday-Friday 07.00-19.00:
 €100/ month

Motorcycles
 €0,70/ hour

SNFCC members enjoy a 10% discount

Free Shuttle Bus

For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Sygrou-Fix Metro station (Sygrou Avenue), and arrives at the SNFCC.

Every Sunday, between 10.30-12.30, the shuttle bus rides only between SNFCC and the Sygrou-Fix Metro Station since Syntagma is not accessible because of the Change of Guard ceremony.

In case of special traffic regulations the timetable may change.

The shuttle bus is accessible to people in wheelchairs, following prior scheduling via phone.

For further information and timetables visit SNFCC.org or call at 216 8091000.

BP, as SNFCC's Mobility Partner, supports the operation of the shuttle bus.

Mobility Partner



More information:
SNFCC.org

You can now make payments quickly and easily using major debits and credit cards, at the parking payment stations. Contactless payments are also accepted.

Monday

01

10.00-12.30 Computer Courses for persons aged 65+ p. 22

08

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 10.00-12.30 Fairy Tales and Images* .. p. 16
 18.00-19.15 Sports Games p. 27
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.30 Yoga in the Park p. 24

15

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 10.00-12.30 Fairy Tales and Images* .. p. 16
 18.00-19.15 Sports Games p. 27
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.30 Yoga in the Park p. 24

21.00 Shadow Theater: Karagiozis is coming to the SNFCC p. 10

Tuesday

02

10.00-12.30 Computer Courses for persons aged 65+ p. 22

09

08.00-09.30 Yoga in the Park p. 24
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 18.00-19.00 Mat Pilates - Beginners ... p. 24
 18.00-19.15 Artistic Gymnastics p. 27
 18.00-19.15 Tai Chi - Beginners p. 25
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.00 SNFCC Running Team p. 26
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.00 Mat Pilates - Advanced ... p. 24

16

08.00-09.30 Yoga in the Park p. 24
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 18.00-19.00 Mat Pilates - Beginners ... p. 24
 18.00-19.15 Artistic Gymnastics p. 27
 18.00-19.15 Tai Chi - Beginners p. 25
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.00 SNFCC Running Team p. 26
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.00 Mat Pilates - Advanced ... p. 24

Wednesday

03

10.00-12.30 Computer Courses for persons aged 65+ p. 22

21.00 Syros International Film Festival (SIFF) 2019 - Pre-Festival Screening ... p. 11

10

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 10.00-12.30 On the Water* p. 17
 17.30-20.30 Sailing the Canal* p. 17
 18.00-19.15 Qigong 50+ p. 25
 18.00-19.15 Sports Games p. 27
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.00 Summer Theater Adventures: Ahoy! We're Pirates!* p. 17
 18.30-21.30 Fitness for everyone p. 24

17

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 10.00-12.30 On the Water* p. 17
 17.30-20.30 Sailing the Canal* p. 17
 18.00-19.15 Qigong 50+ p. 25
 18.00-19.15 Sports Games p. 27
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.00 Panel discussion: Fishers, Ghost Nets and Circular Economy p. 18
 18.30-21.30 Fitness for everyone p. 24

Thursday

04

10.00-12.30 Computer Courses for persons aged 65+ p. 22

11

08.00-09.30 Yoga in the Park p. 24
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 17.30-20.30 Sailing the Canal* p. 17
 18.00-19.00 Mat Pilates - Advanced ... p. 24
 18.00-19.15 Qigong 50+ p. 25
 18.00-21.00 Street Soccer 5X5 p. 27
 18.30-20.00 Summer Theater Adventures: Let's Go to Space!* p. 19
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.00 Mat Pilates - Beginners ... p. 24
 21.00-23.00 Starry Nights: Moon and Jupiter* p. 19
 21.00 Park Your Cinema: Arsenic and old Lace p. 08

18

08.00-09.30 Yoga in the Park p. 24
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 17.30-20.30 Sailing the Canal* p. 17
 18.00-19.00 Mat Pilates - Advanced ... p. 24
 18.00-19.15 Qigong 50+ p. 25
 18.00-21.00 Street Soccer 5X5 p. 27
 18.00-21.00 A Walk in the Park* p. 13
 18.30-20.00 Sunlight turns into space!* p. 19
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.00 Mat Pilates - Beginners ... p. 24
 21.00 Park Your Cinema: The Producers p. 08

Friday

05

10.00-12.30 Computer Courses for persons aged 65+ p. 22

18.30-21.30 Sculpture and Dancing: From Material to Movement* p. 20

18.30-23.00 Schoolwave 2019 p. 06

12

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-19.15 Sporting Duels p. 27
 18.00-21.00 Mini Tennis* p. 27
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.15 Tai Chi - Advanced p. 25
 19.00-20.30 Yoga in the Park p. 24
 19.00-21.00 Summer Hoop Jam at the Stavros Niarchos Park p. 20
 21.00 Music Escapades: Erotica Project p. 07

19

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-19.15 Sporting Duels p. 27
 18.00-21.00 Mini Tennis* p. 27
 18.30-21.30 Fitness for everyone p. 24
 18.30-21.00 Dance Differently: From Aristophanes to Keith Haring* p. 21
 19.00-20.15 Tai Chi - Advanced p. 25
 19.00-20.30 Yoga in the Park p. 24
 19.30-21.00 Greek Folk Dance Classes p. 21
 21.00 Jazz Chronicles: Billy Pod p. 07

Saturday

06

18.30-23.00 Schoolwave 2019 p. 06

20.30 Social Ballroom: Swing ... p. 12

13

08.30-10.00 SNFCC Running Team p. 26
 17.00 DIALOGUES: Live-Streaming at the SNFCC p. 13
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-21.00 Mini Tennis* p. 27
 18.30-19.45 Botany: Drawing on Paper p. 14
 18.30-20.30 Summer Mediterranean Garden Secrets p. 14
 19.00-20.30 Family Games p. 26
 21.00 Parklife: Madeleine Peyroux p. 03

20

08.30-10.00 SNFCC Running Team p. 26
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-21.00 Mini Tennis* p. 27
 18.30-20.30 Summer Mediterranean Garden Secrets p. 14
 19.00-20.30 Family Games p. 26
 21.00 Parklife: The Best Years of Our Lives - A tribute concert to Loukianos Kilaidonis p. 04

Sunday

07

18.30-23.00 Schoolwave 2019 p. 06

14

08.30-09.45 Tai Chi - Beginners p. 25
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-20.00 Pétanque p. 26
 18.00-21.00 Street Soccer 5X5 p. 27
 18.30-20.30 Roller Skates for adults ... p. 14
 18.30-21.00 An Island-hopping Picnic p. 14
 21.00 Park Your Cinema Kids: The Jungle Book p. 09

21

08.30-09.45 Tai Chi - Beginners p. 25
 09.00 Penny Marathon p. 23
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-20.00 Pétanque p. 26
 18.00-21.00 Street Soccer 5X5 p. 27
 18.00-22.00 E-bikes: Test the Future ... p. 15
 18.30-21.00 An Island-hopping Picnic p. 14
 21.00 Park Your Cinema Kids: Bambi p. 09

Every Day

06.00-00.00 Spyros Louis Cup p. 30
 10.00-20.00 Guided tours of the Stavros Niarchos Park and the SNFCC p. 30
 06.00-00.00 Afea, George Zongolopoulos ... p. 30

*For events marked with *, preregistration at SNFCC.org is required.

*Online reservations for workshops or sports events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

*For events on a first come, first served basis, please arrive at the event venue 30 minutes before starting time.

Monday

22

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 10.00-12.30 Fairy Tales and Images* .. p. 16
 18.00-19.15 Sports Games p. 27
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.30 Ceramics Lab: From the Tile Maker to the Potter* p. 16
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.30 Yoga in the Park p. 24
 21.00 Shadow Theater: Karagiozis is coming to the SNFCC p. 10

29

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 10.00-12.30 Fairy Tales and Images* .. p. 16
 18.00-19.15 Sports Games p. 27
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.30 Ceramics Lab: From the Tile Maker to the Potter* p. 16
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.30 Yoga in the Park p. 24
 21.00 Shadow Theater: Karagiozis is coming to the SNFCC p. 10

Tuesday

23

08.00-09.30 Yoga in the Park p. 24
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 18.00-19.00 Mat Pilates - Beginners ... p. 24
 18.00-19.15 Artistic Gymnastics p. 27
 18.00-19.15 Tai Chi - Beginners p. 25
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.00 SNFCC Running Team p. 26
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.00 Mat Pilates - Advanced ... p. 24

30

08.00-09.30 Yoga in the Park p. 24
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 18.00-19.00 Mat Pilates - Beginners ... p. 24
 18.00-19.15 Artistic Gymnastics p. 27
 18.00-19.15 Tai Chi - Beginners p. 25
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.00 SNFCC Running Team p. 26
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.00 Mat Pilates - Advanced ... p. 24

Wednesday

24

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 10.00-12.30 On the Water* p. 17
 17.30-20.30 Sailing the Canal* p. 17
 18.00-19.15 Qigong 50+ p. 25
 18.00-19.15 Sports Games p. 27
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.00 Ghost Nets p. 18
 18.30-21.30 Fitness for everyone p. 24

31

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 10.00-12.30 On the Water* p. 17
 17.30-20.30 Sailing the Canal* p. 17
 18.00-19.15 Qigong 50+ p. 25
 18.00-19.15 Sports Games p. 27
 18.00-21.00 Team Playing (Football Skills) p. 27
 18.30-20.30 Swim Safely with Safe Water Sports p. 18
 18.30-21.30 Fitness for everyone p. 24

Thursday

25

08.00-09.30 Yoga in the Park p. 24
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 17.30-20.30 Sailing the Canal* p. 17
 18.00-19.00 Mat Pilates - Advanced ... p. 24
 18.00-19.15 Qigong 50+ p. 25
 18.00-21.00 Street Soccer 5X5 p. 27
 18.30-21.30 Fitness for everyone p. 24
 19.00-20.00 Mat Pilates - Beginners ... p. 24
 21.00 Park Your Cinema: The Party p. 08

Friday

26

07.45-09.00 Mat Pilates - Beginners p. 24
 10.00-10.50 Sports for Seniors p. 25
 10.00-12.30 Computer Courses for persons aged 65+ p. 22
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-19.15 Sporting Duels p. 27
 18.00-21.00 Mini Tennis* p. 27
 18.30-21.30 Fitness for everyone p. 24
 18.30-21.00 Dance Differently: From Aristophanes to Keith Haring* p. 21
 19.00-20.15 Tai Chi - Advanced p. 25
 19.00-20.30 Yoga in the Park p. 24
 19.30-21.30 Tango Class p. 21

Saturday

27

08.30-10.00 SNFCC Running Team p. 26
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-21.00 Mini Tennis* p. 27
 18.00-21.00 The Art of Soap Making* p. 15
 19.00-20.30 Family Games p. 26
 21.00 Parklife: Grandmaster Flash p. 05

Sunday

28

08.30-09.45 Tai Chi - Beginners p. 25
 17.30-20.00 Kayaking the Canal* p. 26
 18.00-20.00 Pétanque p. 26
 18.00-21.00 Street Soccer 5X5 p. 27
 18.00-22.00 Cycling Classes for Children and Adults p. 15
 18.30-21.00 An Island-hopping Picnic p. 14
 21.00 Park your Cinema Kids: Ice Age p. 09
 21.00 SIREN: Pontus Lidberg & Danish Dance Theatre* ... p. 02

Every Day

06.00-00.00 Spyros Louis Cup p. 30
 10.00-20.00 Guided tours of the Stavros Niarchos Park and the SNFCC p. 30
 06.00-00.00 Afea, George Zongolopoulos .. p. 30

*For events marked with *, preregistration at SNFCC.org is required.

•Online reservations for workshops or sports events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

•For events on a first come, first served basis, please arrive at the event venue 30 minutes before starting time.

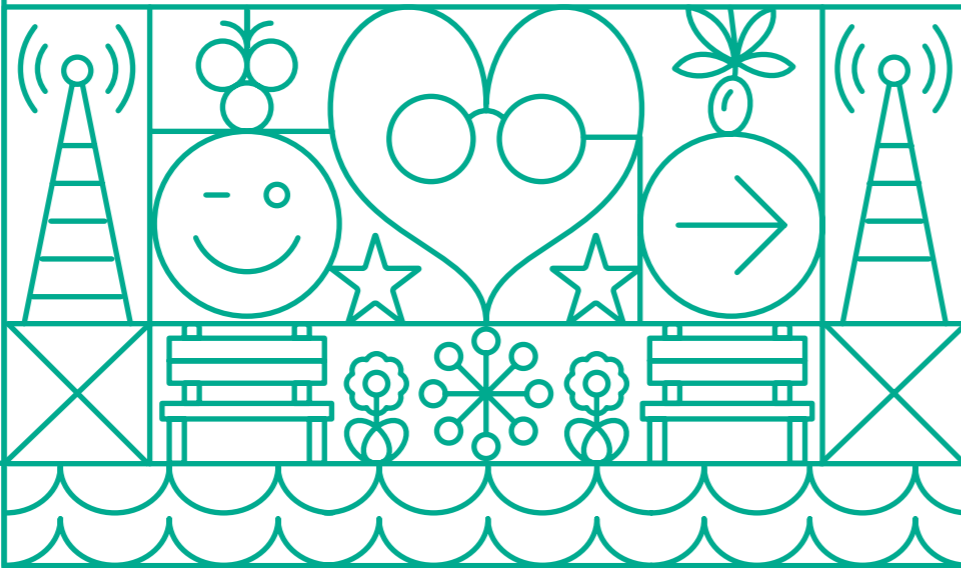
Photo credits:
 Pinelopi Gerasimou, Paul Kolnik, Yann Orhan, Loukianos Kilaidonis, Grandmaster Flash, Maschalidis Giorgos, Fotis Fotopoulos, Manthos Atheneos, The Speakeasies Swing Band, Orfeas Avgoustidis, Maria Cheilopoulou, Katerina Liakoupoulou

Events for SNFCC Members Only

Members' Tuesdays

A day dedicated to our Members!

Every Tuesday afternoon, discover the art forms of sculpture and ceramics, find out what the visual arts and dance have in common, practice in the making of natural handmade soap and go sailing!



Sculpture and Dance: From Material to Movement

Throughout the centuries, sculpture has been inspired by the human body and movement. Using various forms and compositions, sculpture was able to express the immutable and the monumental, but also the ephemeral and the abstract.

This workshop invites the public to explore the interconnection of sculpture and dance through the use of simple, everyday materials, such as paper, wood, wire and plaster – this is a fun opportunity for participants to explore the history of art.

Participants in July's session will explore twentieth-century sculpture, with an overview of major artists and movements. They will consider the key elements – composition, space, tension and rhythm – and will produce small compositions of their own, using acrylic clay.

Tuesday 09/07
18.30-21.30 | MEDITERRANEAN GARDEN 10

For adults | (up to 20 participants)

Design-Implementation: Pavlos Nikolakopoulos, Artist

SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC's appreciation towards Members.

Practical Info

All Member events require preregistration.

Preregistration for Member events starts every Monday.

Preregistration links are provided to Members via the SNFCC Members newsletter.

Telephone support line for Members only:
+30 216 809 1010
SNFCC.org/members

Are you a Member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers



Using your SNFCC Member card you enjoy 10% discount at:

- the F&B outlets
- parking
- SNFCC Store

The Membership Program is supported by:



In collaboration with:

Εθνική Βιβλιοθήκη της Ελλάδος (NB) National Library of Greece



The Art of Soap Making

A course for everyone who wishes to gain basic knowledge in the making of natural, handmade soap. The workshop aims to familiarize participants with the fundamentals of the soap-making process, while also acquainting them with the necessary equipment, safety measures and procedure, as well as with the use of essential oils and other additives. The last part of the workshop will provide opportunities for practice: Each participant will make their own soap, while getting practical tips for dealing with any issues that may arise during the process.

Tuesday 16/07
18.30-21.30 | MEDITERRANEAN GARDEN 10

For adults | (up to 20 participants)

Design-Implementation:
Stavroula Katsoyanni, Agronomist – Landscape Architect
Stamatis Kavassilis, Agronomist – Soil Specialist

Dance Differently: From Aristophanes to Keith Haring

Starting with an overview and the highlights in the evolution of dance – from Greek drama and Aristophanes to Diaghilev's Ballets Russes and Keith Haring's dancing figures – this new workshop invites you to explore the intersection of the visual arts and dance, creating a different art piece each time, inspired by a dance-themed artwork.

The Birds: The language of birds

July is dedicated to Aristophanes and his comedy *The Birds*, which narrates the tale of two friends who leave Athens in pursuit of a new city. They find it in Nubicuculia, the land of birds. Drawing inspiration from Aristophanes' play, we will explore the symbolism of birds in painting and dance, and use it to create our own art using common, everyday materials.

Tuesday 23/07
18.30-21.00 | MEDITERRANEAN GARDEN 10

For children aged 8-12 and their adult chaperones | (up to 10 children and 10 adult chaperones)

Design-Implementation: Maro Michalakakou, Artist

Ceramics Lab: From the Tile Maker to the Potter

Pottery is an art involving earth, water and fire. Examples of antique pottery and contemporary design stimulate workshop participants to a hands-on exploration of pottery making and decorating techniques, while learning interesting tidbits about the art of pottery. Together, children and grown-ups use unformed, natural clay to build forms by hand, translating imagination into art through creativity.

The origins of ceramics: In July's sessions, a 7,000-year-old painted pot and a clay figure will take you through a journey of initiation into the primeval art of pottery.

Tuesday 30/07
18.30-20.30 | MEDITERRANEAN GARDEN 10

For adults | (up to 20 participants)

Curation: Nikos Liaros, Archaeologist – Ceramist
Design-Implementation:
Erianna Arvaniti, Educator – Ceramist
Thalassini Bratsou, Art Historian – Ceramist

Sailing the Canal: Classes for SNFCC Members on the first Tuesday of every month

A series of sailing events, involving different vessel types, both in the Canal and on land, as well as innovative educational activities for children and adults.

Tuesday 09/07
17.30-18.30 for children aged 6-9 & 6-14 with mental disabilities*
18.30-19.30 for children aged 9-14 & 6-14 with mental disabilities*
19.30-20.30 for teens* aged 15+ and adults with or without mental disabilities

CANAL 16
(up to 15 participants per 60') | *Children must be accompanied by an adult chaperone

In collaboration with the Kalamaki Yacht Club

Learn more about the Membership Program and sign up at SNFCC.org/members, at the exclusive Members Info Point at the NLG lobby or the outdoors Info Point at the rear Agora.

SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC's appreciation towards Members.

Practical Info

All Member events require preregistration.

Preregistration for Member events starts every Monday.

Preregistration links are provided to Members via the SNFCC Members newsletter.

Telephone support line for Members only: +30 216 809 1010
SNFCC.org/members

Are you a Member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers



Using your SNFCC Member card you enjoy 10% discount at:

- the F&B outlets
- parking
- SNFCC Store

The Membership Program is supported by:

Priority reservation for Members:

SIREN: Pontus Lidberg & Danish Dance Theatre

Sunday 28/07

21.00 | STAVROS NIARCHOS HALL 13

One-day preregistration priority for Members + Guest: up to 300 seats | information on p. 02

Lectures:

Panel discussion: Fishers, Ghost Nets and Circular Economy

Wednesday 17/07

18.30-20.00 | BOOK CASTLE 11

Reserved seats for Members only – up to 30 participants | More information on p. 18

In collaboration with GNO

Opera: I Capuleti e i Montecchi by Vincenzo Bellini

Friday 05/07

20.00 | STAVROS NIARCHOS HALL 13

Reserved for Members + Guest | up to 200 seats

Ballet: GNO Advanced Professional Dance School

Friday 12/07

20.00 | STAVROS NIARCHOS HALL 13

Reserved for Members + Guest | up to 200 seats

Concert by the Greek Youth Symphony Orchestra (GYSO) GYSO reworks for symphony orchestra, band & electronics

Sunday 21/07

20.00 | STAVROS NIARCHOS HALL 13

Reserved for Members + Guest | up to 200 seats

Fit Members

A dynamic interval training workout, designed in stations, based on strength training, balance, and aerobic fitness training. The activity emphasizes flow and fast succession during a routine that is aimed at strengthening the muscles and enhancing strength and endurance through a fun workout.

Wednesday 10, 17, 24, 31/07

08.30-09.45 | RUNNING TRACK 6

For Members only: up to 30 participants per session | For ages 18–65
Design-Implementation: Regeneration & Progress

In collaboration with:



Learn more about the Membership Program and sign up at SNFCC.org/members, at the exclusive Members Info Point at the NLG Lobby or the outdoors Info Point at the rear Agora.

July at the SNFCC

07.

Summertime at the SNFCC, with new thematic events, workshops and seminars to discover every day!

The month begins with Schoolwave, coming back strong at the Stavros Niarchos Park for three days of music, on 05-07/07. **Peter Sellers, Cary Grant and Gene Wilder meet with Mowgli, Bambi and Scrat on the Great Lawn. Park Your Cinema features legendary comedies and children's favorites.** Nostalgic songs about unforgettable summertime romance, in an evocative Music Escapades concert known as the Erotica Project, on 12/07. **This season's first big Parklife outdoor concert features the unique Madeleine Peyroux on the Great Lawn, on 13/07.** A tribute concert to Loukianos Kilaidonis takes us back to the best years of our lives, on 20/07; while on 27/07, the legendary Grandmaster Flash, the '70s hip-hop pioneer, alights on the Great Lawn. **A traditional Greek shadow puppet theater screen is set up at the Panoramic Steps, and Karagiozis arrives at the SNFCC for three shows with Athos Danellis, on 15, 22 & 29/07.** Jazz Chronicles welcome Billy Pod, on 19/07. **The Greek premiere of dance performance SIREN by Swedish choreographer, filmmaker and dancer Pontus Lidberg, a co-production by the Danish Dance Theatre, the Festival Oriente-Occidente and the SNFCC, will be staged at the Stavros Niarchos Hall on 28/07.**

Exclusive donor:



ΙΔΡΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
STAVROS NIARCHOS FOUNDATION

Εθνική Βιβλιοθήκη
της Ελλάδος (EBE) National
Library (NLG) of Greece

