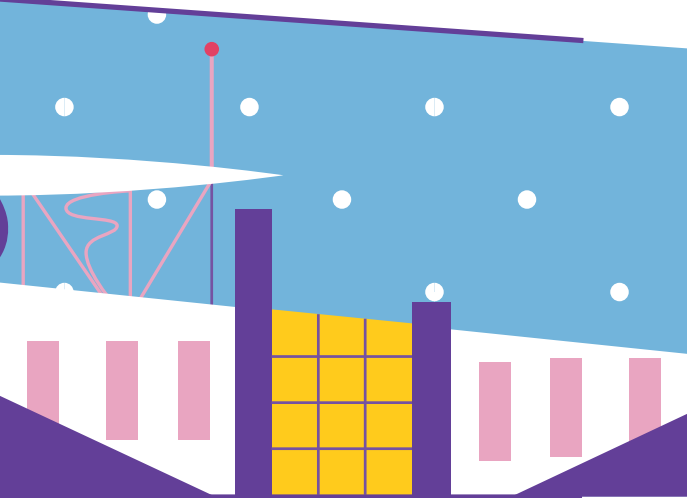
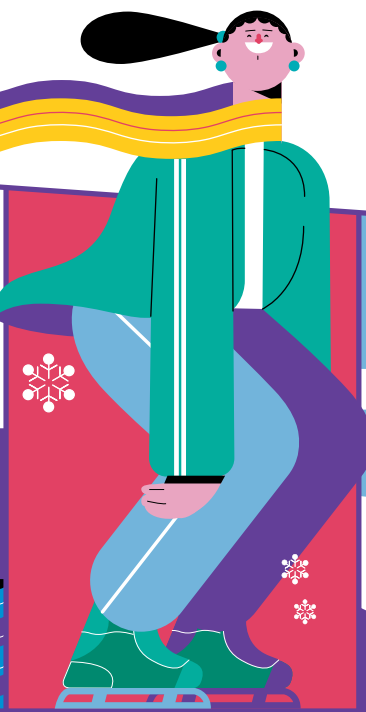
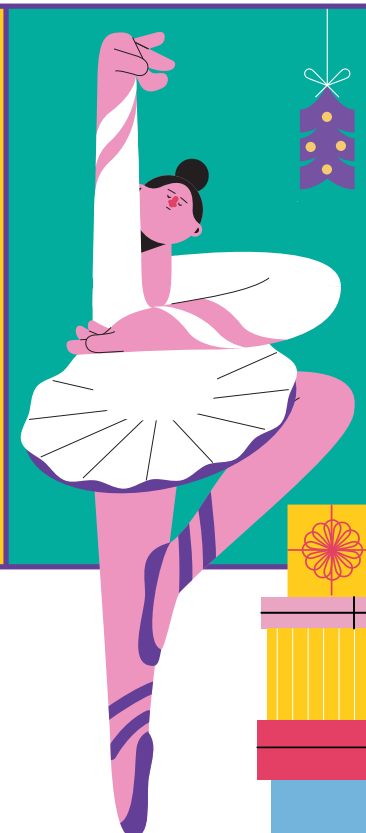
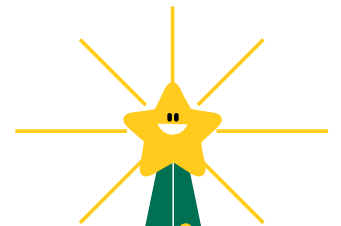
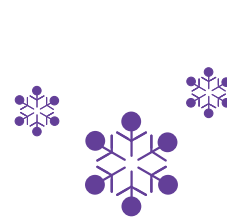




December
2019



The SNFCC Christmas World



12.

The SNFCC Christmas World Comes Alive!

SNFCC: A Place of Celebration

This year, like every year, everyone and everything at the Stavros Niarchos Foundation Cultural Center – people, trees and water – wear our most sparkly festive look and invite kids and adults to a world of magic, made of Christmas' most cherished ingredients.

The Ice Rink at the Canal, the Light Installations in the Stavros Niarchos Park, the magnificent, tall Christmas trees at the Agora, the Big Celebration on November 30, and the ever-spectacular New Year's Eve are only a few of the experiences that have become a tradition for thousands of visitors, establishing SNFCC as a favorite Christmas destination.

In the SNFCC Christmas World, December is a month of festivities – every day holding a new surprise for all! Here, the beloved classic ballet story of *The Nutcracker*, as well as music, sports, play and fun, art and creativity turn into a special event making this Christmas truly unique for all ages.

The SNFCC Christmas World comes alive thanks to an exclusive grant from the Stavros Niarchos Foundation (SNF). Admission to the SNFCC's events is free of charge, or with a reasonable fee.



30 November The festive lights are on

On Saturday 30/11 at 6 pm, the SNFCC Christmas World comes to life through a literally dazzling show!

Come enjoy the most brilliant Christmas experience, witnessing SNFCC's different areas transform one after the other into a place of magic, bathed in light and filled with music and dance!

Thousands of Christmas lights twinkle on trees along the Canal; the lavishly decorated tall Christmas trees at the Agora are revealed in all their glory, and the light installations in the Stavros Niarchos Park playfully interact with visitors. The Ice Rink once again comes alive as the first skaters glide on fresh ice to the sounds of the GNO Children's Choir. Christmas tunes also inspire the Canal's Dancing Fountains to take part in the dancing mood in their own, spectacular way.

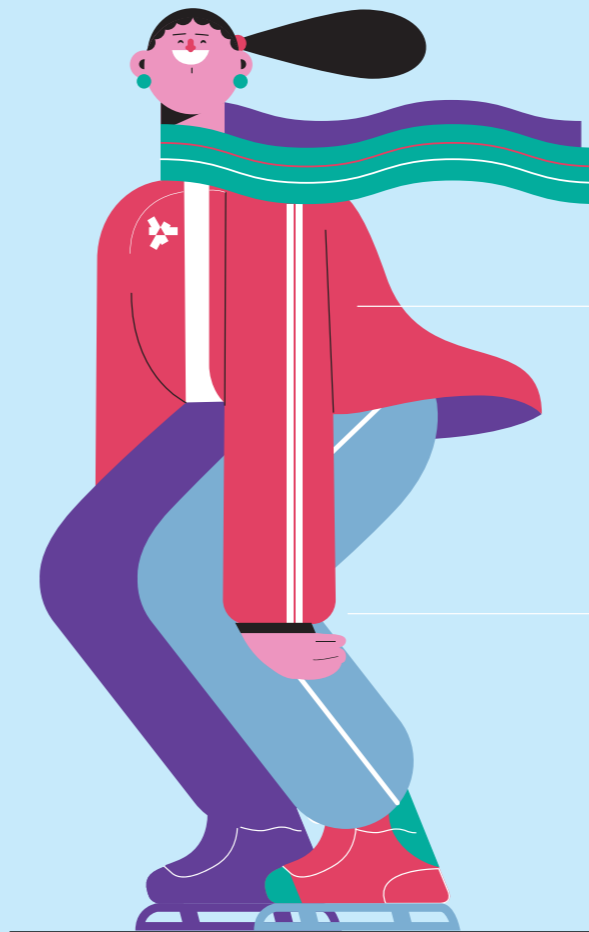
The celebration culminates with the time-honored party at the Agora – this year we hit the ground dancing with the Soul queen Idra Kayne and her ultimate Christmas live concert that sets the festive tone.

Free admission

On 30/11:
Free parking at the G. Karaiskakis Stadium and continuous transportation by shuttle bus from the Stadium to SNFCC and vice versa will be provided. Shuttle bus will be also available from Syntagma and Neo Faliro ISAP station.

More information at SNFCC.org

If you cannot make it to the SNFCC, watch the Christmas World coming alive via live-streaming at snfcc.org



The SNFCC Ice Rink is Back!

Starting on 30/11 for the third year in a row, the floating Ice Rink picks up the tempo in the SNFCC Christmas World, with skaters gliding in a festive mood, their skates throwing up fire!

This year located at the start of the Canal, in front of the Visitors Center, the Ice Rink will offer all fans of the most Christmassy sport the opportunity to enjoy a fantastic "inside view" of the majestic Dancing Fountains and the illuminated Canal.

The Ice Rink will be open daily from 10.00 to 22.00 until 02/02/2020 (subject to weather conditions), with a maximum 40-minute stay.

Free admission by preregistration at SNFCC.org

Preregistration available weekly, starting every Thursday.

New Year's Eve

On 31 December, the heart of the New Year will start beating from early on at the SNFCC Christmas World venues. The festive atmosphere will take off at the SNFCC New Year's Eve party – the ever-popular meeting place for thousands of visitors who will have the chance to admire the spectacular fireworks display!

Join us in welcoming the New Year dancing at an epic DJ party featuring the legendary Eddie Piller, taking part in the New Year's first run, the SNF RUN: 2020 FIRST RUN, and skating at the Ice Rink!

See the full New Year's Eve program on pages 8-9

If you cannot make it to the SNFCC, watch the New Year coming alive via live-streaming at snfcc.org

Christmas Flavors

Traditional Christmas delicacies such as *melomakárona* and *kourabiédes*, winter classics including delicious biscuits and cupcakes, caramelized apples, hot wine and soups, as well as many other festive treats and surprises, such as the Chocolate Truck, await visitors at the SNFCC various F & B spots.

Keep in mind that on New Year's Eve, you will have the chance to delight in our festive menu until 3am!

SNFCC Members enjoy a 10% discount.



Light Installations at the Stavros Niarchos Park

Once again this Christmas, four new light installations by leading artists are presented for the first time in Greece, turning the Stavros Niarchos Park into a futuristic Christmas setting.

Take a winter stroll in an electrified, dream-like atmosphere in the Mediterranean Garden, the Great Lawn, the Labyrinth; explore the interplay of light and sound, nature and beauty, science and art, engaging with interactive installations.

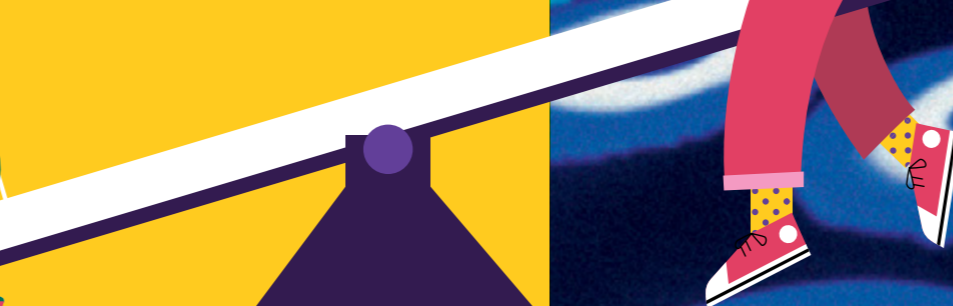
Walk through, hide inside, activate them, take a photo, take a selfie! Play and discover new dimensions of sound and light, which will dazzle young and old visitors.

The light installations will be in operation daily from 30/11/19 to 06/01/20, from 17.00 until the Stavros Niarchos Park's closing time:

(Until 20/12, Monday to Thursday, the Park will be closing at 10 pm, whereas Friday to Sunday, it will be closing at midnight. From 21/12 to 06/01, the Park will be open daily until midnight).

Free admission

The SNFCC's light installations come alive through the support of the Stavros Niarchos Foundation (SNF).



Large Pendulum Wave

Ivo Schoofs, Netherlands

30/11-06/01 → GREAT LAWN 1

As part of the imposing *Large Pendulum Wave*, a series of 15 illuminated pendulums are suspended at a height of 12m. All of them are lifted up and then simultaneously released to fly freely, as visitors enjoy a fascinating dance show that oscillates between harmony and chaos, gravity being its only driving force! A spectacular combination of the poetry of math and the beauty of physics, this is the visual interpretation of a physical phenomenon demonstrating how nature translates a mathematical sequence into choreographic delight.

Through his large-scale audiovisual installations, Ivo Schoofs offers spectators an experience of the forces of natural movement through science and technology. He describes his work as a celebration of movement in its most natural occurrence.

The installation was made possible with support from: Gemeente Eindhoven, Mondriaan Fonds, IBS Precision Engineering, Philips Valmont Structures, OMT Solutions, Moesasji, Lefte Goldstein.

Wave-Field

Lateral Office/CS Design
Mitchell Akiyama, Canada

30/11-06/01 → PINE GROVE 2

Having travelled to many countries around the world, *Wave-Field* is coming to the Stavros Niarchos Park, inviting SNFCC's visitors to play and get creative, while exploring different sonic dimensions of space.

Acoustic, illuminated see-saws, each with its own music idiom and "idiosyncrasy", await for you to play with them, in a sensory playground from the future. When set into motion, the see-saws erupt into an impromptu composition, each time evoking a unique soundscape.

This project is the result of a collaboration between Lateral Office Architects, CS Design lighting and the Canadian composer and visual artist Mitchell Akiyama.

Also contributed: Generique Design, Robocut, EGP Group, Wireframe and L4 Studio.

Infinite Support

Light Art Collection, LightForm, Netherlands

30/11-06/01 → MEDITERRANEAN GARDEN 10

A collective comprising four artists and close friends, LightForm have translated their ideas about friendship into a beautiful light object in *Infinite Support*.

The installation consists of two large luminous drop-shaped "nests" that help each other stay upright. The audience can hide within or interact with the multiple mirrors, exploring an unusual sensation of depth.

These mirrors symbolize real friendship: a bond that, according to LightForm, knows no limits.

LightForm are Daniel Thomassen, Raoul van der Ploeg, Dorus van Lieshout and Ivar Posthumus.

The Pool

Jen Lewin, U.S.A.

30/11-06/01 → LABYRINTH 4

Jen Lewin is a New-York-based light sculptor whose installations share with audiences sensational images of rare natural beauty that have touched the artist. In *The Pool* she has been inspired by the thousands of luminous ponds of light left behind by the ebb on a moonlit Australian beach.

Lewin conjures this magical memory in an environment of giant, concentric circles created from dozens of interactive circular pads where play and collaborative movement create mesmerizing patterns of shifting and fading colors.

Since premiering at the legendary Burning Man Festival in Nevada in 2008, *The Pool* has traveled major cities and light festivals in the U.S.A., Europe and Asia.

Dance

Athens Disco Kidz

Let's Glow!

Monday 06/01 | 15.00-17.00, 18.00-20.00 → LIGHTHOUSE 14

This Christmas we welcome children and adults to a party with the theme "Let's Glow!". In a vibrant glow-disco mood, with interactive games, choreographies, dance battles and top disco music selections by DJ Palov, the Athens Disco Kidz team invites all the family to share a common stage, encouraging interaction between parents and children.

Through original activities and games, a shared experience will provide a common ground for imagination to take off, where children and parents can have fun playing and dancing together.

We make our own glow costumes, paint on glow wallpaper with shadows and flashlights, and print our favorite Christmas characters using stencils.

We join original kinetic-improvisation and group-dance sessions, design our own choreographies and participate in exciting dance battles.

Last but not least, DJ Palov and his amazing music selections and slick mixes of old and new sounds will make people of all ages get up and dance till they drop in a unique disco experience!

What are you waiting for? Let's Glow at the SNFCC!

For children aged 4-8 and their adult chaperones

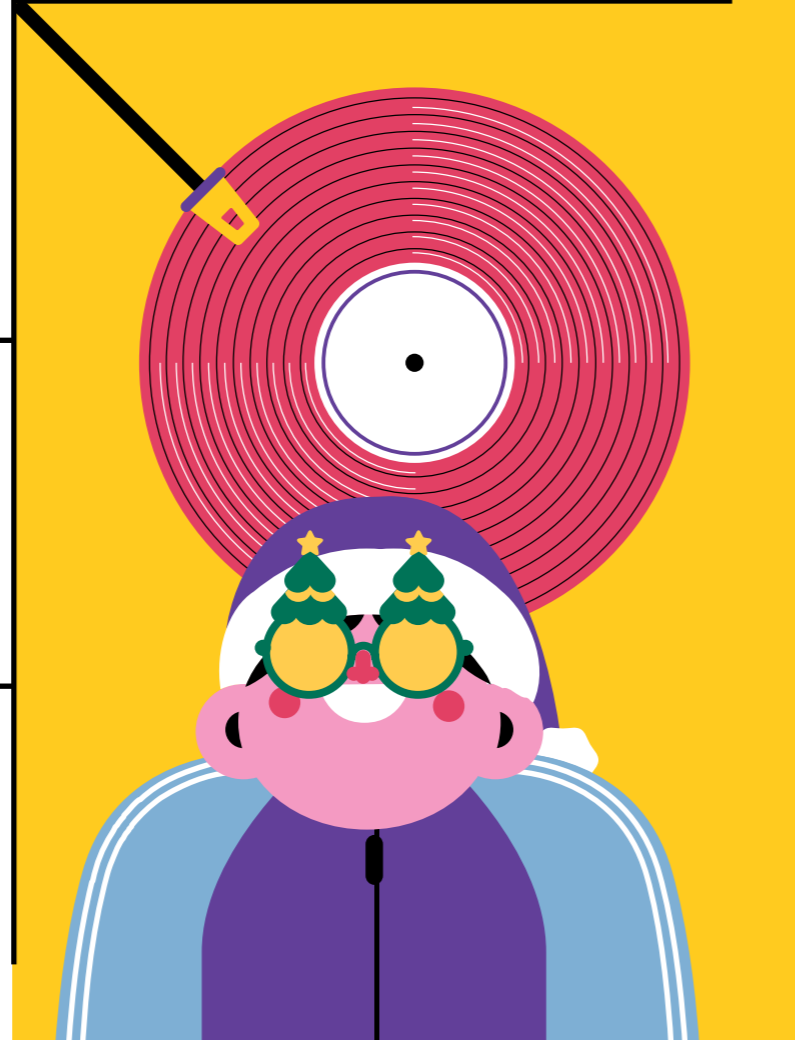
Design - coordination:
Katerina Adamara, Drama Educator-Storyteller

Music: **DJ Palov**
Artistic Curation: **Nayia Fioretou, Visual Artist - Educator**

Facilitators:
Marios Paradisis, actor; Konstantina Koutsaftaki, dancer; Ioanna Zerva, actor

Tickets €5
More information at SNFCC.org
Presale starts on 16/12 for the public.

This is an event funded by the grant from the Stavros Niarchos Foundation (SNF). Alongside the core program of free-admission events, provided free of charge thanks to SNF grants, the Stavros Niarchos Foundation Cultural Center organizes a series of events for which a low admission fee applies, helping SNFCC to diversify its income sources while ensuring its long-term financial robustness.



Christmas Tales at the Lighthouse

E. T. A. Hoffmann

The Nutcracker Story

Sunday 22/12, 29/12, 05/01 - Monday 23/12, 30/12
Tuesday 24/12 - Thursday 26/12, 02/01 - Friday 27/12, 03/01 | 18.00 → LIGHTHOUSE 14

Christmas Tales return to the Lighthouse for this year's holidays, with a story that captures the hearts of children and adults everywhere, under the direction of Thomas Moschopoulos.

There's more to the iconic Christmas tale of *The Nutcracker* than Tchaikovsky's ballet we all know and love. In 1816, E.T.A. Hoffmann published a mysterious and intriguing story, featuring toys as characters that come alive, fight and fall in love.

The original *Nutcracker* text remains relatively unknown to a broader audience - that's why this Christmas, three (plus one) quirky storytellers, three (plus one) creatures with the peculiar habit of shifting from storytelling and music to theater and fiction through dance, deliciously blending reality and fantasy, took it upon themselves to bring this original story to life, in a storytelling and drama production filled with music, staged by Thomas Moschopoulos.

The world-acclaimed and awarded stage director and playwright is a major force in Greek theater. In recent years, he has made his creative home at the historic Porta Theater, of which he is the director.

Line-up:

Stage adaptation & director:
Thomas Moschopoulos

Music:
Nikos Galenianos
Stage & costume designer:
Vasilis Papatsarouchas

Movement designer:
Hara Kotsali

Lighting designer:
Nikos Vlasopoulos
Assistant director:
Erifyli Stefanidou

Cast (in alphabetical order):
Alexandra Aidini, Giorgos Chrysostomou, Nikolas Papagiannis

Live music onstage (piano):
Katerina Konstantourou

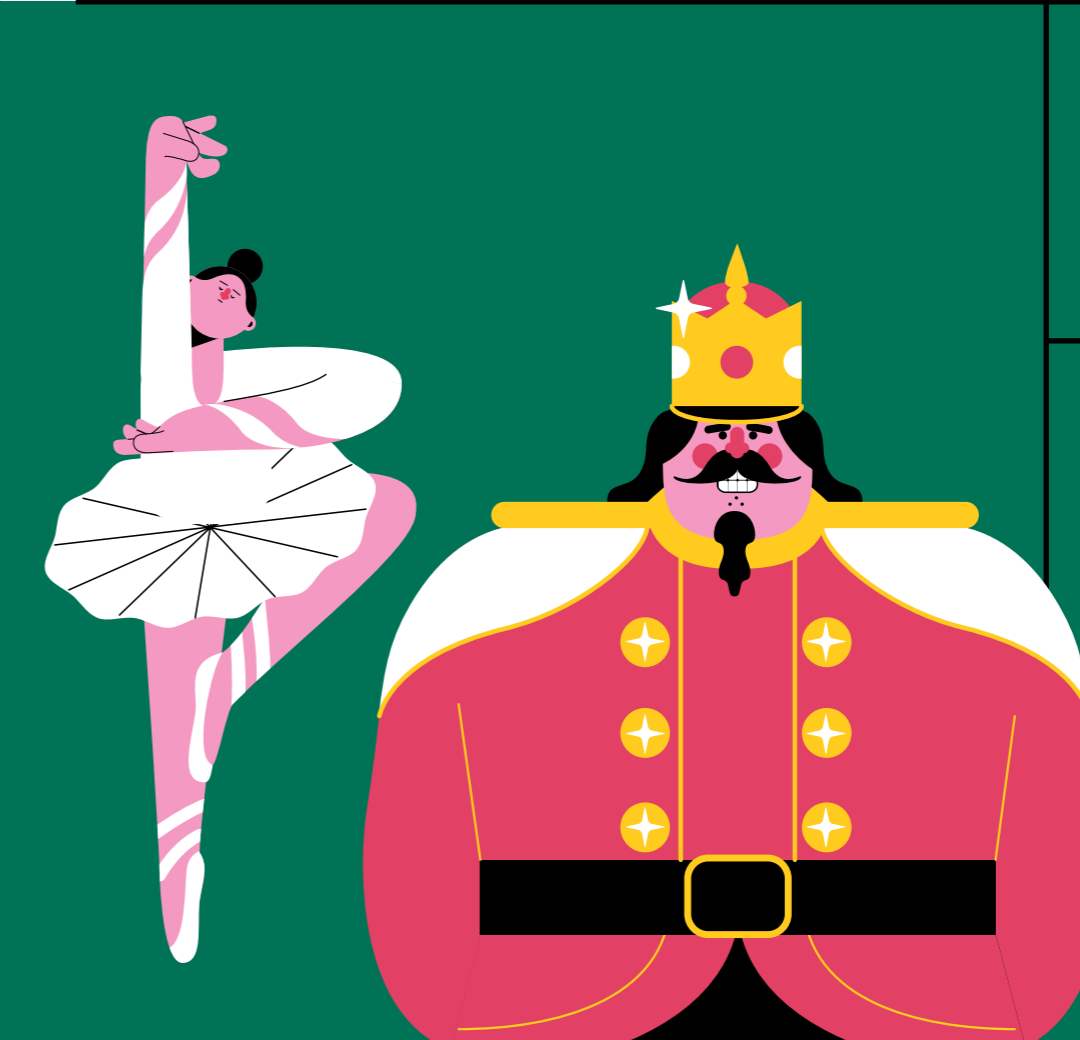
Tickets €5

More information at SNFCC.org
Recommended for children aged 4+

Late seating may only be possible in case of intermission or a pause.

Presale for the public starts on 10/12.

The event is realized with the support of the Stavros Niarchos Foundation (SNF). Alongside the core program of free-admission events, which continue to be provided free of charge thanks to grants from the Stavros Niarchos Foundation (SNF), the Stavros Niarchos Foundation Cultural Center organizes a series of events for which a low admission fee applies. This aims to enable the SNFCC to diversify its income sources while ensuring its long-term financial robustness.



Christmas Rhythms by El Sistema Greece & Dirty Athens Brass Band

Sunday 15/12 | 12.30 → LIGHTHOUSE 14

El Sistema Greece's young musicians are back at the Stavros Niarchos Foundation Cultural Center for a holiday live concert featuring Christmas rhythms at the Lighthouse.

This time joined onstage by Dirty Athens Brass Band, El Sistema Greece Youth Orchestra and El Sistema Greece Youth Choir will take us on a musical journey around the world, through a festive program ranging from traditional Christmas carols and Tchaikovsky's melodies to Mariah Carey's songs, and more!

El Sistema Greece (ESG) non-profit music education organization was established in Athens to build a discrimination and exclusion-free music community. It daily provides free music courses to children and young people aged 5 to 26, irrespective of ethnic or national background, language and religion. Inspired by music, ESG's students prepare for a better future while improving their communication and teamwork skills. Launched in 2017, El Sistema Greece Youth Orchestra (ESGYO) is a vehicle for education, offering a unique process of training in orchestra interaction and culture, indispensable for all musicians.

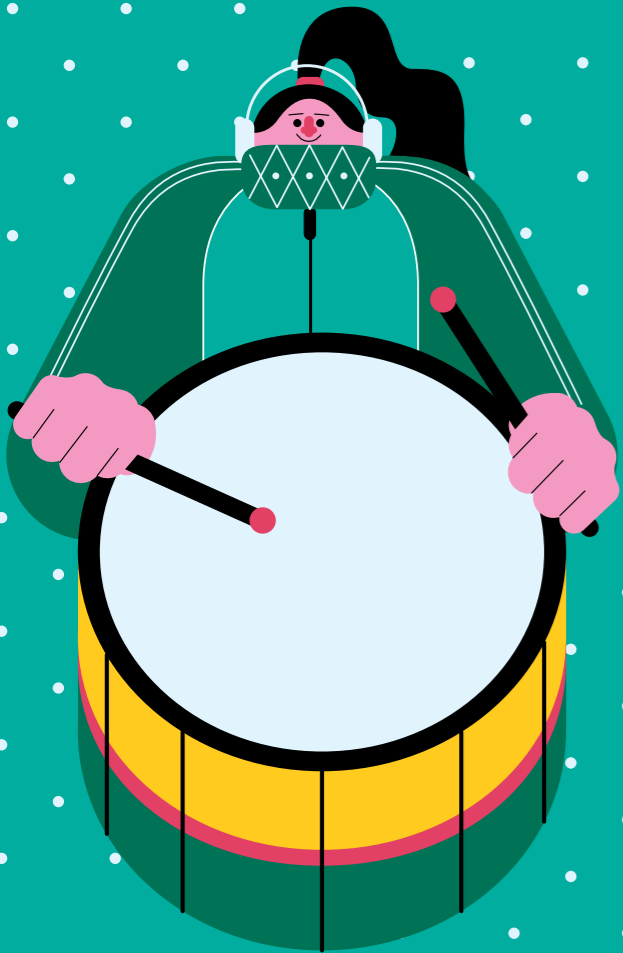
Dirty Athens Brass Band consists of six musicians, five brass players and a drummer. Driven by their deep love for music, they cover popular funk, pop and r&b songs.

Line-up:

Dirty Athens Brass Band
Ilia Samsonov, alto saxophone
Bastien Buathier, baritone saxophone
Theodosis Smyrniotis, trumpet
Giannis Kanakaris, trombone
Giannis Zouganelis, tuba
Kostas Gontikakis, drums

Safira Antzus-Ramos, conductor
Antigone Keretzi, ESG Choir Master

Free admission



SNFCC Sessions Alex Kapranos

Saturday 14/12
19.30 open discussion with Panagiotis Menegos
21.00 DJ set → LIGHTHOUSE 14

SNFCC Sessions, the Stavros Niarchos Foundation Cultural Center's series of music presents Alex Kapranos, frontman of the Franz Ferdinand band, in an open discussion and DJ set striking a balance between guitars and electronics.

It was 2004 when the hugely popular, definitive debut of the Glasgow-based band was released, fronted by a charming gentleman with a Greek surname.

The son of a Greek migrant from Maniatika, a neighborhood near Piraeus (who gave his son - though the latter doesn't speak Greek - his love for rebetiko music and composer Markos Vamvakaris), and a British mother, Alex Kapranos was born on English soil and moved to Scotland at age 7. Having formed or joined a number of Scottish bands that failed to break out of the borders of the U.K., by the early 2000s, he was rather convinced he would never make it in the music industry. In 2001, as a last resort, he formed Franz Ferdinand.

The band's first two singles ("Darts of Pleasure" and the classic "Take Me Out") reached the U.K. Top 50, building anticipation for the band's debut album. Their self-titled album came out in early 2004, skyrocketing the band into the stratosphere: it won that year's Mercury Prize, two Brit Awards in the following year and was nominated for a Grammy.

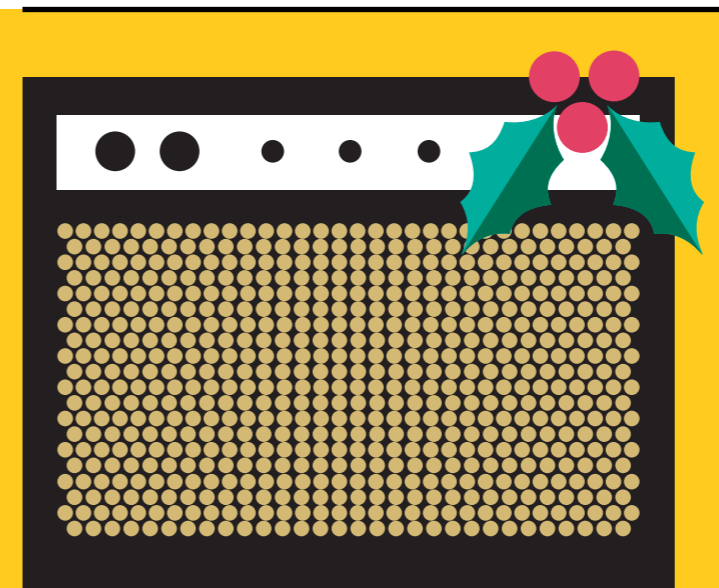
Franz Ferdinand's debut became a post-punk revival icon and the dandy Kapranos himself became a music-industry icon (almost) overnight.



Their sophomore album was just as successful. Since then, Franz Ferdinand released five albums, having secured their place at the top for 15 years now; in 2015 they formed the one-off supergroup FFS, jointly with the American band Sparks, Kapranos's teenage heroes. Alex continues to be creatively restless: he has supplied vocals on other artists' projects (It's a Fine Line, BNQT), produced other bands (The Cribs, Citizens!), lent his voice to radio and television documentaries and perfected his woodworking skills; also, he starred in the feature-length documentary *Lost in France* focusing on the adventures of Scottish bands on tour in France. Notably, he sang a rebetiko song by Markos Vamvakaris at the Barbican in 2015.

The discussion will be moderated by journalist/radio producer Panagiotis Menegos.

Free admission



New Year's Eve: The Big Party



On 31/12, the SNFCC Christmas World will sparkle with brilliance and excitement on the ever-popular SNFCC New Year's Eve, which in recent years has become the place to be for thousands of revelers of all ages from Attica and beyond.

Join us to see the old year out and enjoy the first memorable experiences of the new decade together, watching the spectacular fireworks, dancing at an epic DJ party featuring the legendary mod master Eddie Piller at the Agora, joining the New Year's first race – SNF RUN: 2020 FIRST RUN – for a dynamic start, and, of course, ice skating on the Canal.

If it is true that how you start the year determines how you end it, then the SNFCC is gearing you up for a literally brilliant 2020!

Admission to the Party is free.

All the events are realized thanks to an exclusive grant from the Stavros Niarchos Foundation (SNF).

On 31/12:

Free parking at the G. Karaiskakis Stadium and continuous transportation by shuttle bus from the Stadium to SNFCC and vice versa will be provided. Shuttle bus will be also available from Syntagma.

More information at SNFCC.org

SNF RUN: 2020 FIRST RUN

Right after we welcome the New Year → **ESPLANADE 17**

This New Year's Day marks the start not only of a new year, but of a new decade too, and this calls for a celebration you'll remember for decades to come. Join the SNF RUN: 2020 FIRST RUN at the Stavros Niarchos Foundation Cultural Center (SNFCC) Christmas World!

For the fourth New Year's Eve in a row, the Stavros Niarchos Foundation (SNF) invites you to dress to the nines—or whatever size you take in running shoes—and take part in the SNF RUN: 2020 FIRST RUN, setting the pace for the coming year!

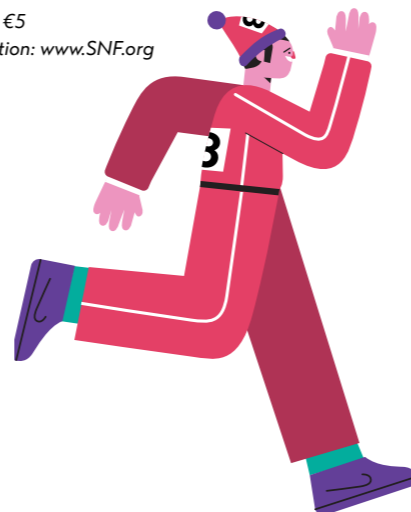
The invitation is open to all, and the route covers a distance of just 4 kilometers around the festively bedecked SNFCC. Afterwards a big party will be awaiting runners at the SNFCC Agora. By participating in this year's SNF RUN, runners are supporting the work of small non-profit organizations doing great work to look out for vulnerable children. This year's partner nonprofits are Spring Children, Angels of Joy, and the "Good Shepherd" Minors Protection Association of Piraeus. The amount donated through the symbolic participation fee will be tripled through an additional contribution from SNF.

The race will start at four minutes after midnight, on Tuesday, January 1, 2020, just after we ring in the New Year, with the most memorable fireworks show!

Live commentary on the SNF RUN: 2020 FIRST RUN will be provided by iMedD Managing Director, SNF DIALOGUES Executive Director and Journalist, **Anna-Kynthia Bousdoukou**.

The SNF RUN: 2020 FIRST RUN is made possible by an exclusive grant from the Stavros Niarchos Foundation (SNF), which covers all production costs of the race. The organization of the race is undertaken by the nonprofit Regeneration & Progress and University of Athens Medical School 1st Orthopedics Clinic's Department of Sports Excellence.

Suggested minimum donation: €5
Registration and more information: www.SNF.org



Light and Water are Dancing!

This year, just like every year, we welcome 2020 with a spectacular fireworks show, along with new dance choreographies at the Fountains of the Canal.

The Dancing Fountains will welcome the New Year with two impressive choreographic sequences, inviting us to enjoy an unforgettable show set to beloved tunes.

We look forward to celebrating the coming of the New Year all together, with a spectacular light and water show, followed by a vibrant dance party!

DJ Set with Eddie Piller intro/outro set: Johny Matto

Tuesday 31/12 | 23.00-03.00 → **AGORA 12**

A legendary artist in the British music scene of the last 40 years is coming to Athens to DJ in an unforgettable event at the long-established SNFCC New Year's Eve party.

Put on your dancing shoes and join us to welcome 2020 in a large outdoor party featuring DJ Eddie Piller, in a set that will entice even the most hesitant guests to get up and dance!

In addition to DJing, of course, Eddie Piller wears many more hats:

DJ. He has been doing sets since the early 1980s, mixing many different styles, held together by his love for soul music. He has performed in festivals such as Glastonbury, Isle of White, and Bestival, and has toured all around Europe.

Music pioneer. Teaming up with Gilles Peterson in the late 1980s he established the Acid Jazz record label, which released some of the coolest music in London. Piller signed up the likes of James Taylor Quartet, Jamiroquai, Brand New Heavies, and worked with legendary artists such as Terry Callier and Gregory Isaacs.

Radio producer. In the late 1990s Piller moved into broadcasting as presenter of the iconic "Newbeats" show on Jazz FM, which paved the way for broadcasting on the BBC, earning him a British Radio Award and the opportunity to write for a documentary series of the ITV British network.

True Londoner. He lived in Hoxton, in London's East End, long before it became a cultural hotspot and there, he opened the groundbreaking Blue Note nightclub.



New Year Live-streaming of Vienna Philharmonic Orchestra's New Year's Concert

Wednesday 01/01 | 12.15

STAVROS NIARCHOS HALL 13

We welcome the New Year with one of the world's foremost music ensembles – the Vienna Philharmonic Orchestra, in the celebrated global music event taking place on the first day of every year – the New Year's Concert.

For 2020, the conductor is Andris Nelsons, music director of the Boston Symphony Orchestra and conductor of the Leipzig Gewandhaus Orchestra; he has been working with the Vienna Philharmonic Orchestra since 2010, and this is the first time he is conducting this world-renowned music event.

The concert will be broadcast in 90 countries and viewed by 50 million people.

Free admission by preregistration at SNFCC.org
Preregistration starts on 17/12 at 12.00 for the public.
Late seating may only be possible in case of intermission or a pause.



Parabases: SNFCC Reader's Theater Virginia Woolf: The Waves

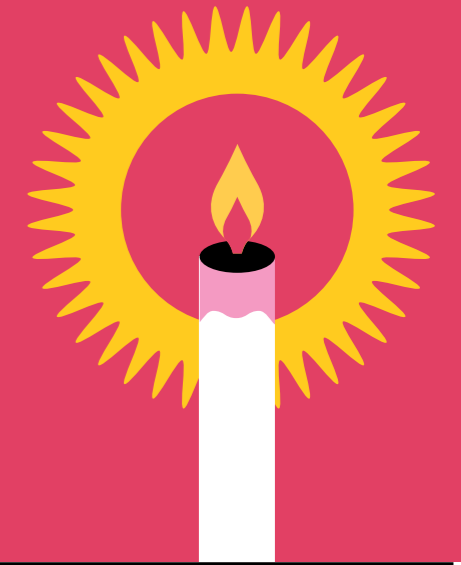
Sunday 08/12 | 17.00

LIGHTHOUSE 14

In December, Parabases, SNFCC Reader's Theater, present Virginia Woolf's masterpiece *The Waves*, with Lydia Fotopoulou and Christos Loulis transformed by Dimitris Karantzas's staging.



Parabases revisit pioneering voices in literature, theater and poetry focusing on women. Women writers and poets who left their mark through their trailblazing work, as well as iconic fictional and dramatic female characters come alive in the Parabases literary salon under Dimitris Karantzas's directorial gaze.



Director:
Dimitris Karantzas

Performed by:
Lydia Fotopoulou
Christos Loulis

Audio Environment:
Yorgos Poulis

"I am afraid of you all. I am afraid of the shock of sensation that leaps upon me, because I cannot deal with it as you do – I cannot make one moment merge in the next. To me they are all violent, all separate; and if I fall under the shock of the leap of the moment you will be on me, tearing me to pieces."

The Waves, Virginia Woolf

Virginia Woolf's masterpiece *The Waves* is a torrent of thoughts, emotions, traumas and details of everyday life. The author closely observes the relationship of six characters from childhood to death, composing an elegy for nature by tracing an entire day from sunrise to sunset. A fragmental text on existence, death, friendship and love.

Virginia Woolf's writing style is a prime example of the stream-of-consciousness narrative mode, which captures thought and emotion in a state of flux, without a rational structure.

Lydia Fotopoulou and Christos Loulis are the voices of *The Waves*, in a regular alternation of roles.

The Waves, translated by Aris Berlis, is kindly provided by Ypsilon Editions.

Tickets €5

More information at SNFCC.org
Suitable for ages 15+

Presale for the public starts on 26/11.

The event is realized with the support of the Stavros Niarchos Foundation (SNF). Alongside the core program of free-admission events, which continue to be provided free of charge thanks to grants from the Stavros Niarchos Foundation (SNF), the Stavros Niarchos Foundation Cultural Center organizes a series of events for which a low admission fee applies. This aims to enable the SNFCC to diversify its income sources while ensuring its long-term financial robustness.

Christmas Activities



Santa Claus at the SNFCC

Santa Claus is coming to town! From 30/11 and every weekend, he will be at the SNFCC Christmas World to meet children, give out balloons, listen to their wishes and share beautiful photo memories with them.

Starting 21/12 he will be at the SNFCC every day and on New Year's Eve he will join us early in the morning to welcome the New Year with us, offering countless moments of celebration, joy and carefreeness until the early hours.

Magical Images

A Christmas tale comes to life while we play with light and capture its motion, reflections and mirroring on materials.

We mix colors and produce works that gleam in the light and glow in the dark. Transparent film sheets, flashlights, spotlights, mirrors and reflective surfaces morph into "magic lanterns" that convey magical images.

Tuesday 17/12
18.00-20.00

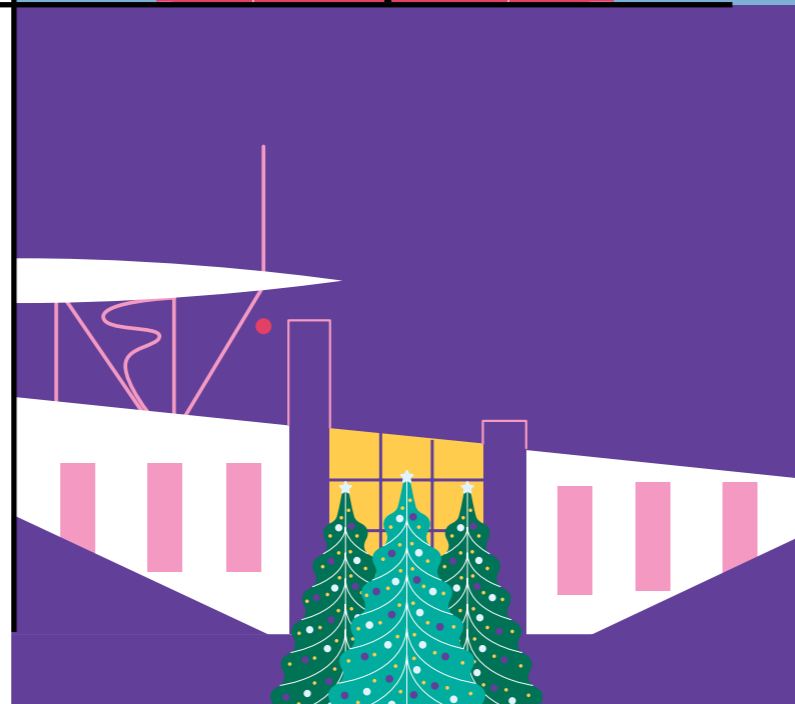
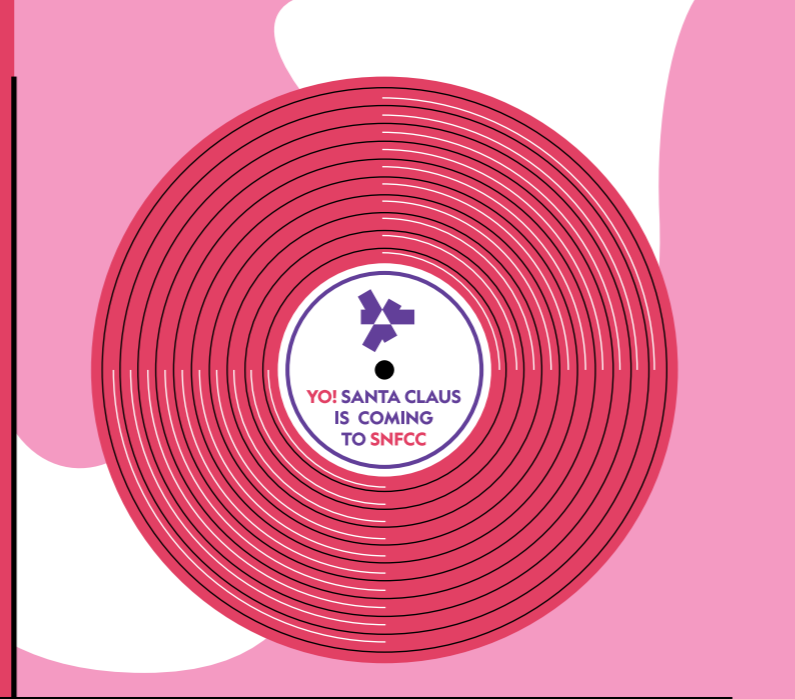
For children aged 6-10

(up to 20 participants by preregistration at SNFCC.org)

Design-Implementation:
Georgia Hatzivasiladi, Artist, Art Educator
(MA Athens School of Fine Arts, MFA UCL)

Tuesday 24/12
12.00-14.00

KIDS LAB 11



Ebru Kids: Christmas Snapboxes

Christmas is full of magic, love and fun moments. We keep these moments alive through the SNFCC Christmas snapboxes.

Applying the Ebru technique of painting on water, we compose works that reflect our holiday wishes and the festive Christmas spirit.

The workshop begins with music and movement games for participants to get to know each other, followed by a hands-on introduction to the Ebru technique. We print our works on paper and make our Christmas snapboxes out of glass jars decorating them with a variety of materials. The workshop culminates in a new music and movement game.

Requirements: Please wear comfortable clothing, your favorite Christmas socks and your best mood!

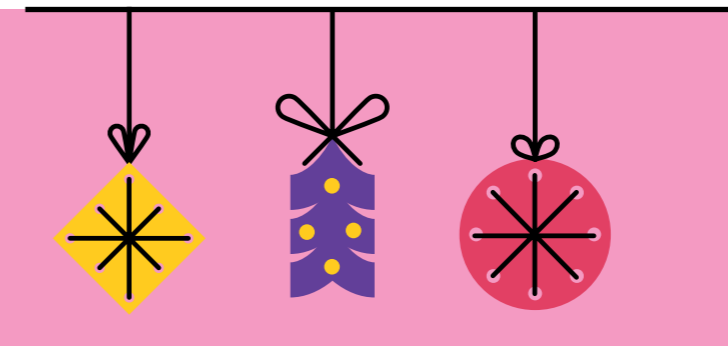
Friday 20, 27/12 & 03/01
17.30-19.00

KIDS LAB 11

For children aged 3-5 and their adult chaperones

(up to 10 children and 10 adult chaperones by preregistration at SNFCC.org)

Design-Implementation: Katerina Momitsa, Artist
Anna Konstantinou, Non-competitive Games Animator



Christmas Games

One night while Santa was fast asleep, the goblins abandoned their chores and went out into the garden to play. Awakened by their shenanigans, Santa saw them having fun all together, and wondered: How could personal gifts ever make people as happy as group games can?

And that's why Santa is coming to the Stavros Niarchos Park's Great Lawn to host loads of group games for kids.

Saturday 21, 28/12
Friday 03/01
12.00-14.00

For children aged 6-12

(open participation on a first-come, first-served basis)

GREAT LAWN 1

Design-Implementation: Regeneration & Progress

Santa Claus's Calendar

Christmas is coming and Santa Claus has to choose a place to play with children.

So he returns, as every year, to the SNFCC to count down the days until the New Year, along with the kids! Children prepare to welcome 2020 by engaging in a range of team games with Santa, inspired by the calendar, the months and seasons of the year, as they embark on an exciting, imaginary journey into the coming year.

Sleigh games (23/12), an exciting adventure in Alaska (24/12) and loads of Christmas games with Santa Claus (29/12) await you within the SNFCC's magical Christmas scenery!

Monday 23/12, Tuesday 24/12, Sunday 29/12
11.30-13.30

RUNNING TRACK 6

For children aged 6-12

(on a first-come, first-served basis)

Design-Implementation: Regeneration & Progress



Xmas Walker Race

Every child is a winner in this unique fun race!

Children compete in riding balance bikes on a specially designed track. At the race finish, a lucky participant will win, selected by a draw, an Ideal 16-inch bike - their first regular bike!

Children bring their own bikes. Helmet use is mandatory.

Sunday 22/12
11.00-15.00

For children aged 2-5

(up to 300 participants by preregistration at SNFCC.org)

VISITORS CENTER 23

Design-Implementation: Mbike



Christmas Family Missions

Children are on a mission this Christmas: to take their parents and join us for a family sports game at the SNFCC Outdoor Games Area.

Basketball, football, volleyball, handball and loads of fun for everyone at the SNFCC for this holiday season.

Don't forget to wear a Santa or an Elf hat and bring your festive spirit to the SNFCC!

Monday 23, 30/12
Tuesday 24/12
Thursday 26/12 & 02/01
Friday 27/12 & 03/01
Sunday 29/12

11.00-14.00

OUTDOOR GAMES AREA 25

For children aged 6-12 and their adult chaperones

(up to two families of four, per 15' session, by preregistration at SNFCC.org)

Design-Implementation: Regeneration & Progress

Christmas Percussion Circle for Families

The percussion circle wears a festive look and performs a Christmas tale full of sounds and rhythm.

Using different kinds of percussion instruments, children and adults set the tale to music, capturing its atmosphere, sense of humor and plot twists.

In a unique encounter of musical instruments, such as the African djembe, Brazilian tamborim, bells and a battery of other instruments, as well as everyday objects, in sync with electronic sounds, we transform a familiar Christmas story into an original soundscape.

Sunday 22, 29/12 & 05/01

11.00-13.00

SOUND GARDEN 9

For children 5+ years old and their families, with or without disabilities

(up to 40 participants on a first-come, first-served basis)

Design-Implementation: QUILOMBO LAB

We Create Art All Together: Christmas Ornaments

Christmas tree ornaments are the most affectionate gift for the holiday season.

In SNFCC's festive workshop, we will have the opportunity to create unique art objects to decorate our home and welcome the New Year with joy. We will make our own impressive, imaginative ornaments, experimenting with many different materials – from papercutting and micro-sculpture techniques to origami and three-dimensional assemblages using wire.

Saturday 21/12

11.30-12.30, 12.30-13.30, 13.30-14.30

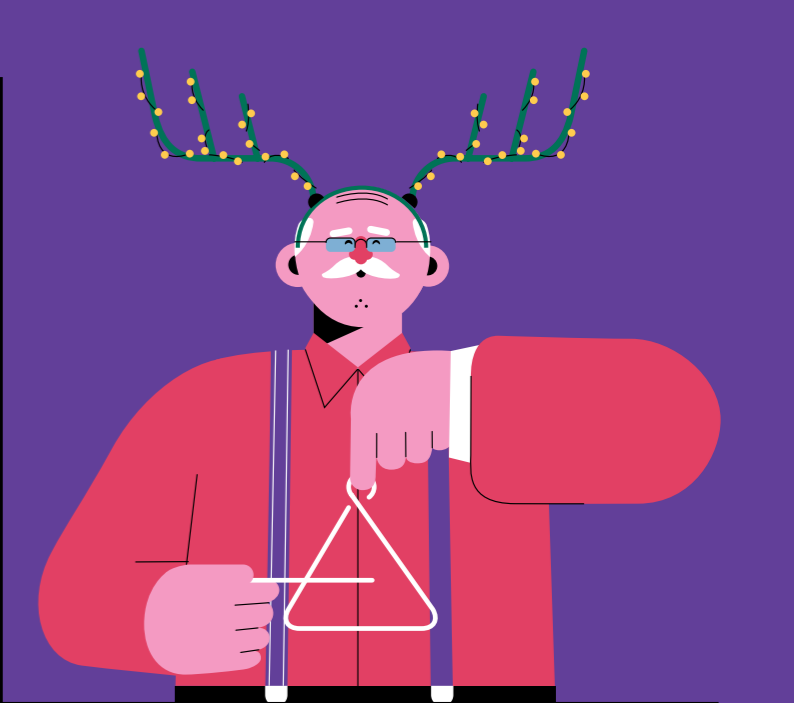
KIDS LAB 11

For children 7+, young people and families, with or without disabilities

(Up to 25 participants per hour, on a first-come, first-served basis)

Design-Implementation:

Theodoros Zafeiropoulos, Artist, Assistant Professor, NTUA
 Elisavet Chelidoni, Artist – Special Education Teacher



Bubble Parade: The Garden of Wishes

A participatory parade that brings magic, smiles and of course, a ton of bubbles!

La Petite Marguerite arrive at the SNFCC Agora to draw us into a big, participatory parade with a huge amount of bubbles! Children and adults share a common place of imagination, an atmosphere of festive fun, experiencing moments of carefree and joyous magic.

Thursday 26/12

Saturday 04/01
 12.00-13.30

Starting point: **AGORA** 12

For children and adults

Design-Implementation: La Petite Marguerite

Christmas Magic Bubble Show

Elements of street theater, dance and acrobatics are creatively fused into a spectacular show full of giant bubbles. An interactive performance brings to life a world of fairy tale, fantasy and dream, inviting the audience to an endless game filled with magic, smiles and countless bubbles!

Sunday 29/12

Thursday 02/01
 12.00-13.00

AGORA 12

For children and adults

Design-Implementation:

La Petite Marguerite

Christmas Screen Printing Workshop

21/12: Print your Own Christmas Tree

In our first Christmas screen printing and crafts lab meeting we will print our own small yet impressive paper Christmas tree. Together with the Tind team and adding our own personal touch, we will create vibrant color combinations to decorate our trees, which we will then assemble and decorate.

28/12: Print Your Own Wish

In our second session, we will create unique holiday cards using the screen printing technique to send holiday season's greetings and wishes to our loved ones!

Saturday 21, 28/12

12.00-15.00

PARK KIOSK 1

For children of all ages and their adult chaperones, and for adults

(up to 50 participants per hour on a first-come, first-served basis)

Design-Implementation:

Chrysanthos & Manolis Angelakis/Tind
 Konstantina-Polytimi Zerdeva-Brikori and Aristotelis Giaprakas, Calligraphy artists



Jannis Psychopedis: POETICAL WORKS

Painting Meets Poetry

09/10/19 - 12/01/20 | 09.00-22.00 → 4TH FLOOR ATRIUM NLG 11

Jannis Psychopedis' relationship with poetry is profound, long-lasting, systematic, continuous and tested down the years; it is a core element of his oeuvre.

The exhibition includes works of mixed techniques and media, as well as a large series of drawings, watercolours and oil paintings portraying poets.

A visual conversation with Homer and his *Odyssey*, Parmenides, Herodas, Calvos, Byron, Palamas, Cavafy, Karyotakis, Lorca, Seferis, Elytis, Ritsos, Embirikos, Sachtouris, Dimoula, Fostieris, Vlavianos, Kyparissis, Metaxas and Siotis.

In December, the major retrospective exhibition dedicated to Jannis Psychopedis continues at the Stavros Niarchos Foundation Cultural Center, featuring large groups of works that reference, were inspired by, and engage with poets and their poetics.

The exhibition experience is augmented by an audio tour. The voices of Amalia Moutoussi and Nikos Kouris take us on a journey through Jannis Psychopedis's world of art. Just scan the QR codes in the exhibition using your smartphone and enjoy the tour on your headphones.

As part of the exhibition, a series of workshops is taking place at the SNFCC. Discover more on the following pages.

Free admission



Andreas Kalvos: Three Centuries

Nasos Vagenas talks about Andreas Kalvos

Thursday 12/12 | 19.00-21.00 → BOOK CASTLE 11

In December, Nasos Vagenas will discuss Andreas Kalvos's *Odes*. During his lecture, he will pursue links between the composition of *Odes* and the turning points in Kalvos's life, the interplay between these poems and his poems written in Italian, as well as the shift in how *Odes* have been received, from 1824 to date. Special consideration will be given to the fairly recent discovery of the "Italian Poet" Kalvos.

Nasos Vagenas is Professor Emeritus, Literary Theory and Criticism, Department of Theater Studies, University of Athens. His publications include 13 poetry collections, a book of prose, and 10 books of literary essays and reviews.

Prompted by Jannis Psychopedis's exhibition currently on view at the SNFCC, the series of lectures focusing on major Greek poets and their work continues at the SNFCC, through the eyes of a different distinguished speaker each month.

Simultaneous translation into the Greek Sign Language will be provided.

Free admission

Discovering the World of Visual Arts, inspired by the work of Jannis Psychopedis

With Jannis Psychopedis' SNFCC exhibition as a starting point, we journey through portraits of poets, transform faces with our own colors and media, and try our hand at different techniques as we create our own, original works of art.

Step by Step in Art: Sensory Play Lab

Prompted by the Jannis Psychopedis exhibition, we continue to explore how play opens up ways of communication between the worlds of little ones and grown-ups, and help familiarize babies with art and its possibilities.

The first December meeting begins with an exciting journey through sensations, with infants and parents engaging in games of intense, dynamic movement and contact. In the second session, we explore experientially the notion of contrast as we move from the inside to the outside, all around and up-down in space, improvising to the rhythm of the music while creating play spaces and sensory constructions.

In the month's last couple of sessions we get into the holiday spirit more and more, and it starts to snow... powdered sugar! We make white landscapes using foam and we play with Christmas characters to the sounds of holiday tunes.

Monday 02, 09, 16, 23, 30/12
17.00-18.00 for infants aged 3 months to 1 year
18.30-19.30 for infants aged 1 to 2 years

KIDS LAB 11

For infants aged from 3 months to 2 years and their adult chaperones

(up to 10 infants and 10 adult chaperones by preregistration at SNFCC.org)

Design-Implementation: Arts in the Mixer!

Festive Stories

A series of workshops that invite children and adult chaperones to engage in fun movement-based activities, participate in theater games and music education activities, and take a deeper look at the artist's work, surrounded by live music and art.

Finally, children take away their own, original work of art, while exploring the works on view at Jannis Psychopedis's exhibition, focusing on the artworks inspired by different poets' work.

The five senses, a magic gift

In December's new workshops prompted by Jannis Psychopedis's visual dialogue with the poet Kiki Dimoula, children weave a holiday tale that sparks the imagination. Guided by all five senses, they help the story's character reach his destination.

Under the Palm Tree

Also, in January's workshop (02/01), they get inspiration from Jannis Psychopedis's dialogue with Kostis Palamas and explore the landscape conjured by the visual artist and the poet, inspired by the poem *The Palm Tree*. Never failing to move readers, this poem evokes the incessant cycle of life and nature in a tale about life under a large tree, a fable about beginnings and ends.

Thursday 05, 12, 19/12 & 02/01
17.00-18.00 & 18.30-19.30

KIDS LAB 11

For children aged 2-4 and their adult chaperones

(up to 10 children and 10 adult chaperones by preregistration at SNFCC.org)

Design-Implementation:
Spyridoula Chroni, Preschool Teacher - Museum Educator
Yiannis Psariotis, Music Artist - Music Educator

The Art of Portraiture (3rd cycle)

Greek and European art provide an infinite source of inspiration for Jannis Psychopedis' creative explorations. From Goya to Renoir and Hadjikyriakos-Ghika to Bouzianis, Jannis Psychopedis observes how human figures are conveyed, in interplay with the landscape and tradition, and creatively transforms them into his own distinctive works.

During the third cycle of our workshops, we continue our creative journey fueled by the artworks of Jannis Psychopedis. We further explore portraiture and elements of drawing (proportions - light and shadow), and finally we create our own portraits of our loved ones, whether from life or from photographs, using mixed drawing and painting media, with water-soluble paints.

Wednesday 11/12, 19.00-21.00 | KIDS LAB 11

For adults

(up to 15 participants by preregistration at SNFCC.org)

Design-Implementation: Georgia Hatzivasiliadi, Artist - MA Athens School of Fine Arts, MFA UCL



We Create Art All Together: Painting goes out into space

In addition to on-wall paintings, Jannis Psychopedis has produced art in many genres, using simple materials, ready-mades and sculptural objects that articulate a unified narrative complex in three-dimensional space.

In order to understand and be able to produce objects that start out on a two-dimensional painted surface and then expand into three-dimensional space, workshop participants will experiment with a wide range of materials - from wood to textile.

Overpainted wood (natural and artificial), textiles, geometric shapes, and objects blend with different forms of painting styles to create harmonious, integrated pieces, through the technique of assemblage. The result? Imaginative compositions that capture the poetry of everyday life.

Saturday 07/12
11.30-12.30, 12.30-13.30, 13.30-14.30

KIDS LAB 11

For children 7+, young people and families, with or without disabilities

(up to 25 participants per hour, on a first-come, first-served basis)

Design-Implementation:
Theodoros Zafeiropoulos, Artist, Assistant Professor, NTUA
Elisavet Chelidoni, Artist - Special education teacher

Teens Art Studio

In dialogue with the Jannis Psychopedis exhibition and focusing on painting as a medium to convey thought and form, participants will experiment with different techniques and try their hand at a variety of fine-art media and everyday materials.

14/12

If I can't make you see it, it's as if I haven't got it.
-- Yannis Ritsos

In December, Yannis Ritsos's poems inspire children to produce self-portraits in leather, velour and permanent pens.

05/01

A hallucination milks my gaze
-- Federico Garcia Lorca

Inspired by Federico García Lorca's poem *My Soul's Shadow*, we will produce autobiographical images using multiple layers of vinyl and plastic.

Preceded by a guided tour to the exhibition.

Saturday 14/12 & Sunday 05/01, 17.00-19.30 | KIDS LAB 11

For children aged 11+

(up to 15 participants on a first-come, first-served basis)

Design-Implementation: Very Young Contemporary Art (VYCA), Vassilis Gerodimos, visual artist

The Quiet Volume

Ant Hampton & Tim Etchells

Monday-Sunday | 18.00-21.40
(the sessions start every 20 minutes and last one hour)

→ NLG 2ND FLOOR:
READING ROOM 11

In December, *The Quiet Volume*, the participatory performance - reading experience by British artists Ant Hampton and Tim Etchells, continues at the SNFCC.

On the second floor of the NLG Open Reading Rooms, two participants, seated at a table, have headphones on, with a red and a green notebook and a few volumes of books before them. As they hear whispered cues on their headphones, they silently read excerpts from the small stack of books.

A combination of silence and concentration, *The Quiet Volume* exposes the strange magic at the heart of the reading experience, allowing aspects of it we think of as deeply internal to lean out into the surrounding space, and to leak from one reader's sphere into another's.

Having been performed in 12 countries to date, *The Quiet Volume* creates a unique experience for library visitors/readers and explores the particular tension common to any library worldwide.

Ant Hampton is a British artist and performance maker based in Germany. His performance works are diverse in content and tone, yet consistently explore the tension between fixed, formal or structural elements and the improvised ones that come about in the moment. For 20 years now, he has been developing new modes of performance, guiding people through unrehearsed performance situations.

Tim Etchells is Professor of Performance & Writing at Lancaster University and the leader of the world-renowned Sheffield-based performance group Forced Entertainment. His work that shifts between performances, visual art creations and works of fiction has been exhibited and presented in significant institutions all over the world.

The Greek version of *The Quiet Volume* for SNFCC was specially curated and produced under the guidance of Ant Hampton.

Greek version:

Translated by Giannis Vogiatzis
First voice: Yorgos Kritharas
Child's voice: Panagiotis Lekkas
Third voice: Aliko Alexandraki

English version:

First voice: Ant Hampton
Child's voice: Seth Etchells
Third voice: Jenny Naden

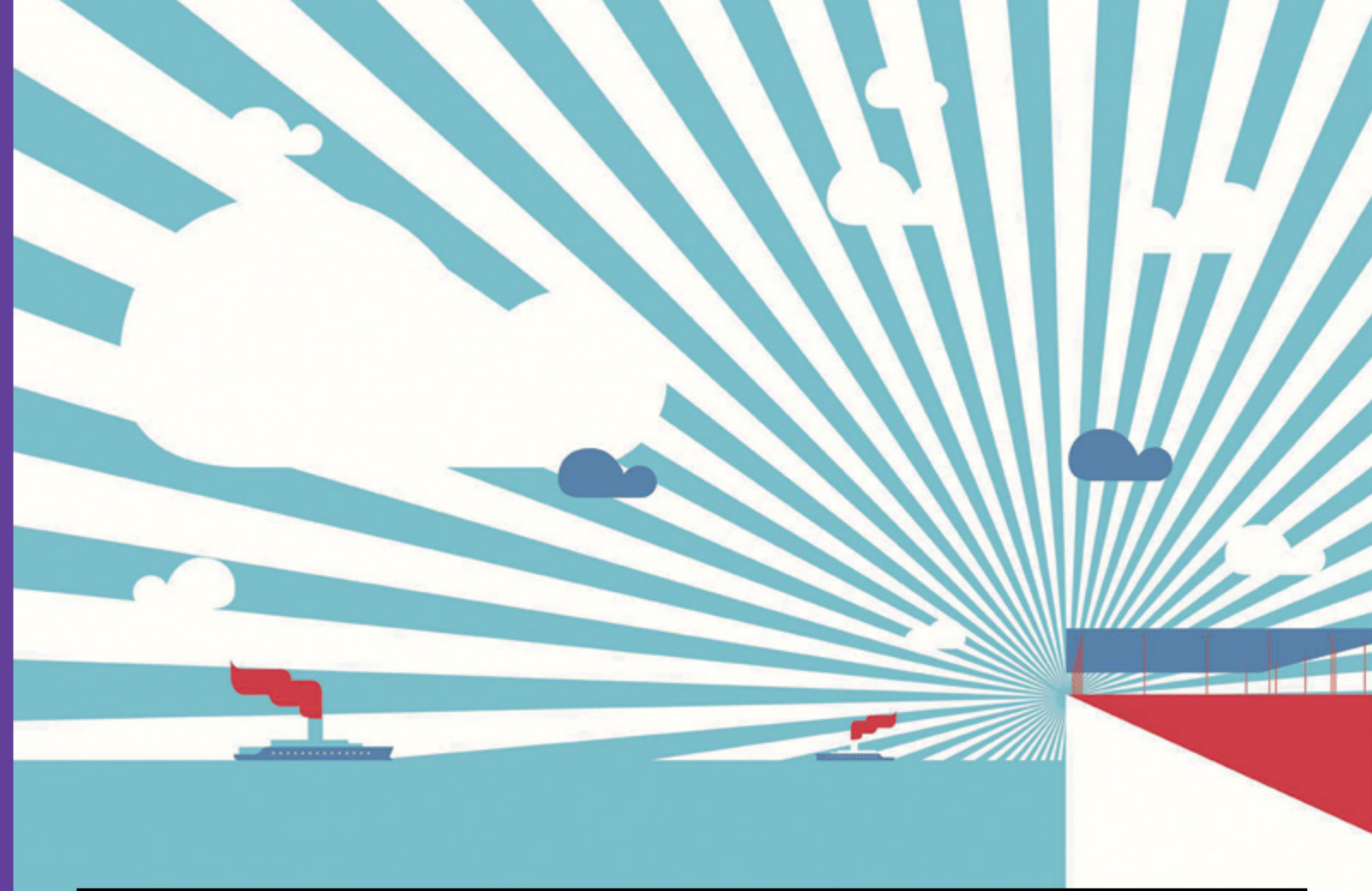


Blindness by José Saramago, translated into Greek by Athina Psylia (2013), courtesy of Kastaniotis Editions

Ágota Kristóf, *The Notebook and The Third Lie*, translated into Greek by Chryssa Tsamadou (Exandas Editions, 1986 & 1995), and *The Proof*, translated by Agni Metaftsi (Exandas Editions, 1990), courtesy of the translators

Kazuo Ishiguro, *When We Were Orphans*, translated into Greek by Argyro Mantoglou (2019), courtesy of Psychogios Publications

Free admission by preregistration at SNFCC.org



The Long Flight

A Story about the SNFCC

Saturday 14/12 | 12.00-13.00 → BOOK CASTLE 11

"Now I see it clearly: It's a park on a man-made hill. The architect designed it so that it slopes up towards the sea."

The children's book *The Long Flight* is an introduction to the Stavros Niarchos Foundation Cultural Center (SNFCC). Our pilot on this flight is the city's strangest butterfly. The book guides us through this new Athens landmark, making links to the ancient city.

The book will be introduced by writer Vangelis Iliopoulos.

Free admission





Bauhaus at 100: Legacy of Modernity

In December, the SNFCC's collaboration with the Goethe-Institut Athen, in view of the 100-year anniversary of the Bauhaus School, continues through talks, screenings and art workshops for children and adults.

"Bauhaus at 100" explores the legacy of the 20th century's most iconic art & design school in the fields of architecture, industrial design, the arts, dance and education.

Bauhaus Workshops for Adults: Experience the Bauhaus stage

Costumes - Masks - Movement - Dance

Come and experience the legendary Bauhaus Stage with Oskar Schlemmer's *Triadic Ballet* (1922) as a starting point. Schlemmer was an illustrious artist of the Bauhaus Stage, where he also served as director from 1923 to 1929.

In this workshop, we create our own costumes and experiment on the combination of movement and music, dancing to the themes of the ingenious *Triadic Ballet*. Schlemmer's masterpiece had a profound impact on 20th century's dance, design and fashion scene, as well as today's artistic production.

Excerpts from the 1970 revival of Triadic Ballet will be screened during the workshop.

Friday 06/12, 17.30-20.30

MULTIFUNCTIONAL SPACE 11

For adults

(up to 10 participants by preregistration at SNFCC.org)

Design-Implementation: Natasha Hassiotis, dance historian and critic



Bauhaus Workshops for Families: Postcards & Posters

In 1923, the first Bauhaus exhibition took place in Weimar where the results of the Bauhaus School were first presented. In order to promote both the exhibition and the School and its ideas, the Bauhaus students designed their own postcards and posters.

Inspired by their creations, kids and adults will learn all about poster art, graphic design in advertising and typography at the Bauhaus. They will, in turn, design their own postcards and posters, promoting their school or a particular cultural event.

Sunday 08/12, 12.00-14.00

KIDS LAB 11

For children aged 8-12 and their adult chaperones

(Up to 12 children and 12 adult chaperones by preregistration at SNFCC.org)

Design-Implementation:

Nikoletta Stathopoulou & Kleri Siakagianni, teachers

Bauhaus Talk: Dr. Friedrich von Borries Politics of Design - Design of Politics How Political Is Design?

Design is always political, Friedrich von Borries claims, at least if one is to understand it as the responsible design of our social worlds, rather than a superficial, profit-seeking kind of design.

Beginning with historical positions, such as those of the Bauhaus, von Borries' talk guides us all the way to the present, where he postulates an expansion of our understandings of design, based on such concepts as "survival design" (Überlebensdesign) and "self-design" (Selbstdesign). In a concluding argument, he reflects upon a core question: can design contribute to the improvement of our democracy and assist us in overcoming the "crisis of representation", or would this surpass the limits of its theory and principle? And, finally, what does it mean to be politically active as a designer today?

Dr. Friedrich von Borries is an architect and professor of design theory at the University of Fine Arts of Hamburg.

Wednesday 11/12, 19.00-20.30

BOOK CASTLE 11

The talk will be conducted in German, with real-time translation into Greek and Greek Sign Language.

Free admission



DIALOGUES Live-Streaming at the SNFCC

Wednesday 18/12 → MULTIFUNCTIONAL SPACE 11

The SNFCC presents the DIALOGUES of the Stavros Niarchos Foundation in live-streaming.

Through its monthly series of events, entitled DIALOGUES, the Stavros Niarchos Foundation presents individuals and representatives of civil society who inspire others through their work, actions and vision, coming from different fields, backgrounds, and countries. DIALOGUES delve into different themes that cut across the key pillars of the Foundation's work: Arts and Culture, Education, Health and Sports, and Social Welfare.

Through this series of events, which are free and open to the public, the SNF seeks to catalyze conversations around critical issues, create a platform for the exchange of ideas, present individuals who inspire a new way of thinking, and encourage collaboration among individuals and organizations across the globe. The events follow a flexible format, which is subject to change based on the theme of each event, featuring panel discussions, one-on-one conversations and presentations, among others.

The DIALOGUES are curated and moderated by **Anna-Kyntia Bousdoukou**.

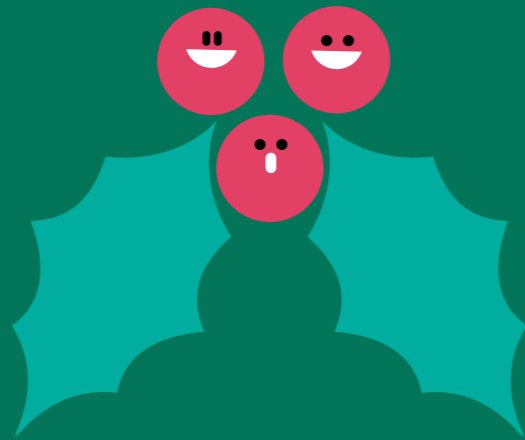
DIALOGUES are free and open to the public. Participants must preregister online, on a first-come, first-served basis.

For more information visit SNF.org



Weekends at the SNFCC

Enjoy your December weekends at the SNFCC! We plant seasonal vegetables and plants in the Stavros Niarchos Park's winter vegetable garden, appreciating the importance of gardening and discovering its secrets. We also explore the exciting world of cooking with herbs, learning how to grow aromatic plants in our garden or balcony. Naturally, we take a lovely walk in the Park – on a Friday, not a Saturday this time – with actress Lena Papaligoura, who guides us through different paths and aspects of the Park, inspired by nature, history, poetry and personal storytelling.



Aromatic Plants in the Garden and Balcony

Engaging with aromatic plants gives us pleasure and promotes health and well-being. Join us for an introduction to the exciting world of cooking with herbs. In this new SNFCC workshop we will have the opportunity to connect with nature and discover its bounty.

Through experiential activities we will gain a thorough understanding of how to plant and grow seasonal aromatic plants in the garden or the balcony, while expanding our cooking repertoire with new aromas, textures and colors.

Sunday 01/12
11.00-14.00

VEGETABLE GARDEN 20

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Stavroula Katsoyanni, Agronomist – Landscape Architect
Stamatis Kavassilis, Agronomist – Soil Specialist



Gardening for Families

In addition to being a fun hobby, gardening is also relaxing and helps both kids and adults to develop their skills, enhance their sense of responsibility and boost their self-confidence.

In this new SNFCC workshop series, children and adults learn the value and importance of gardening, they discover its secrets, and talk about how plants grow and develop, and what their needs are.

We work in teams to create a beautiful and productive vegetable garden in the Stavros Niarchos Park garden beds: Prepare it, make planting beds and gradually plant seasonal vegetables. We experience gardening tasks, including seeding, planting, watering, nutrition, protection, hoeing and weeding.

Soil and Legumes

In our December meeting we learn about soil and legumes. We develop our understanding of how these interact by growing legumes and green manure plants (a method of naturally enriching the soil with nutrients) to increase the organic content of the soil.

Sunday 15/12
11.00-13.00

VEGETABLE GARDEN 20

For children aged 5-12 and their adult chaperones

(up to 30 participants, 15 children and 15 adult chaperones, on a first-come, first-served basis)

Design-Implementation:
Med Culture - Panagiotis Papadopoulos, Agronomist MSc

A Walk in the Park

Staging: Georgina Kakoudaki

This month's guide: Lena Papaligoura

Whether you are already familiar with the Stavros Niarchos Park or not, this guided tour series will make you see the landscape in a different light.

Having a different artist as a guide each time, visitors enjoy a walk in which nature, history, poetry and personal storytelling make for a new experience every time, crafted by director and dramaturg Georgina Kakoudaki.

In December, our guide will be actress Lena Papaligoura.

Lena Papaligoura graduated from Panteion University and the Greek Art Theater Drama School. In 2013 she received the Melina Mercouri Theater Award for best young actress. She has also received the Karolos Koun Award (honorary distinction for young artist) and the Athinorama Audience Award.

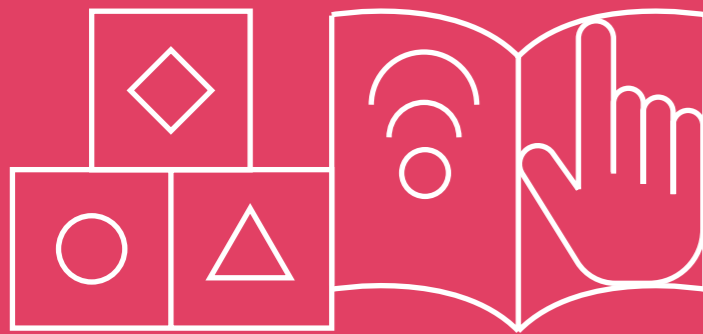
She has performed in many theatrical productions (National Theater of Greece, Poreia Theater, Piccolo Teatro di Milano etc.) and has worked with various Greek and international directors, including K. Evangelatos, M. Marmarinos, D. Tarlow, Ai. Chilakis, Y. Chouvardas and Bob Wilson, in classic and contemporary plays.

Moreover, she has starred in cinema and television productions under prominent directors, including T. Angelopoulos, P. Voulgaris, P. Kokkinopoulos and K. Koutsomytis.

Friday 20/12
16.30-19.30

Meeting Point: VISITORS CENTER 23

(up to 20 participants per guided tour – free admission by preregistration at SNFCC.org)



Education

Computer Courses for persons aged 65+

Introductory courses in digital skills, intended for users with no previous experience who seek to familiarize themselves with using a computer and learn how to perform basic tasks, such as word processing or web browsing – skills that will enable them to carry out everyday tasks.

*Using simple and practical learning steps, this course is geared towards novice users aged 65+ as well as everyone wishing to gain a basic mastery of the subject.

Monday-Friday
11.00-12.00, 12.30-13.30, 14.00-15.00

PC LAB 11

(up to 16 participants on a first-come, first-served basis)

*On 25, 26/12 & 01, 06/01 there will be no courses.



Sports & Wellness

Sports and Technology

This Christmas, the Sports Excellence unit and its specialists join us at the SNFCC, to introduce us to the latest advanced sports equipment, give us useful tips and discuss the benefits of exercise for children and adults.

Visitors will have the opportunity to try state-of-the-art devices, wearables and accessories, including performance monitors for rowing and skiing, optical resistive sensors, resistive robots, and laser aiming devices.

Monday 23/12
Tuesday 24/12
Thursday 26/12
Friday 27/12
14.30-16.00

Thursday 02/01
Friday 03/01
14.00-15.30

RUNNING TRACK 6

For children aged 6+ and adults

Design-Implementation:
Regeneration & Progress

Fitness for everyone

Experienced physical education trainers are available in the outdoor gym and the track to offer advice and training recommendations, and provide your personal fitness evaluation.

Moreover, you can sign up for a custom-designed group fitness program, including aerobic exercise, muscle enhancement, flexibility exercises and rehabilitation.

Monday 02, 09, 16/12
Tuesday 03, 10, 17/12
Wednesday 04, 11, 18/12
Thursday 05, 12, 19/12
Friday 06, 13, 20/12 & 03/01
18.00-21.00

RUNNING TRACK 6

For adults

(on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

An ideal location for sports, the Stavros Niarchos Park invites everyone to join our Sports & Wellness programs.

Mat Pilates - Beginners

A creative way to keep in shape, Pilates helps us to strengthen our core and improves flexibility and balance. Performed on a mat, the workout is suitable for people of all ages and levels.

Participants should bring their own pilates mat and wear comfortable clothes.

Monday 02, 09, 16, 23/12
07.30-08.45

GREAT LAWN 1

Tuesday 03, 10, 17/12
Thursday 05, 12, 19/12
18.00-19.00

RUNNING TRACK 6

Wednesday 04, 11, 18/12
07.45-09.00

Friday 06, 13, 20, 27/12 & 03/01
08.45-10.00

GREAT LAWN 1

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Yoga in the Park

Yoga helps coordinate physical movement and mental processes through gentle practice involving breathing, asana postures, and relaxation. Through gentle, controlled breathing, participants gain peace of mind, self-control and concentration, and develop positive thinking.

Participants should bring their own yoga mat and wear comfortable clothes.

Monday 02, 09, 16, 23/12
Friday 06, 13, 20, 27/12 & 03/01
18.00-19.30

RUNNING TRACK 6

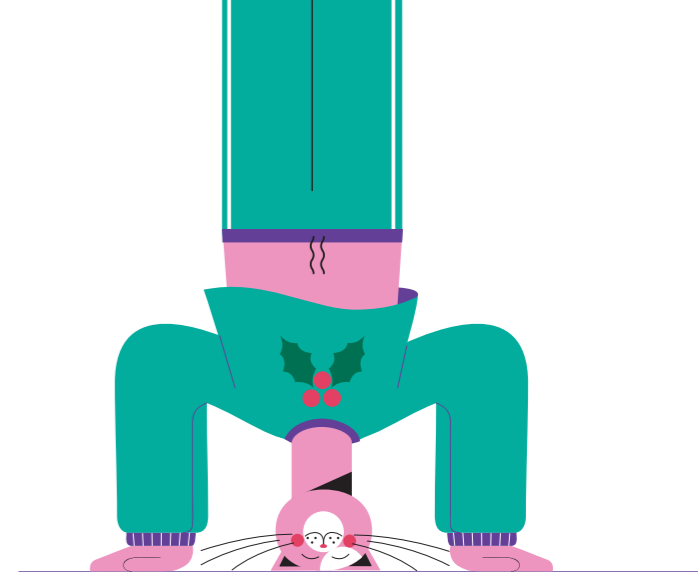
Tuesday 03, 10, 17/12
Thursday 05, 12, 19/12
08.00-09.30

GREAT LAWN 1

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress



Mat Pilates - Advanced

A dynamic pilates course for advanced students that emphasizes on flow and rapid change of positions. Changing positions is done in a way that strengthens the muscles, enhancing the body's resilience.

Participants should bring their own pilates mat and wear comfortable clothes.

Monday 02, 09, 16, 23/12
08.45-10.00

Friday 06, 13, 20, 27/12 & 03/01
07.30-08.45

GREAT LAWN 1

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Fitness and Memory

A cognitive and physical exercise program aimed at people aged 60+ who experience mild to moderate memory impairment and/or other cognitive decline, as well as people in the same age group who wish to engage in activities for prevention.

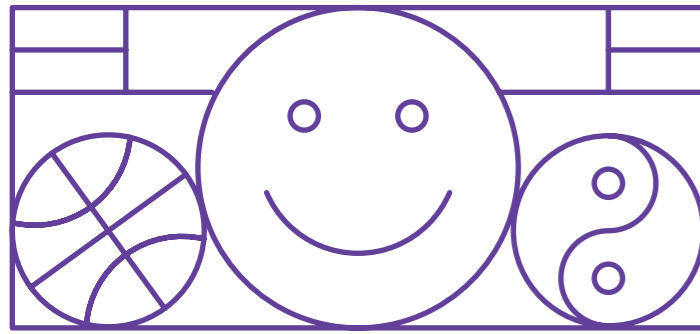
Tuesday 03, 10, 17/12
Thursday 05, 12, 19/12
18.00-18.50
19.00-19.50

MAKER SPACE 11

For ages 60+

(up to 8 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress



Sports & Wellness

Sports for Seniors

Exercise is the most powerful tool for preventing and treating chronic conditions, including diabetes, heart disease and obesity. This program benefits adults over 65 as well as younger persons who suffer from chronic ailments.

Sports Excellence staff (physical education teachers, physiotherapists, cardiologists) design and implement custom programs featuring walking, yoga, resistance bands, dumbbells and ground exercises. Each participant's weekly activity will be recorded, and their physical condition will be evaluated every three months.

A certificate of fitness issued by a pathologist or cardiologist is required.

Monday 02, 09, 16, 23/12
Friday 06, 13, 20, 27/12 & 03/01
10.00-10.50 | 10.50-11.40
MAKER SPACE 11

For ages 60+

(up to 8 participants on a first-come, first-served basis)

Wednesday 04, 11, 18/12
10.00-10.50 | 10.50-11.40
MULTIFUNCTIONAL SPACE 2 11

Design-Implementation:
Regeneration & Progress

SNFCC Running Team

The Park's running aficionados join forces in a team that trains every Tuesday and Saturday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and support.

Tuesday 03, 10, 17/12
18.30-20.00

Saturday 07, 14, 21, 28/12 & 04/01
08.30-10.00

RUNNING TRACK 6

For ages 15+

(up to 50 participants on a first-come, first-served basis)

*Teenagers aged 15-17 must have written parental/guardian consent and supervision to participate

Design-Implementation:
Regeneration & Progress

Tai Chi

An ancient Chinese martial art evolved into a pleasant and low-intensity form of exercise. Slow, focused movement and deep breathing help to reduce stress and anxiety, while increasing flexibility and balance.

Tai Chi is suitable for all ages and all fitness levels.

Beginners
Wednesday 04, 11, 18/12
18.00-19.15
RUNNING TRACK 6

Saturday 07, 14, 21, 28/12 & 04/01
08.30-09.45
GREAT LAWN 1

Advanced
Friday 06, 13, 20, 27/12 & 03/01
19.00-20.15

RUNNING TRACK 6

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Family Games

An entertaining activity with games specially designed for the whole family. Parents and adult chaperones are encouraged to play and collaborate with their children in the Park, sharing their educational stimuli and developing their imagination.

Saturday 07, 14/12 & 04/01
13.00-14.30

RUNNING TRACK 6

For children aged 5+ and their adult chaperones

(up to 50 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

First-Aid course

A non-certified training is offered for heart attack and drowning incidences, as well as the use of an Automated External Defibrillator. Participants will also have a hands-on experience with the use of specifically designed models/preforms.

Wednesday 18/12
17.30-19.00
19.00-20.30

MAKER SPACE 11

For adults

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Sporting Duels

Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

Sunday 01, 08, 15/12 & 05/01
16.00-17.15

RUNNING TRACK 6

For children aged 5-10

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Qigong 50+

Age-old Chinese practice suitable for all fitness levels, in a program designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control.

Tuesday 03, 10, 17/12
Thursday 05, 12, 19/12
17.00-18.15

RUNNING TRACK 6

For ages 50+

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Pétanque

Relatively unknown, pétanque is a sport that combines accuracy, coordination and concentration. Competitors, playing either one on one or in teams, try to get as close as possible to a target, by throwing boules.

Sunday 01, 08, 15, 22/12 & 05/01
12.00-14.00

ESPLANADE 17

For children aged 9+ and adults

(on a first-come, first-served basis)

*Children must be accompanied by an adult chaperone

Design-Implementation:
Regeneration & Progress

Street Soccer 5X5

Football match events suitable for children aged 6-13, in five-member teams.

Sunday 01, 08, 15, 22/12 & 05/01
Saturday 07, 14, 21, 28/12 & 04/01
10.00-13.00

OUTDOOR GAMES AREA 25

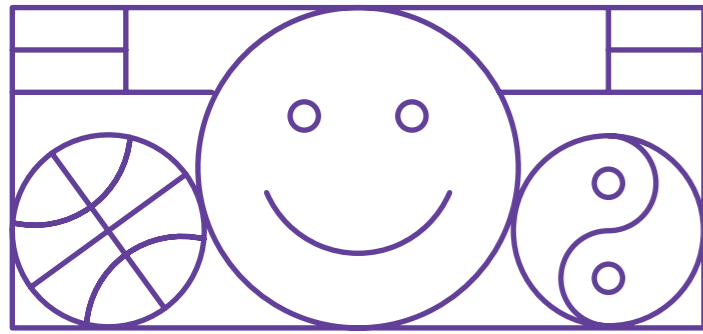
ages 6-7: 10.00-10.30
ages 6-7: 10.30-11.00
ages 8-10: 11.00-11.30
ages 8-10: 11.30-12.00
ages 11-13: 12.00-12.30
ages 11-13: 12.30-13.00

For children aged 6-13

(up to 10 children per 30' session on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress





Sports & Wellness

Mini Handball

Children will have the opportunity to play the Olympic team game handball.

Sunday 01, 08, 15, 22/12 & 05/01
Saturday 07, 14, 21, 28/12 & 04/01
13.00-15.00

OUTDOOR GAMES AREA 25

ages 6-9: 13.00-13.30
ages 6-9: 13.30-14.00
ages 10-13: 14.00-14.30
ages 10-13: 14.30-15.00

For children aged 6-13

(up to 12 participants per 30' session on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Mini Tennis

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

Sunday 01, 08, 15, 22/12 & 05/01
Saturday 07, 14, 21, 28/12 & 04/01
16.00-19.00

OUTDOOR GAMES AREA 25

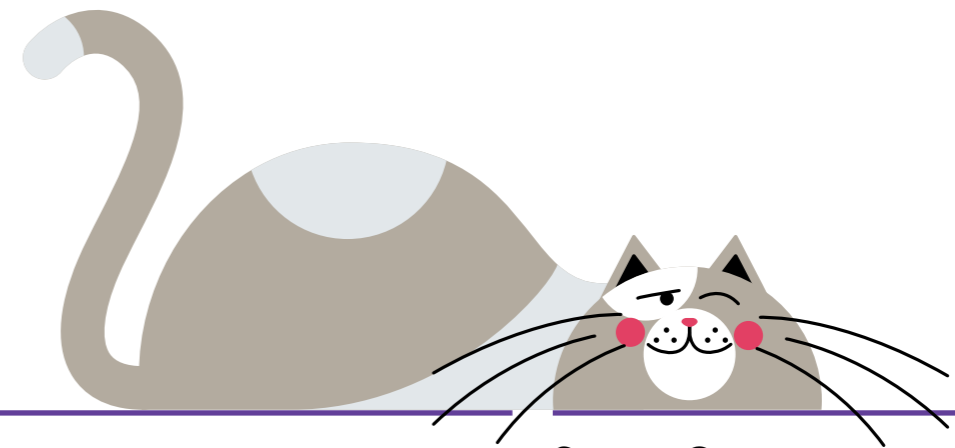
ages 4-7: 16.00-16.30
ages 4-7: 16.30-17.00
ages 4-7: 17.00-17.30
ages 8-12: 17.30-18.00
ages 8-12: 18.00-18.30
ages 8-12: 18.30-19.00

For children aged 4-12, age group categories 4-7 & 8-12

(up to 8 children per 30' session by preregistration at SNFCC.org)

**On Sundays Mini Tennis turns to Blind or Soundball Tennis for vision-impaired and blind persons*

Design-Implementation:
Regeneration & Progress



Mini Volley

Invented in 1895 in Massachusetts, U.S.A., volleyball is a major Olympic sport, mainly characterized by three features on which children will practice: (a) the overhand pass; (b) the forearm pass; (c) the underhand serve.

Tuesday 03, 10, 17/12
Thursday 05, 12, 19/12
17.00-19.00

OUTDOOR GAMES AREA 25

ages 4-7: 17.00-17.30
ages 4-7: 17.30-18.00
ages 8-12: 18.00-18.30
ages 8-12: 18.30-19.00

For children aged 4-12

(up to 10 participants per 30' session by preregistration at SNFCC.org)

Design-Implementation:
Regeneration & Progress

Sports Games

A recreational activity for children in the Park, aimed at fostering sporting spirit. Action, interactive and musical movement games take the form of team sports, providing opportunities to collaborate, communicate and exercise.

Saturday 07, 14/12 & 04/01
16.00-17.15

RUNNING TRACK 6

For children aged 5-10

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Team Playing (Football Skills)

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

Monday 02, 09, 16, 23/12
Wednesday 04, 11, 18/12
Friday 06, 13, 20, 27/12 & 03/01
17.00-20.00

OUTDOOR GAMES AREA 25

ages 5-7: 17.00-17.30
ages 5-7: 17.30-18.00
ages 8-10: 18.00-18.30
ages 8-10: 18.30-19.00
ages 11-13: 19.00-19.30
ages 11-13: 19.30-20.00

For children aged 5-13

(up to 12 children per 30' session on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Artistic Gymnastics

Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential, whilst improving flexibility and motor coordination.

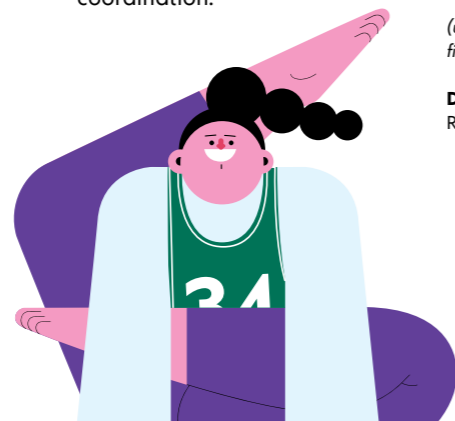
Saturday 07, 14, 21/12 & 04/01
11.45-13.00

RUNNING TRACK 6

For children aged 3-6

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress



Mini Basket

Being a team sport, basketball improves children's social and team-working skills, while also benefitting their physical abilities. In SNFCC's mini basket sessions, children will have the opportunity to discover basketball through team play, while developing and enhancing their motor skills.

Tuesday 03, 10, 17/12
Thursday 05, 12, 19/12
19.00-21.00

OUTDOOR GAMES AREA 25

ages 6-8: 19.00-19.30
ages 6-8: 19.30-20.00
ages 9-12: 20.00-20.30
ages 9-12: 20.30-21.00

For children aged 6-12

(up to 10 children per 30' session by preregistration at SNFCC.org)

Design-Implementation:
Regeneration & Progress

Dynamic Duathlon

The Dynamic Duathlon combines laser target practice and running for fitness. Moreover, target practice is a great opportunity for children to improve their concentration and focus.

Saturday 07, 14, 21/12 & 04/01
16.00-17.15

RUNNING TRACK 6

For children aged 10-15

(up to 12 participants by preregistration at SNFCC.org)

Design-Implementation:
Regeneration & Progress

Giuseppe Verdi Don Carlo Opera

08, 13, 15, 19, 21, 28/12
02, 05/01

Starts at:
19.00

Sundays:
18.30

**GNO STAVROS
NIARCHOS HALL** 13

Italian Opera Cycle

*The Italian 5-act version is presented
(Modena version, 1886)*

**A co-production of the Royal Opera House,
London, the New York Metropolitan Opera
and the Norwegian National Opera (Oslo)**

One of the most important operas of Verdi's mature period returns to the GNO: Don Carlo, based on Friedrich Schiller's play of the same title, shall be presented in its Italian five-act version (Modena, 1886), directed by the great British director and former artistic director of London's Royal National Theatre Sir Nicholas Hytner, with sets and costumes by Bob Crowley. An opera full of impressive arias, duets and compelling ensembles, a work with deeply human characters, who struggle to achieve a balance between their feelings and duty.

Conductor: **Philippe Auguin**
Director: **Sir Nicholas Hytner**

With the **GNO Orchestra, Chorus and Soloists**



Lena Platonos The emperor's nightingale Opera for children and youth

11, 12/12

Starts at:
11.00

**GNO STAVROS
NIARCHOS HALL** 13

In collaboration with the Animasyros International Animation Festival + Agora

After having impressed children and adults at the Alternative Stage, Lena Platonos' musical fairy tale *The emperor's nightingale* will be presented during the 2019/20 season on the big stage of the Stavros Niarchos Hall. It is an impressive production in which opera engages in a dialogue with animation. Hans Christian Andersen's tale of the same title is transformed into a parable about the relationship between art and technology, which nowadays is more topical than ever.

Orchestration: **Lena Platonos - Stergios Tsiriagos**
Libretto: **Giorgos Voloudakis**
Director: **Katerina Petsatodi**

22, 24, 26, 27, 29, 31/12

Starts at:
20.00

Sundays: 18.30
31/12 at 19.00

**GNO STAVROS
NIARCHOS HALL** 13

Rigos/Tchaikovsky Swan Lake Ballet

The great success of the Greek National Opera's Ballet, after the sold-out run of the previous season, returns for six more performances at Christmas time. Konstantinos Rigos, in his first choreography after assuming the directorship of the GNO Ballet, created a new reading of *Swan Lake*, in which excerpts from Petipa/Ivanov's classical choreography engage in a dialogue with his own new choreography which is based on a neoclassical concept.

Conductor: **Dimitris Botinis**
Choreography, director, sets: **Konstantinos Rigos**
(with references to the choreographies of **Marius Petipa** and **Lev Ivanov**)

With the **GNO Orchestra, Principal dancers, Soloists,
Demi-Soloists and Corps de Ballet**



01, 03, 04, 05, 06/12
10, 11, 12, 13, 15/12
17, 18, 19, 20, 21/12
22, 24, 27, 28, 29, 31/12

Starts at:
11.00

**GNO ALTERNATIVE
STAGE 13**

Founding donor of the Alternative Stage:

ΙΣΝ / SNF ΙΔΡΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
STAVROS NIARCHOS FOUNDATION

Patari Project Four Seasons Based on Antonio Vivaldi's work of the same title

**Music theater for children and youth
GNO Alternative Stage commission**

Four seasons, a performance based on Antonio Vivaldi's timeless masterpiece, will be presented as the main music theater production for children and youth of the GNO Alternative Stage. A work of huge artistic value which praises nature, *Four seasons* comes to life in a unique, playful and entertaining way, while developing children's ecological awareness and artistic education.

The work will be staged by the Patari Project, under the guidance of the talented director Sophia Paschou, a company whose performances in the last years have become a point of reference for children and young people's theater audiences. The idea of recycling lies at the heart of this particular project's concept.

Music composition: **Nikos Galenianos**
Director: **Sophia Paschou**

Alan Jay Lerner & Frederick Loewe My Fair Lady Musical

01, 05, 06, 07, 08/12
12, 13, 14, 15, 19, 20/12
21, 22, 24, 26, 27, 28, 29,
31/12

Starts at:
20.00

**Sundays &
24, 26, 27/12**
at 19.00
31/12 at 18.30

**GNO ALTERNATIVE
STAGE 13**

Alan Jay Lerner & Frederick Loewe's "perfect musical" *My fair lady*, one of the most successful and much-loved Broadway musicals, is presented for the first time in Greece in its full unedited version by the GNO Alternative Stage. The romantic story of a linguistics professor in early-20th century London who tries to transform a flower girl into a refined upper-class lady comes to life conducted by Stathis Soulis, directed by Giannos Perlegkas (who also plays Professor Higgins) and Dimitris Dimopoulos (Lyrics), with the participation of an excellent cast of GNO soloists.

Conductor: **Stathis Soulis**
Director: **Giannos Perlegkas**

04/12

Starts at:
20.30

**GNO ALTERNATIVE
STAGE 13**

2019 Piano Festival of the Alternative Stage Romanticism

Recital: Thodoris Tzovanakis

In collaboration with the Thessaloniki Piano Festival


The 2019 Piano Festival of the GNO Alternative Stage, a great celebration for the "king of instruments", returns for a third year with a program aiming at the heart of the piano repertoire: Romanticism. This year's Festival will end with a unique recital by distinguished pianist Thodoris Tzovanakis.

Artistic curator:
Charalambos Angelopoulos



GNO LEARNING & PARTICIPATION ACTIVITIES

All GNO Learning and participation programs are free of charge. Registration is required.

Major donor of the GNO learning & participation:
 ΙΣΤΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
 STAVROS NIARCHOS FOUNDATION



Mondays
18.30-20.00

Information/Registration:
213 088 5752
(Monday-Friday,
10.00-18.00)
education@nationalopera.gr

GNO FACILITIES 13

Intercultural Choir

In the fourth year since its formation, the GNO Alternative Stage's Intercultural Choir continues its thrilling multicultural journey into the four corners of the world. Songs of imperishable melodic richness from the traditional music of the countries of origin of its members (it already numbers more than 25 members) make up its repertoire which is constantly enriched with new material. Each meeting is a unique musical experience!

Choir Conductor: **Vassula Delli**

Mondays
18.00-21.00

Information/Registration:
213 088 5752
(Monday-Friday,
10.00-18.00)
education@nationalopera.gr

GNO FACILITIES 13

Intercultural Orchestra

In October 2018 a special journey into the music world began, as the Alternative Stage in collaboration with the GNO's Learning & Participation launched a new ensemble, the Intercultural Orchestra. With the goal of embracing people and music, languages and melodies from different countries of the world, the Orchestra continues for a second year to serve as a hub of equal participation and interaction, and as a platform of communication between different perceptions and cultures.

Orchestra Manager: **Harris Lambrakis**

Mondays
16.00-18.00

Information/Registration:
213 088 5752
(Monday-Friday,
10.00-15.00)
education@nationalopera.gr

GNO FACILITIES 13

Choir 65+

"The chorus is for women and men over 65 who want to share the joy of music. For those who have a secret wish to experiment with different songs – known or unknown. For those who want to unite their voices with the voices of other people. For those who need to sing. For those who feel the time has come to be heard."
– Dimitra Papastavrou

Chorus Conductor: **Dimitra Papastavrou**
Piano: **Kostas Papathymnios**

Participation on a first-come, first-served basis

07, 08, 14, 15/12
15.00-17.00

Information/Registration:
213 088 5752
(Monday-Friday,
10.00-18.00)
education@nationalopera.gr

GNO FACILITIES 13

Meet Petipa

The Greek National Opera invites for a second year children, teenagers, adults and people aged over 65 to get to know the work of Marius Petipa (1818-1910) through a workshop held on the occasion of the 200th anniversary of his birth. *The Meet Petipa* workshop aims at introducing the top choreographer's work to young audiences through the teaching of excerpts from his original, imaginative choreography for the masterly Swan Lake.

Facilitators: Giorgos Varvariots, Aimilia Gaspari, Vanessa Kourkoulou, Stratos Papanousis, Igor Siadzko, Alina Stergianou, Vicky Tsirogianni

15/12
10.30-11.30 & 12.00-13.45
22/12
10.00-11.45 & 12.15-14.00

Information/Registration:
213 088 5752
(Monday-Friday,
10.00-18.00)
education@nationalopera.gr

GNO FACILITIES 13

Daddy... Shall We Dance?

For a second year in a row, GNO's Learning & Participation Department invites dads and their children for a ballet workshop. The aim of the workshop is for the participants to explore their skills and enhance their relationship through kinetic activities, improvisation and movement games. But above all, the aim is to have fun and to dare to dance!

Design-Implementation:
Olivia Thanasoula, Elina Tsimprou

21/12
18.00-21.00

GNO FACILITIES 13

Transmedia Labworks

After three months of intense collaboration, workshops and experimentation, the 18 young artists (music, sound, visual arts), participants of the workshop *Transmedia Labworks*, share their creative output with an open presentation in the workshop studios. Join them at the GNO premises in Kalithea (16, Archimedes str).

Design-Implementation: Stavros Gasparatos (composer, soundartist), Tasos Kanellos (architect, MScComputation), Dr. Anna Laskari (architect, MScComputation), Panos Tsigkos (music technology)

Storytelling Meets Music

21 & 22/12

Starts at:
10.30-11.30
12.30-13.30

NLG BOOK CASTLE 11

Stories based on the idea of Winter Solstice - the longest night

The GNO's Learning & Participation Department presents two of the most prominent performers of Mezrab, the biggest live storytelling stage in Europe, at the Book Castle of the Greek National Library. The storytellers will collaborate with distinguished local musicians in order to co-create a performance of live-improvised storytelling and music performance based on the idea of winter solstice for children audiences from 6 to 16 years old.

Performance language: **Greek and English**
Design-Implementation: **Anastasis Sarakatsanos and Margo van de Linde**
Musicians: **Mihalis Vrettas and Guido de Flaviis**

Guided Tours



Want to know more about the SNFCC? We offer daily **guided tours of its award-winning building complex**, home to the new premises of the Greek National Opera (GNO) and the National Library of Greece (NLG), designed by the Renzo Piano Building Workshop. Discover public areas and go backstage in the two buildings. We will visit the rehearsal spaces, the Stavros Niarchos Hall and the Greek National Opera's Alternative Stage, and stroll through the Library's Public Section, Reading Rooms and Vaults.

Guided tours of the Stavros Niarchos Park, which has received the first prize at the European Garden Awards and is the largest public Mediterranean garden in the world, are conducted daily.

An example of state-of-the-art landscape architecture, the city's new Park is designed according to sustainability principles, with respect for the ecosystem and the challenges of an ever-changing environment. A welcoming, open space, whose vegetation and overall design capture the essence of the Mediterranean landscape, is open for visits daily.

- To find out more information, see the guided tours schedule and preregister, please visit SNFCC.org/tours
- The guided tours follow a continuous walking route on the SNFCC premises, including the use of stairs and elevators.
- Please note that the Stavros Niarchos Park guided tours are subject to weather conditions.
- Discover the series of guided tours, A Walk in the Park, on page 25.

Group tours

For more information on group tours please contact us at tours@SNFCC.org

Permanent Exhibit

Monday-Sunday
06.00-00.00

SNFCC LOBBY 18

Spyros Louis Cup

Conceived and designed by Michel Bréal for the champion of the first Marathon race – the Greek runner Spyros Louis – the Silver Cup was awarded at the first modern Olympic Games in Athens in 1896; today, it is on permanent display at the SNFCC.

This historic item was acquired by the Stavros Niarchos Foundation when it became available for sale by the runner's grandson at Christie's. As soon as the Cup was acquired, the SNF committed to making it accessible to the public, keeping it permanently on display at the SNFCC.

Monday-Sunday
06.00-00.00

2nd FLOOR NLG 11

Afea, George Zongolopoulos

Greek artist George Zongolopoulos presented the sculpture Afea at the XXe Salon de la Jeune Sculpture in Paris in 1968, while it also featured at an open-air exhibition at Palais Royal in the same year. The sculpture is one of the few works in which the artist chooses to paint the metal he uses.

Being a painter himself, but also sharing the same studio with his wife, painter Eleni Paschalidou-Zongolopoulou, George Zongolopoulos was very keen on experimenting with ways to translate a sculpture into a sketch or painting, and vice versa.

The sculpture is exhibited courtesy of the George Zongolopoulos Foundation.

Useful Info

December opening hours

- **Stavros Niarchos Park:**
01/12-20/12
Monday - Thursday: 06.00-22.00
Friday - Sunday: 06.00-00.00
21/12-06/01
Monday - Sunday: 06.00-00.00
- **Agora, Lighthouse:** 06.00-00.00
- **Info Point at the SNFCC Lobby:** 08.00-22.00
- **Info Point at the Visitors Center:** 08.30-22.00

Event attendance

For your participation in the SNFCC workshops, you are advised to be on-site 30 minutes prior to the event, while for some events, preregistration is necessary due to limited seating.

Accessibility

- The Stavros Niarchos Foundation Cultural Center is fully accessible to all.
- All entrances, lifts and the Running Track area are accessible to mobility-impaired persons.
- SNFCC provides parking spaces for mobility-impaired persons on the ground floor of the car park building, as well as wheelchairs for moving inside buildings.
- Wheelchair-accessible restrooms are located at the Visitors Center, the Park Kiosk and the Agora.
- Guide strips are available on all pathways leading to SNFCC premises and Stavros Niarchos Park.
- Guide dogs and hearing dogs are welcome in all SNFCC areas.

Pets

Pets are welcome at all SNFCC's outdoor areas except the Great Lawn, the Labyrinth, and the playgrounds. Pets must always be accompanied by their guardian, who must keep them under direct and constant supervision and clean up after them.

Wi-Fi

Free Wi-Fi is offered at SNFCC. Computers for public use are available on the premises of the National Library of Greece.

Free digital access to newspapers

Visitors can enjoy free access to over 7,000 newspapers and magazines in 60 different languages in digital form on pressreader.com.

Photography

Photography on SNFCC premises is permitted exclusively for private use. For any commercial/promotional photo request, please email us at info@snfcc.org. Use of drones is prohibited.

ATM

Piraeus Bank and National Bank of Greece ATMs are located at the SNFCC Lobby.

First-Aid

First-aid and medical facilities staffed by health professionals are available. Please refer to the map on the next page.

Food & Drink

The following food & drink service points operate:

- **δ / Delta Restaurant** (5A level of GNO)
Brunch: Sunday 11.00-16.00
à la carte Sunday 16.00-00.00
 - **Agora Bistro** (at the Agora)
Monday-Sunday 08.00-00.00
 - **Canal Café** (at the Visitors Center by the Canal)
Sunday-Thursday 09.00-23.00
Friday-Saturday 09.00-00.00
 - **Pharos Café** (at the Lighthouse)
Monday-Sunday 09.00-00.00
Pharos Café's operating hours may change depending on events taking place at the Lighthouse.
 - **Park Kiosk** (in the Park)
01/12-20/12
Monday-Thursday 08.00-22.00
Friday-Sunday 08.00-00.00
21/12-06/01
Monday-Sunday 08.00-00.00
 - **Park Kiosk - Souvlaki** (by the Great Lawn)
Monday-Sunday 12.00-22.00
 - **Coffee & Juice Vans on Tour** (at the Agora)
Monday - Sunday 08.00-21.00
- SNFCC members have a 10% discount at all F&B points.

SNFCC Store

Monday-Sunday 09.00-22.00
The SNFCC Store offers a broad and constantly evolving collection of design objects.

SNFCC Members enjoy a 10% discount.

Environmental Management

SNFCC earned the Platinum LEED certification as a green building – the highest distinction for environmental and sustainable buildings. LEED certification is regarded as the highest possible distinction for environmentally friendly, sustainable buildings. It certifies that a building has been designed and constructed following rigorous principles of sustainable construction and environmentally innovative practices that focus on water and energy efficiency, reduction of CO₂ emissions, indoor environment quality, the rational management of resources. SNFCC is the first cultural project of this scale to earn the LEED Platinum Certification in Europe.

Smoking

Based on the requirements of the LEED certification program earned by SNFCC, smoking is prohibited in all SNFCC indoor areas and within 8 meters of any building opening. In all other SNFCC outdoor areas, smoking is not prohibited; visitors are asked to use the floor ashtrays available in the area. We encourage visitors to refrain from smoking while enjoying the Park.

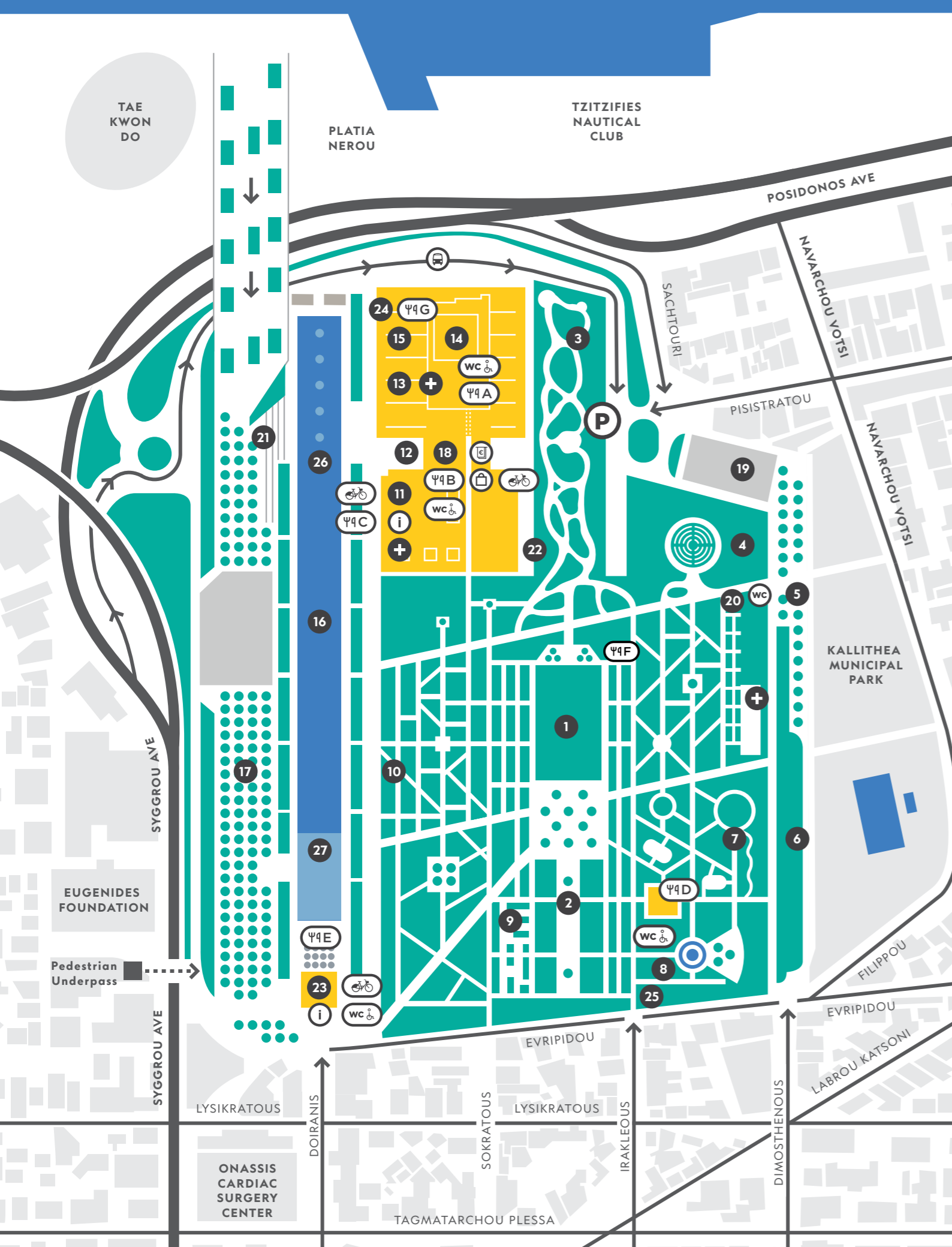
Bicycles

SNFCC offers a bike rental system for children and adults. Please visit SNFCC.org/bikes for additional information, or inquire at the Visitors Center.

Furthermore, in collaboration with BP as its Mobility Partner, the SNFCC has installed bicycle repair stations by the Canal and the Visitors Center, where you can tune up your bike and find out more about its maintenance.

Mobility Partner





Map

Use the corresponding numbers on the map to locate a venue.

- 1 Great Lawn
- 2 Pine Grove
- 3 Southern Walks
- 4 Dome/Labyrinth
- 5 Outdoor Gym
- 6 Running Track
- 7 Playground
- 8 Water Jets
- 9 Sound Garden
- 10 Mediterranean Garden
- 11 National Library of Greece
- 12 Agora
- 13 Greek National Opera
- 14 Lighthouse
- 15 Panoramic Steps
- 16 Canal
- 17 Esplanade
- 18 SNFCC Lobby
- 19 Bus Parking Lot
- 20 Vegetable Garden
- 21 Canal Steps
- 22 Buffer Zone
- 23 Visitors Center
- 24 Delta Hall
- 25 Outdoor Games Area
- 26 Dancing Fountains
- 27 Ice Rink
- Ⓛ SNFCC Bike Rental
- 🏪 SNFCC Store
- 🚌 Shuttle Bus Stop
- ⊕ First Aid
- 🏧 ATM
- ℹ Info Point
- ☕ Ψ4A Pharos Café
- ☕ Ψ4B Agora Bistro
- ☕ Ψ4C Coffee & Juice Vans on tour
- ☕ Ψ4D Park Kiosk
- ☕ Ψ4E Canal Café
- ☕ Ψ4F Park Kiosk - Souvlaki
- ☕ Ψ4G δ / Delta Restaurant

Access

Public Transport

Buses

- 130: Piraeus – Nea Smyrni (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 217: Piraeus – Dafni Station (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 550: Kifissia – Faliro (Evgenideio Stop, Syggrou Avenue northbound, Onassio Stop southbound)
- 860: Palaio Faliro – Schisto (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- A1: Piraeus – Voula (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B1: Piraeus – Ano Glyfada (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B2: Syggrou-Fix – Agios Kosmas (Evgenideio Stop, Syggrou Avenue northbound, Onassio Stop southbound)

Trolleybus

- 10: Chalandri - Tzitzifies (Epaminonda Stop)

Tram

- Tzitzifies Stop

Metro

- Faliro Station

SNFCC is not responsible for any modifications on the public transportation's routes.

Parking

The SNFCC offers parking facilities for cars, motorbikes and bicycles, including dedicated spots for persons with disabilities.

Pricelist:

Cars
 00.00-19.00: €1,50/ hour
 19.00-00.00: €1,50/ hour
 with a maximum charge of €5

Monthly Offer:
 Monday-Friday 07.00-19.00:
 €100/ month

Motorcycles
 €0,70/ hour

SNFCC members enjoy a 10% discount

Free Shuttle Bus

For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Syggrou-Fix Metro station (Syggrou Avenue), and arrives at the SNFCC.

Every Sunday, between 10.30-12.30, the shuttle bus rides only between SNFCC and the Syggrou-Fix Metro Station since Syntagma is not accessible because of the Change of Guard ceremony.

In case of special traffic regulations the timetable may change.

The shuttle bus is accessible to people in wheelchairs, following prior scheduling via phone.

During the holiday season, we will increase the frequency of the shuttle bus.

For further information and timetables visit SNFCC.org or call at 216 8091000.

BP, as SNFCC's Mobility Partner, supports the operation of the shuttle bus.

Mobility Partner



More information:
SNFCC.org

You can now make payments quickly and easily using major debits and credit cards, at the parking payment stations. Contactless payments are also accepted.

On 30/11, the SNFCC Christmas World comes alive and ushers in the most brilliant Christmas festivities – playful light installations, the ever-popular Ice Rink, festive melodies and, of course, our favorite party at the Agora!

Highlights
Christmas Workshops & Activities

Every Day

- 06.00-00.00 Spyros Louis Cup p. 38
- 10.00-19.30 Guided tours of the Stavros Niarchos Park and the SNFCC p. 38
- 09.00-22.00 Jannis Psychopedis Exhibition: POETICAL WORKS p. 16

The major exhibition by Jannis Psychopedis *POETICAL WORKS: Painting Meets Poetry* continues in December at the SNFCC.

• For events marked with *, preregistration at SNFCC.org is required.

• Events marked with ** are ticketed

• Online reservations for workshops or sports events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

• For events on a first-come, first-served basis, please arrive at the event venue 30 minutes before starting time.

Sunday

01

- 10.00-13.00 Street Soccer 5X5 p. 29
- 11.00-14.00 Aromatic Plants in the Garden and Balcony p. 24
- 12.00-14.00 Pétanque p. 29
- 13.00-15.00 Mini Handball p. 30
- 16.00-17.15 Sporting Duels p. 29
- 16.00-19.00 Mini Tennis* p. 30
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

08

- 10.00-13.00 Street Soccer 5X5 p. 29
- 12.00-14.00 Pétanque p. 29
- 12.00-14.00 Bauhaus Workshops for Families: Postcards & Posters* p. 22
- 13.00-15.00 Mini Handball p. 30
- 16.00-17.15 Sporting Duels p. 29
- 16.00-19.00 Mini Tennis* p. 30
- 17.00 **Parabases**** p. 11
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

15

- 10.00-13.00 Street Soccer 5X5 p. 29
- 11.00-13.00 Gardening for Families p. 25
- 12.30 **Christmas Rhythms by El Sistema Greece & Dirty Athens Brass Band** p. 06
- 12.00-14.00 Pétanque p. 29
- 13.00-15.00 Mini Handball p. 30
- 16.00-17.15 Sporting Duels p. 29
- 16.00-19.00 Mini Tennis* p. 30
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

Monday

02

- 07.30-08.45 Mat Pilates - Beginners ... p. 27
- 08.45-10.00 Mat Pilates - Advanced ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-19.30 Step by Step in Art* p. 18
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 18.00-19.30 Yoga in the Park p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

09

- 07.30-08.45 Mat Pilates - Beginners ... p. 27
- 08.45-10.00 Mat Pilates - Advanced ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-19.30 Step by Step in Art* p. 18
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 18.00-19.30 Yoga in the Park p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

16

- 07.30-08.45 Mat Pilates - Beginners ... p. 27
- 08.45-10.00 Mat Pilates - Advanced ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-19.30 Step by Step in Art* p. 18
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 18.00-19.30 Yoga in the Park p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

Tuesday

03

- 08.00-09.30 Yoga in the Park p. 27
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-18.15 Qigong 50+ p. 29
- 17.00-19.00 Mini Volley* p. 31
- 18.00-19.00 Mat Pilates - Beginners ... p. 27
- 18.00-19.50 Fitness and Memory p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 18.30-20.00 SNFCC Running Team ... p. 28
- 19.00-21.00 Mini Basket* p. 31

10

- 08.00-09.30 Yoga in the Park p. 27
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-18.15 Qigong 50+ p. 29
- 17.00-19.00 Mini Volley* p. 31
- 18.00-19.00 Mat Pilates - Beginners ... p. 27
- 18.00-19.50 Fitness and Memory p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 18.30-20.00 SNFCC Running Team ... p. 28
- 19.00-21.00 Mini Basket* p. 31

17

- 08.00-09.30 Yoga in the Park p. 27
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-18.15 Qigong 50+ p. 29
- 17.00-19.00 Mini Volley* p. 31
- 18.00-19.00 Mat Pilates - Beginners ... p. 27
- 18.00-19.50 Fitness and Memory p. 27
- 18.00-20.00 **Magical Images*** p. 12
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 18.30-20.00 SNFCC Running Team ... p. 28
- 19.00-21.00 Mini Basket* p. 31

Wednesday

04

- 07.45-09.00 Mat Pilates - Beginners ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 18.00-19.15 Tai Chi - Beginners p. 28
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

11

- 07.45-09.00 Mat Pilates - Beginners ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 18.00-19.15 Tai Chi - Beginners p. 28
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 19.00-20.30 Bauhaus Talk: Dr. Friedrich von Borries Politics of Design - Design of Politics p. 23
- 19.00-21.00 The Art of Portraiture (3rd cycle)* p. 18

18

- 07.45-09.00 Mat Pilates - Beginners ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 17.30-20.30 First-Aid Course p. 29
- 18.00-19.15 Tai Chi - Beginners p. 28
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- SNF DIALOGUES: Live-Streaming at the SNFCC p. 23

Thursday

05

- 08.00-09.30 Yoga in the Park p. 27
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-18.15 Qigong 50+ p. 29
- 17.00-19.00 Mini Volley* p. 31
- 17.00-19.30 Festive Stories* p. 18
- 18.00-19.00 Mat Pilates - Beginners ... p. 27
- 18.00-19.50 Fitness and Memory p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 19.00-21.00 Mini Basket* p. 31

12

- 08.00-09.30 Yoga in the Park p. 27
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-18.15 Qigong 50+ p. 29
- 17.00-19.00 Mini Volley* p. 31
- 17.00-19.30 Festive Stories* p. 18
- 18.00-19.00 Mat Pilates - Beginners ... p. 27
- 18.00-19.50 Fitness and Memory p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 19.00-21.00 **Lecture | Andreas Kalvos: Three Centuries** p. 17
- 19.00-21.00 Mini Basket* p. 31

19

- 08.00-09.30 Yoga in the Park p. 27
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-18.15 Qigong 50+ p. 29
- 17.00-19.00 Mini Volley* p. 31
- 17.00-19.30 Festive Stories* p. 18
- 18.00-19.00 Mat Pilates - Beginners ... p. 27
- 18.00-19.50 Fitness and Memory p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 19.00-21.00 Mini Basket* p. 31

Friday

06

- 07.30-08.45 Mat Pilates - Advanced ... p. 27
- 08.45-10.00 Mat Pilates - Beginners ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 17.30-20.30 Bauhaus Workshops for Adults: Experience the Bauhaus stage* p. 22
- 18.00-19.30 Yoga in the Park p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 19.00-20.15 Tai Chi - Advanced p. 28

13

- 07.30-08.45 Mat Pilates - Advanced ... p. 27
- 08.45-10.00 Mat Pilates - Beginners ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 18.00-19.30 Yoga in the Park p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 19.00-20.15 Tai Chi - Advanced p. 28

20

- 07.30-08.45 Mat Pilates - Advanced ... p. 27
- 08.45-10.00 Mat Pilates - Beginners ... p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 16.30-19.30 **A Walk in the Park with Lena Papaligoura*** p. 25
- 17.30-19.00 Ebru Kids: Christmas Snapboxes* p. 13
- 18.00-19.30 Yoga in the Park p. 27
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 19.00-20.15 Tai Chi - Advanced p. 28

Saturday

07

- 08.30-09.45 Tai Chi - Beginners p. 28
- 08.30-10.00 SNFCC Running Team p. 28
- 10.00-13.00 Street Soccer 5X5 p. 29
- 11.30-14.30 We Create Art All Together: Painting goes out into space p. 19
- 11.45-13.00 Artistic Gymnastics p. 30
- 13.00-14.30 Family Games p. 28
- 13.00-15.00 Mini Handball p. 30
- 16.00-17.15 Sports Games p. 31
- 16.00-17.15 Dynamic Duathlon* p. 31
- 16.00-19.00 Mini Tennis* p. 30
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

14

- 08.30-09.45 Tai Chi - Beginners p. 28
- 08.30-10.00 SNFCC Running Team p. 28
- 10.00-13.00 Street Soccer 5X5 p. 29
- 11.45-13.00 Artistic Gymnastics p. 30
- 12.00-13.00 **The Long Flight: A Story about the SNFCC** p. 21
- 13.00-14.30 Family Games p. 28
- 13.00-15.00 Mini Handball p. 30
- 16.00-17.15 Sports Games p. 31
- 16.00-17.15 Dynamic Duathlon* p. 31
- 16.00-19.00 Mini Tennis* p. 30
- 17.00-19.30 Teens Art Studio p. 19
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20
- 19.30 **SNFCC Sessions: Alex Kapranos** p. 07

21

- 08.30-09.45 Tai Chi - Beginners p. 28
- 08.30-10.00 SNFCC Running Team p. 28
- 10.00-13.00 Street Soccer 5X5 p. 29
- 11.30-14.30 We Create Art All Together: Christmas Ornaments p. 15
- 11.45-13.00 Artistic Gymnastics p. 30
- 12.00-14.00 Christmas Games p. 13
- 12.00-15.00 Christmas Screen Printing Workshop p. 15
- 13.00-15.00 Mini Handball p. 30
- 16.00-17.15 Dynamic Duathlon* p. 31
- 16.00-19.00 Mini Tennis* p. 30
- 18.00-21.40 **The Quiet Volume: Ant Hampton & Tim Etchells*** p. 20

Discover the daily program of the Dancing Fountains at SNFCC.org

Highlights
Christmas Workshops & Activities

Every Day

- 06.00-00.00 Spyros Louis Cup p. 38
- 10.00-19.30 Guided tours of the Stavros Niarchos Park and the SNFCC p. 38
- 09.00-22.00 Jannis Psychopedis Exhibition: POETICAL WORKS p. 16

The major exhibition by Jannis Psychopedis *POETICAL WORKS: Painting Meets Poetry* continues in December at the SNFCC.

* For events marked with *, preregistration at SNFCC.org is required.

• Events marked with ** are ticketed

• Online reservations for workshops or sports events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

• For events on a first-come, first-served basis, please arrive at the event venue 30 minutes before starting time.

Photo credits:
Cleveland_Sino Chum, Eddie Piller, Lydia Fotopoulou, Christos Loulis, Jannis Psychopedis, The Long Flight, absolut Medien, Lena Papaligoura, Catherine Ashmore, Maria Cheilopoulou, Andreas Simopoulos, Maritzeni Tsagkari

Christmas Identity: Odd Bleat

Sunday

22

- 10.00-13.00 Street Soccer 5X5 p. 29
- 11.00-13.00 Christmas Percussion Circle for Families p. 14
- 11.00-15.00 Xmas Walker Race* p. 13
- 12.00-14.00 Pétanque p. 29
- 13.00-15.00 Mini Handball p. 30
- 16.00-19.00 Mini Tennis* p. 30
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

29

- 11.00-13.00 Christmas Percussion Circle for Families p. 14
- 11.00-14.00 Christmas Family Missions* p. 14
- 11.30-13.30 Santa Claus's Calendar p. 13
- 12.00-13.00 Christmas Magic Bubble Show p. 15
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

05

- 10.00-13.00 Street Soccer 5X5 p. 29
- 11.00-13.00 Christmas Percussion Circle for Families p. 14
- 12.00-14.00 Pétanque p. 29
- 13.00-15.00 Mini Handball p. 30
- 16.00-17.15 Sporting Duels p. 29
- 16.00-19.00 Mini Tennis* p. 30
- 17.00-19.30 Teens Art Studio p. 19
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

Monday

23

- 07.30-08.45 Mat Pilates - Beginners p. 27
- 08.45-10.00 Mat Pilates - Advanced p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-14.00 Christmas Family Missions* p. 14
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 11.30-13.30 Santa Claus's Calendar p. 13
- 14.30-16.00 Sports and Technology p. 26
- 17.00-19.30 Step by Step in Art* p. 18
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 18.00 The Nutcracker Story** p. 05
- 18.00-19.30 Yoga in the Park p. 27
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

30

- 11.00-14.00 Christmas Family Missions* p. 14
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 17.00-19.30 Step by Step in Art* p. 18
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

06 EPIPHANY

- 15.00-20.00 Athens Disco Kidz: Let's Glow!** p. 04
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

Tuesday

24

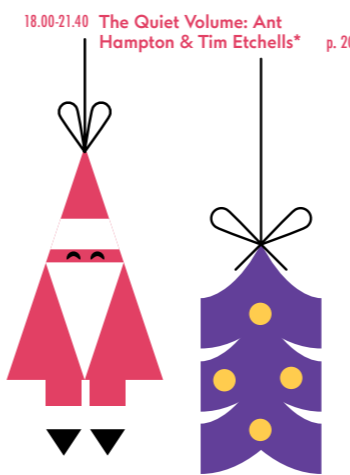
- 11.00-14.00 Christmas Family Missions* p. 14
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 11.30-13.30 Santa Claus's Calendar p. 13
- 12.00-14.00 Magical Images* p. 12
- 14.30-16.00 Sports and Technology p. 26
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

31

- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20
- NEW YEAR'S EVE: A BIG PARTY**
- 23.00-03.00 DJ Set with Eddie Piller intro/outro set: Johnny Matto p. 09
- 00.00 Fireworks and Dancing Fountains Show p. 09
- 00.04 SNF RUN: 2020 FIRST RUN* p. 08

Wednesday

25 CHRISTMAS



- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

01 NEW YEAR

- 12.15 Live-streaming of Vienna Philharmonic Orchestra's New Year's Concert* p. 10
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

Thursday

26

- 11.00-14.00 Christmas Family Missions* p. 14
- 12.00-13.30 Bubble Parade: The Garden of Wishes p. 15
- 14.30-16.00 Sports and Technology p. 26
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

02

- 11.00-14.00 Christmas Family Missions* p. 14
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 12.00-13.00 Christmas Magic Bubble Show p. 15
- 14.00-15.30 Sports and Technology p. 26
- 17.00-19.30 Festive Stories* p. 18
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

Friday

27

- 07.30-08.45 Mat Pilates - Advanced p. 27
- 08.45-10.00 Mat Pilates - Beginners p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-14.00 Christmas Family Missions* p. 14
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 14.30-16.00 Sports and Technology p. 26
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 17.30-19.00 Ebru Kids: Christmas Snapboxes* p. 13
- 18.00-19.30 Yoga in the Park p. 27
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20
- 19.00-20.15 Tai Chi - Advanced p. 28

03

- 07.30-08.45 Mat Pilates - Advanced p. 27
- 08.45-10.00 Mat Pilates - Beginners p. 27
- 10.00-11.40 Sports for Seniors p. 28
- 11.00-14.00 Christmas Family Missions* p. 14
- 11.00-15.00 Computer courses for persons aged 65+ p. 26
- 12.00-14.00 Christmas Games p. 13
- 14.00-15.30 Sports and Technology p. 26
- 17.00-20.00 Team Playing (Football Skills) p. 30
- 17.30-19.00 Ebru Kids: Christmas Snapboxes* p. 13
- 18.00-19.30 Yoga in the Park p. 27
- 18.00 The Nutcracker Story** p. 05
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20
- 19.00-20.15 Tai Chi - Advanced p. 28

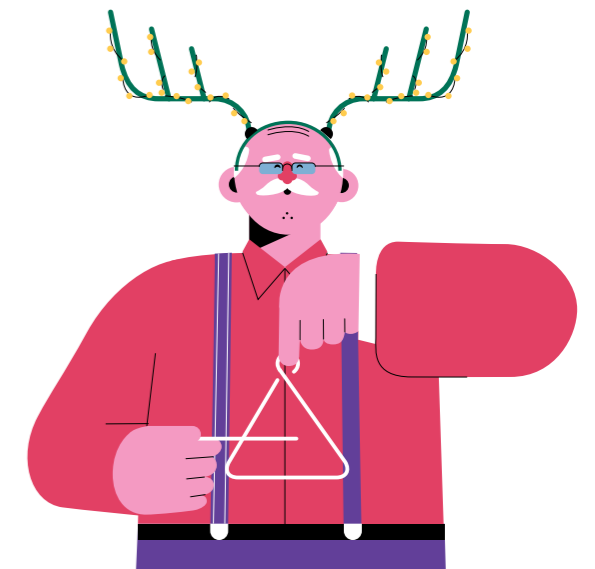
Saturday

28

- 08.30-09.45 Tai Chi - Beginners p. 28
- 08.30-10.00 SNFCC Running Team p. 28
- 10.00-13.00 Street Soccer 5X5 p. 29
- 12.00-14.00 Christmas Games p. 13
- 12.00-15.00 Christmas Screen Printing Workshop p. 15
- 13.00-15.00 Mini Handball p. 30
- 16.00-19.00 Mini Tennis* p. 30
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20

04

- 08.30-09.45 Tai Chi - Beginners p. 28
- 08.30-10.00 SNFCC Running Team p. 28
- 10.00-13.00 Street Soccer 5X5 p. 29
- 11.45-13.00 Artistic Gymnastics p. 30
- 12.00-13.30 Bubble Parade: The Garden of Wishes p. 15
- 13.00-14.30 Family Games p. 28
- 13.00-15.00 Mini Handball p. 30
- 16.00-17.15 Sports Games p. 31
- 16.00-17.15 Dynamic Duathlon* p. 31
- 16.00-19.00 Mini Tennis* p. 30
- 18.00-21.40 The Quiet Volume: Ant Hampton & Tim Etchells* p. 20



Exclusive Events for SNFCC Members

SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC's appreciation towards Members.

Practical Info

All Member events require preregistration.

Preregistration for Member events starts every Monday.

Preregistration links are provided to Members via the SNFCC Members newsletter.

Telephone support line for Members only: +30 216 809 1010

Are you a member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers



Using your SNFCC Member card you enjoy **10% discount** at:

- the F&B outlets
- parking
- SNFCC Store



Christmas with Ebru: Christmas Ornaments & Snapboxes for 2020

Color floating on the water surface; lines and spirals form dazzling shapes – that's the magic of Ebru, the technique of painting on water that will inspire us to create unique artworks and original Christmas tree ornaments.

At the end of the workshop, we will make our own Christmas snapboxes – glass jars containing the New Year's happiest moments!

Friday 13/12
18.30-20.30 | KIDS LAB **11**

Saturday 28/12
17.30-19.30 | KIDS LAB **11**

For adults | (up to 20 participants)

Design-Implementation: Katerina Momitsa, Artist | Anna Konstantinou, Non-competitive Games Animator

Aromatic Plants in the Garden and Balcony

Engaging with aromatic plants gives us pleasure and promotes health and well-being. Join us for an introduction to the exciting world of cooking with herbs. In this new SNFCC workshop we will have the opportunity to connect with nature and discover its bounty.

Through experiential activities we will gain a thorough understanding of how to plant and grow seasonal aromatic plants in the garden or the balcony, while expanding our cooking repertoire with new aromas, textures and colors.

Sunday 08/12
11.00-14.00 | VEGETABLE GARDEN **20**

For adults | (up to 30 participants)

Design-Implementation:
Stavroula Katsoyanni, Agronomist – Landscape Architect
Stamatis Kavassilis, Agronomist – Soil Specialist

The Art of Portraiture (3rd cycle)

Greek and European art provide an infinite source of inspiration for Jannis Psychopedis' creative explorations. From Goya to Renoir and Hadjikyriakos-Ghika to Bouzianis, Jannis Psychopedis observes how human figures are conveyed, in interplay with the landscape and tradition, and creatively transforms them into his own distinctive works.

During the third cycle of our workshops, we continue our creative journey fueled by the artworks of Jannis Psychopedis. We further explore portraiture and elements of drawing (proportions – light and shadow), and finally we create our own portraits of our loved ones, whether from life or from photographs, using mixed drawing and painting media, with water-soluble paints.

Wednesday 18/12
19.00-21.00 | KIDS LAB **11**

For adults | (up to 15 participants)

Design-Implementation:
Georgia Hatzivasiliadi, Artist – MA Athens School of Fine Arts, MFA UCL



Priority booking/presale for Members

Parabases/Virginia Woolf: The Waves

Sunday 08/12
17.00 | LIGHTHOUSE **14**

One-day presale priority for Members & Guest | up to 100 seats
Information on p. 11

Christmas Tales at the Lighthouse E. T. A. Hoffmann: The Nutcracker Story

Sunday 22/12, 29/12, 05/01
Monday 23/12, 30/12
Tuesday 24/12
Thursday 26/12, 02/01
Friday 27/12, 03/01
18.00 | LIGHTHOUSE **14**

One-day presale priority for Members & Guest | up to 50 seats per performance
Information on p. 5

Vienna Philharmonic Orchestra's New Year's Concert: Live-streaming

Wednesday 01/01
12.15 | STAVROS NIARCHOS HALL **13**

Reserved exclusively for Members & their Guests | up to 300 seats
Information on p. 10

SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC's appreciation towards Members.

In collaboration with GNO
GNO Ballet Dress Rehearsal: The Swan Lake

Friday 20/12
 19.00 | STAVROS NIARCHOS HALL 13

Reserved exclusively for Members & their Guests | up to 100 seats

Practical Info

All Member events require preregistration.

Preregistration for Member events starts every Monday.

Preregistration links are provided to Members via the SNFCC Members newsletter.

Telephone support line for Members only: +30 216 809 1010

For Members Only

The Quiet Volume: Ant Hampton & Tim Etchells

Every Tuesday
 18.00-21.40 | NLG 2ND FLOOR: READING ROOM 11

The sessions start every 20 minutes and last one hour
 For Members & their Guest | Information on p. 20

Exclusively Members' slots at the SNFCC Ice Rink!

Every Monday, Wednesday & Friday
 18.00-18.40

For a Member & Guest | up to 30 participants per slot



Are you a member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers



Using your SNFCC Member card you enjoy 10% discount at:

- the F&B outlets
- parking
- SNFCC Store



Fit Members

A dynamic interval training workout, designed in stations, based on strength training, balance, and aerobic fitness training. The activity emphasizes flow and fast succession during a routine that is aimed at strengthening the muscles and enhancing strength and endurance through a fun workout.

Wednesday 04, 11, 18/12
 08.30-09.45 | RUNNING TRACK 6

For Members Only | Up to 30 participants per session | For ages 18-65

Design-Implementation: Regeneration & Progress

The Membership Program is supported by:



In collaboration with:

Εθνική Βιβλιοθήκη της Ελλάδος National Library of Greece



THIS CHRISTMAS OFFER A MEMBERSHIP SUBSCRIPTION AS A GIFT!

SNFCC.org/members
 #SNFCCmembers

December at the SNFCC

12.

On 30/11 the SNFCC Christmas World comes alive in a spectacular evening! The Ice Rink on the Canal, the light installations in the Stavros Niarchos Park, decorated trees and fountains dancing to festive music turn your visit into the ultimate Christmas experience. Moreover, Christmas events are added to our regular activities in a program matching everyone's tastes! **Starting on 22/12, Christmas Tales return to the Lighthouse, with the enchanted world of *The Nutcracker Story* coming alive, staged by Thomas Moschopoulos.** 08/12, Parabases: Lydia Fotopoulou and Christos Loulis take us on a journey through Virginia Woolf's *The Waves*, under the direction of Dimitris Karantzas. **On 14/12, Alex Kapranos, frontman of the band Franz Ferdinand, is our guest at this month's festive SNFCC Sessions; one day later, El Sistema Greece's young musicians and Dirty Athens Brass Band invite us to a spirited live performance.** The journey through Jannis Psychopedis's visual universe and the Bauhaus School continues with lectures and workshops. **31/12: As usual, New Year's Eve at the SNFCC is a unique experience! A DJ dance party featuring Eddie Piller, the New Year's first running race, SNF RUN: 2020 FIRST RUN, a spectacular fireworks display, the Canal's fountains dancing to our favorite melodies, and of course, a cheerful holiday mood will welcome you all!**

The SNFCC Christmas World comes alive once again this year thanks to an exclusive grant from the Stavros Niarchos Foundation (SNF).

Exclusive donor:



ΙΔΡΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
STAVROS NIARCHOS FOUNDATION

Εθνική Βιβλιοθήκη
της Ελλάδος  National
Library  of Greece

