



ΚΕΝΤΡΟ ΣΥΜΒΟΥΛΕΥΤΙΚΗΣ & ΨΥΧΟΘΕΡΑΠΕΙΑΣ

## **Άννα Μαμάη**

Ψυχολόγος MSc - Ψυχοθεραπεύτρια

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Anna Mamai is a Psychologist -Systemic Psychotherapist and holder of a professional license.

She also has a degree in Social Work and a Master's degree from the National University of Athens in Crisis Management. She is a PhD Candidate at the Aristotle University of Thessaloniki in the Department of Criminology and a certified psychologist for the administration and processing of the MMPI-2 psychometric test, for the diagnosis of psychopathology.

She served for twenty years at the National Center for Social Solidarity providing counseling and psychotherapy to women victims of violence and human trafficking, as an employee and also as Head of Department at the Shelter for Women Victims of Violence.

She has been engaged in research and writing scientific articles on issues of domestic and gender violence and has made numerous presentations at conferences in Greece and abroad.

She is the founder and Scientific Manager of the Counseling & Psychotherapy Center "Syginisi" ("Emotion"), which provides: individual and group counseling and psychotherapy, parent counseling & couples psychotherapy, as well as psychoeducational seminars.